

Programmanr. 31
7-2-2016 - 8:30

Jongens, 200m wisselslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
13 jaar									
1.	HEBB Xander	03 STW BEL	2:36.29	2:30.20	437	32.03	41.89	43.69	32.59
2.	MEEUS Elias	03 LAQUA BEL	2:38.98	2:32.83	415	32.92	39.61	45.79	34.51
3.	GUILLEMYN Lucas	03 KZK BEL	2:32.22	2:34.27	403	32.59	38.45	47.77	35.46
4.	DEVOS Abel	03 COAST BEL	2:40.35	2:36.01	390	33.25	39.54	47.96	35.26
5.	VANDECASTEELE Matis	03 GOLD BEL	2:44.27	2:37.20	381	35.19	40.11	46.56	35.34
6.	LAVDANITI Zhulian Xhoi	03 ZS ALB	2:44.80	2:37.26	380	35.25	42.44	44.03	35.54
7.	VAN KEER Yoran	03 LAQUA BEL	2:37.11	2:37.95	375	33.76	42.19	47.05	34.95
8.	MEERE Jarno	03 DDAT BEL	2:41.58	2:39.95	362	33.42	40.68	49.63	36.22
9.	SPLAERS Mauro	03 FIRST BEL	2:51.54	2:40.08	361	33.88	42.36	50.64	33.20
10.	GIELEN Yordi	03 DMB BEL	2:46.22	2:40.68	357	33.25	43.47	48.06	35.90
11.	JORIS Luca	03 DDAT BEL	2:51.00	2:40.74	356	34.43	40.12	49.75	36.44
12.	HEYERICK Jens	03 KZK BEL	2:45.76	2:41.32	352	35.24	43.41	46.85	35.82
13.	DENEIR Niels	03 GOLD BEL	2:51.15	2:44.45	333	34.56	45.00	47.85	37.04
14.	HOLLANDERS Ian	03 SHARK BEL	2:43.21	2:45.21	328	35.78	42.74	51.03	35.66
15.	VANSPAUWEN Alexander	03 HZS BEL	2:50.31	2:45.25	328	35.61	43.08	50.12	36.44
16.	JASPERS Sven	03 HZS BEL	2:53.02	2:47.52	315	35.78	44.61	48.19	38.94
17.	STESMANS Jelle	03 BRABO BEL	2:58.05	2:47.53	315	35.48	43.25	50.97	37.83
18.	VERHOLLE Gilles	03 IKZ BEL	2:56.81	2:47.84	313	36.35	44.73	50.27	36.49
19.	GEUENS Lars	03 OZV BEL	2:47.26	2:49.09	306	33.14	45.05	50.47	40.43
20.	JORIS Dante	03 DDAT BEL	2:58.85	2:49.51	304	37.00	44.88	50.12	37.51
21.	VAN NIEUWENHOVEN Joran	03 LAQUA BEL	2:50.25	2:50.55	298	37.55	44.60	51.93	36.47
22.	VAN EETVELDE Kasper	03 AZK BEL	2:58.04	2:50.97	296	37.01	44.02	52.71	37.23
23.	VANDEPITTE Alexander	03 MEGA BEL	2:49.98	2:51.14	295	36.69	44.19	49.55	40.71
24.	MARESCAU Quinten	03 ZCK BEL	3:03.98	2:51.59	293	37.75	44.19	50.51	39.14
25.	CAMPS Viktor	03 STT BEL	3:05.26	2:51.94	291	36.58	44.61	51.59	39.16
26.	DEFLOOR Emile	03 HZA BEL	2:59.77	2:52.22	290	35.36	42.99	54.16	39.71
27.	VAN DYCK Brent	03 SHARK BEL	2:50.76	2:52.68	287	37.75	42.16	52.67	40.10
28.	VERSTRAETEN Gihao	03 OZEKA BEL	2:55.43	2:53.34	284	36.45	44.75	50.85	41.29
29.	LIECKENS Nolan	03 SHARK BEL	2:55.51	2:54.58	278	37.09	46.39	53.68	37.42
30.	MARICHAL Jarno	03 BRABO BEL	3:05.55	2:56.40	269	38.42	45.88	55.12	36.98
31.	OP DE BEECK Maarten	03 DIZV BEL	2:59.93	2:56.92	267	39.78	43.84	53.96	39.34
32.	VLAMIJNCK Robin	03 AZ BEL	3:04.66	2:57.95	262	40.53	47.00	51.65	38.77
33.	VYNCKE Milan	03 MEGA BEL	3:17.18	2:59.67	255	40.02	46.98	55.36	37.31
34.	DE DEYNE Kasper	03 MEGA BEL	3:11.54	3:06.07	229	41.86	48.31	57.06	38.84
35.	DE DOBBELAERE Raf	03 MEGA BEL	3:14.59	3:07.55	224	44.04	50.53	55.15	37.83
14 jaar									
1.	DAN SYNGHEL Noah	02 OZEKA BEL	2:23.69	2:24.38	492	31.17	36.47	43.27	33.47
2.	DUJARDIN Guillaume	02 MEGA BEL	2:30.65	2:26.25	473	31.83	37.11	44.52	32.79
3.	LIEKENS Jasper	02 SHARK BEL	2:31.77	2:27.53	461	30.61	39.45	43.82	33.65
4.	CLAEYS Arthur	02 AZ BEL	2:30.32	2:27.64	460	32.06	38.41	42.87	34.30
5.	HERREGODTS Siebe	02 ZNA BEL	2:41.93	2:29.23	445	31.68	38.29	45.38	33.88
6.	VOGLAR Robbe	02 DMB BEL	2:35.49	2:30.67	433	31.81	39.99	44.13	34.74
7.	DE MEYER Niels	02 BRABO BEL	2:36.93	2:31.19	428	32.88	39.23	46.36	32.72
8.	DEJONGHE Arnaud	02 COAST BEL	2:32.78	2:33.05	413	32.30	41.19	43.90	35.66
9.	WEYTS Yaron	02 STW BEL	2:40.02	2:33.41	410	33.04	39.70	46.92	33.75
10.	EMMERS Jim	02 OZV BEL	2:36.57	2:34.34	402	33.09	41.74	45.34	34.17
11.	THIJSSSEN Robbe	02 HZS BEL	2:40.06	2:34.52	401	32.92	39.91	44.65	37.04
12.	JANSENS Renzo	02 BRABO BEL	2:35.54	2:35.42	394	32.93	42.01	44.78	35.70
13.	SPRUYT Linus	02 ZORO BEL	2:41.48	2:35.45	394	31.93	42.29	45.14	36.09
14.	MESTDAGH Arne	02 KZK BEL	2:38.13	2:38.45	372	34.38	41.29	46.38	36.40
15.	CALLEWAERT Matisse	02 GOLD BEL	2:34.96	2:38.74	370	34.50	41.12	44.25	38.87
16.	MORELLI Jorgo	02 GZVN BEL	2:42.78	2:40.67	357	34.72	43.81	46.86	35.28
17.	VAN GORP Jos	02 LAQUA BEL	2:43.62	2:41.10	354	37.17	40.48	46.67	36.78
18.	JANSEN Michiel	02 BRABO BEL	2:45.04	2:42.59	344	34.90	43.72	45.43	38.54
19.	TRUYEN Ruben	02 DMB BEL	2:49.34	2:43.23	340	35.74	43.60	48.19	35.70
20.	COKELAERE Matthijs	02 KZK BEL	2:45.54	2:43.91	336	36.42	42.31	47.68	37.50
21.	RAETS Sander	02 BRABO BEL	2:47.95	2:45.58	326	38.42	43.91	45.14	38.11
22.	VAN HECKE Maxim	02 DZO BEL	2:52.55	2:45.91	324	35.85	46.35	48.74	34.97
23.	DEBLOCK Thomas	02 GOLD BEL	2:50.53	2:46.63	320	36.64	42.75	48.91	38.33
24.	DEMUYNCK Thibaut	02 GOLD BEL	2:52.82	2:47.01	318	36.17	45.08	46.56	39.20
25.	VAN LANGENDONCK Tim	02 OZV BEL	2:52.82	2:47.38	315	36.80	42.57	51.42	36.59
26.	QUINTELIER Max	02 LOR BEL	2:53.55	2:48.59	309	36.80	43.51	49.65	38.63

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 31, Jongens, 200m wisselslag, 14 jaar

Rang	Geb.		Tijd		Pnt	50m	100m	150m	200m	
27.	JACOBS Ben	02 LZV	BEL	3:03.39	2:50.36	299	38.02	48.69	47.77	35.88
28.	D'EXELLE Cedric	02 ZS	BEL	3:05.13	2:51.64	292	38.27	44.27	52.04	37.06
29.	CHRISTIAENS Gilles	02 AZL	BEL	2:52.82	2:56.61	268	38.25	46.18	53.09	39.09
dis	VOLDERS Aiken	02 BEST	BEL	2:38.24						
<i>SW 10.2 - niet de volledige afstand gezwommen</i>										
dis	DEVOLDER Mathis	02 IKZ	BEL	2:40.25						
<i>SW 4.4 - valse start</i>										
dis	BEAUTHIER Killian	02 KVZP	BEL	2:37.07						
<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt bij Keerpunt of Aankomst en/of handen op elkaar gelegd</i>										
dis	DE COCK Ward	02 BZK	BEL	2:48.80						
<i>SW 8.2.c - beide armen niet gelijktijdig naar voor en/of naar achter gebracht</i>										

Programmanr. 32
7-2-2016 - 9:00

Meisjes, 100m schoolslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.		Tijd		Pnt	50m	100m	
13 jaar								
1.	DEMEYER Amandine	03 KZK	BEL	1:21.18	1:19.73	525	37.72	42.01
2.	BORGONIE Lisa	03 RZV	BEL	1:24.18	1:21.46	492	38.51	42.95
3.	DE WOLF Laura	03 BZK	BEL	1:21.03	1:21.91	484	38.09	43.82
4.	FEYEN Charlotte	03 BRABO	BEL	1:20.79	1:22.53	474	37.98	44.55
5.	TEIRLINCK Emelie	03 FIRST	BEL	1:26.08	1:22.82	469	38.70	44.12
6.	OSTYN Mira	03 BZK	BEL	1:25.10	1:24.42	442	39.78	44.64
7.	RUIGE Flore	03 STW	BEL	1:29.36	1:26.05	418	40.64	45.41
8.	KEULEMANS Zsofi	03 MEGA	BEL	1:25.73	1:26.41	413	40.60	45.81
9.	VAN TILBURG Dauwe	03 ZCK	BEL	1:30.42	1:27.89	392	40.72	47.17
	VAN LANDUYT Bregje	03 MEGA	BEL	1:28.03	1:27.89	392	42.05	45.84
11.	WITTEMANS Odil	03 ZCT	BEL	1:26.80	1:29.28	374	41.84	47.44
12.	DELCOMMUNE Wiebe	03 ZCT	BEL	1:31.02	1:30.01	365	42.56	47.45
13.	VAN LIMBERGEN Luna	03 BRABO	BEL	1:33.56	1:30.28	362	42.69	47.59
14.	DE BEULE Troede	03 BRABO	BEL	1:30.97	1:30.29	362	42.73	47.56
15.	HAESAERT Isabeau	03 BZK	BEL	1:37.95	1:30.68	357	43.45	47.23
16.	SPINCEMAILLE Luna	03 GOLD	BEL	1:33.20	1:30.74	356	42.83	47.91
17.	PIGEON Kelly	03 KVZP	BEL	1:31.96	1:31.31	350	42.53	48.78
18.	VANDERBEKE Lisa	03 ROSC	BEL	1:33.74	1:33.93	321	44.34	49.59
19.	BULTOT Sam	03 ROSC	BEL	1:36.02	1:35.21	308	45.57	49.64
20.	DE BAER Eline	03 BRABO	BEL	1:33.27	1:35.36	307	44.48	50.88
21.	CARLIER Silke	03 ZCK	BEL	1:39.43	1:36.08	300	44.43	51.65
dis	DEPREZ Jacobien	03 ZTZ	BEL	1:41.63				
<i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt bij Keerpunt of Aankomst en/of handen op elkaar gelegd</i>								

14 jaar

1.	VERMEIREN Fleur	02 BRABO	BEL	1:14.69	1:13.08	682	34.15	38.93
2.	WIJNANTS Jasmine	02 SHARK	BEL	1:16.14	1:16.73	589	36.17	40.56
3.	STAES Jolien	02 SHARK	BEL	1:19.51	1:18.62	548	36.96	41.66
4.	VANDENABEELE Indra	02 GOLD	BEL	1:21.89	1:20.53	510	37.98	42.55
5.	DE DUFFELEER Jolien	02 COAST	BEL	1:20.76	1:20.85	504	37.87	42.98
6.	REMMERY Anice	02 KZK	BEL	1:20.83	1:20.91	503	37.39	43.52
7.	DE HEYDER Lot	02 MEGA	BEL	1:28.43	1:23.42	459	39.94	43.48
8.	BOURGOIS Karo	02 COAST	BEL	1:25.58	1:23.73	453	39.95	43.78
9.	SYKORA Renee	02 KZK	BEL	1:23.53	1:24.38	443	39.79	44.59
10.	DEMEYERE Anouk	02 GOLD	BEL	1:26.94	1:24.99	434	38.72	46.27
11.	MULKENS Auke	02 TZ	BEL	1:33.17	1:25.26	429	40.25	45.01
12.	MATHYS Jana	02 FIRST	BEL	1:25.83	1:25.86	420	41.08	44.78
13.	PIETERS Jana	02 HZA	BEL	1:28.41	1:26.11	417	40.21	45.90
14.	DE BAERE Pauline	02 STW	BEL	1:30.00	1:26.90	406	41.72	45.18
15.	WULFRANCKE Erin	02 MEGA	BEL	1:27.97	1:27.47	398	41.80	45.67
16.	BARTORELLI Chiara	02 COAST	BEL	1:29.82	1:27.62	396	42.07	45.55
17.	ROSKIN Lotte	02 TZ	BEL	1:30.22	1:27.66	395	41.83	45.83
18.	BUYTAERT Lotte	02 TSO	BEL	1:29.52	1:28.13	389	40.17	47.96
19.	VAN MINGEROET Silken	02 DZO	BEL	1:31.52	1:28.40	385	42.29	46.11
20.	VERDEYEN Nursulu	02 SHARK	BEL	1:29.17	1:28.49	384	40.87	47.62

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 32, Meisjes, 100m schoolslag, 14 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	
21.	MARTENS Camille	02	OZEKA BEL	1:27.97	1:28.55	383	41.11	47.44
22.	FEYS Jutta	02	TZT BEL	1:31.77	1:29.83	367	41.94	47.89
23.	DEMEESTERE Liza	02	IKZ BEL	1:33.55	1:31.47	348	42.78	48.69
24.	BOGAERTS Luna	02	SCZ BEL	1:33.70	1:33.14	329	43.49	49.65
25.	MEDLAND Louise	02	GZVN BEL	1:31.52	1:33.16	329	43.90	49.26
26.	THEUWIS Rune	02	OZV BEL	1:35.43	1:35.40	306	45.11	50.29
FF	MASSELUS Julie	02	RYSC BEL	1:26.13				
FF	VERSTREPEN Axelle	02	SHARK BEL	1:35.08				
FF	DE STEUR Emma	02	FIRST BEL	1:17.53				

Programmanr. 33
7-2-2016 - 9:14

Jongens, 200m rugslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m	
11 jaar										
1.	DEHAUDT Fernando	05	GOLD BEL	3:16.41	2:58.10	248	42.77	45.60	46.67	43.06
2.	CLOES Stef	05	BEST BEL	3:18.96	3:04.09	224	44.44	47.66	48.16	43.83
3.	HOLLANDERS Jarne	05	SHARK BEL	3:16.21	3:08.87	208	43.65	48.01	48.90	48.31
4.	SCHOTTE Edward	05	ISWIM BEL	3:23.23	3:10.70	202	45.46	49.48	49.48	46.28
5.	RYCKAERT Milan	05	ISWIM BEL	3:27.02	3:15.34	188	45.48	50.19	50.76	48.91
6.	VANSIMAEYS Wout	05	IKZ BEL	3:31.58	3:16.08	185	47.48	51.35	49.58	47.67
7.	DELTOUR Daan	05	ISWIM BEL	3:37.10	3:22.65	168	48.08	51.57	52.81	50.19
8.	CASATUTO Antonio	05	ZCM BEL	3:32.06	3:23.79	165	47.79	52.70	52.44	50.86
9.	VANDROMME Jarno	05	IKZ BEL	3:28.35	3:26.13	160	48.14	53.49	53.99	50.51
10.	RUYSSEN Art	05	GZVN BEL	3:46.27	3:43.71	125	54.02	57.98	55.87	55.84
dis	TALLOEN Sander	05	FIRST BEL	3:02.14						
	<i>SW 6.5.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>									
dis	POLLET Rohan	05	DDAT BEL	3:51.49						
	<i>SW 6.5.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging</i>									
12 jaar										
1.	CLAEYS Oscar	04	AZ BEL	2:52.31	2:44.99	312	38.69	42.16	43.34	40.80
2.	DIDDENS Senne	04	ZCK BEL	2:57.84	2:46.23	305	38.94	44.13	42.86	40.30
3.	ROTTIERS Ignace	04	ZS BEL	2:54.69	2:46.25	305	38.82	42.91	43.76	40.76
4.	DESIMPELAERE Miguel	04	GOLD BEL	2:54.93	2:46.56	303	39.41	42.44	43.13	41.58
5.	WANTEN Bernd	04	BRABO BEL	3:01.10	2:47.04	300	39.02	42.57	43.70	41.75
6.	ADAMS Lucas	04	MEGA BEL	3:13.33	2:47.89	296	39.11	42.65	44.57	41.56
7.	CLIJSTERS Jef	04	LAQUA BEL	3:02.93	2:50.00	285	40.15	43.10	44.04	42.71
8.	VANNIEUWENHUYZE Arthur	04	ISWIM BEL	3:01.46	2:53.24	269	40.02	44.50	45.27	43.45
9.	SERDONS Tade	04	GZVN BEL	3:04.86	2:55.19	260	40.96	45.28	45.56	43.39
10.	VAN DE WALLE Robbe	04	AZ BEL	3:07.69	2:59.78	241	42.94	46.93	46.03	43.88
11.	DEKIMPE Dries	04	STT BEL	3:17.13	3:02.54	230	43.42	45.92	48.02	45.18
12.	CRIEL Alvaro Nesta	04	MEGA BEL	3:23.23	3:03.26	227	44.59	47.10	47.29	44.28
13.	MABBE Elian	04	GOLD BEL	3:42.07	3:04.40	223	44.79	47.59	48.20	43.82
14.	OOMS Jonah	04	ZBM BEL	3:13.33	3:07.32	213	44.38	48.12	48.49	46.33
FF	VAN ERMEN Alexander	04	LOR BEL	3:11.71						

Programmanr. 34
7-2-2016 - 9:30

Meisjes, 400m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt				
11 jaar								
1.	VANOTTERDIJK Roos	05	ZWIM	BEL	5:28.80	5:18.05	+0,67	425
	50m: 36.48	36.48	150m: 1:58.30	40.70	250m: 3:20.79	41.56	350m: 4:41.60	39.98
	100m: 1:17.60	41.12	200m: 2:39.23	40.93	300m: 4:01.62	40.83	400m: 5:18.05	36.45
2.	LAZOU Lente	05	GOLD	BEL	5:46.81	5:19.98	+0,77	417
	50m: 34.82	34.82	150m: 1:56.25	41.63	250m: 3:19.67	41.59	350m: 4:41.65	40.32
	100m: 1:14.62	39.80	200m: 2:38.08	41.83	300m: 4:01.33	41.66	400m: 5:19.98	38.33
3.	WITTEMANS Mit	05	ZCT	BEL	5:30.25	5:31.24	+1,02	376
	50m: 36.99	36.99	150m: 1:59.64	41.13	250m: 3:24.45	42.79	350m: 4:50.17	42.73
	100m: 1:18.51	41.52	200m: 2:41.66	42.02	300m: 4:07.44	42.99	400m: 5:31.24	41.07
4.	MATTEEUWS Lie	05	MEGA	BEL	5:43.90	5:40.63	+0,79	346
	50m: 35.82	35.82	150m: 2:02.28	44.06	250m: 3:31.12	44.28	350m: 4:59.19	43.38
	100m: 1:18.22	42.40	200m: 2:46.84	44.56	300m: 4:15.81	44.69	400m: 5:40.63	41.44
5.	AUGUSTIJNS Jill	05	SHARK	BEL	6:21.35	5:44.46	+0,82	334
	50m: 37.96	37.96	150m: 2:07.77	45.16	250m: 3:38.44	44.58	350m: 5:04.48	41.46
	100m: 1:22.61	44.65	200m: 2:53.86	46.09	300m: 4:23.02	44.58	400m: 5:44.46	39.98
6.	DRIESEN Amber	05	DMB	BEL	6:31.91	5:49.19	+0,85	321
	50m: 39.13	39.13	150m: 2:07.98	44.37	250m: 3:37.48	45.01	350m: 5:06.86	44.78
	100m: 1:23.61	44.48	200m: 2:52.47	44.49	300m: 4:22.08	44.60	400m: 5:49.19	42.33
7.	PARDON Maite	05	TZ	BEL	6:16.39	5:50.17	+0,77	318
	50m: 37.02	37.02	150m: 2:06.41	45.64	250m: 3:36.70	45.55	350m: 5:06.35	43.07
	100m: 1:20.77	43.75	200m: 2:51.15	44.74	300m: 4:23.28	46.58	400m: 5:50.17	43.82
8.	NOELS Louise	05	ZCT	BEL	6:21.46	5:51.70	+0,86	314
	50m: 40.62	40.62	150m: 2:09.78	45.13	250m: 3:40.68	45.73	350m: 5:10.39	44.40
	100m: 1:24.65	44.03	200m: 2:54.95	45.17	300m: 4:25.99	45.31	400m: 5:51.70	41.31
9.	MAESEN Roos	05	DMB	BEL	6:12.04	5:51.86	+0,71	313
	50m: 37.91	37.91	150m: 2:08.93	46.48	250m: 3:39.50	45.31	350m: 5:09.58	43.99
	100m: 1:22.45	44.54	200m: 2:54.19	45.26	300m: 4:25.59	46.09	400m: 5:51.86	42.28
10.	VANDENBRANDEN Eline	05	ZCK	BEL	6:06.55	5:52.87	+0,75	311
	50m: 38.15	38.15	150m: 2:09.76	45.40	250m: 3:40.36	46.04	350m: 5:10.81	42.95
	100m: 1:24.36	46.21	200m: 2:54.32	44.56	300m: 4:27.86	47.50	400m: 5:52.87	42.06
11.	ANTHONI Amelie	05	BRABO	BEL	6:39.64	5:55.13	+0,96	305
	50m: 37.80	37.80	150m: 2:06.97	45.83	250m: 3:38.81	45.74	350m: 5:11.74	45.74
	100m: 1:21.14	43.34	200m: 2:53.07	46.10	300m: 4:26.00	47.19	400m: 5:55.13	43.39
12.	CORSTJENS Hanne	05	DMB	BEL	6:28.49	5:56.37	+0,77	302
	50m: 39.80	39.80	150m: 2:09.82	45.75	250m: 3:41.33	44.61	350m: 5:13.53	45.32
	100m: 1:24.07	44.27	200m: 2:56.72	46.90	300m: 4:28.21	46.88	400m: 5:56.37	42.84
13.	BERX Marit	05	STT	BEL	6:31.33	5:57.56	+0,94	299
	50m: 39.52	39.52	150m: 2:12.01	46.51	250m: 3:44.23	45.73	350m: 5:16.08	45.06
	100m: 1:25.50	45.98	200m: 2:58.50	46.49	300m: 4:31.02	46.79	400m: 5:57.56	41.48
14.	VANDERKRIEKEN Frauke	05	BEST	BEL	6:31.91	5:58.69	+0,89	296
	50m: 39.01	39.01	150m: 2:12.71	47.06	250m: 3:46.24	47.20	350m: 5:19.48	46.14
	100m: 1:25.65	46.64	200m: 2:59.04	46.33	300m: 4:33.34	47.10	400m: 5:58.69	39.21
15.	GOBERT Lies	05	MEGA	BEL	6:30.75	6:03.18	+0,52	285
	50m: 39.98	39.98	150m: 2:11.14	47.02	250m: 3:45.25	46.93	350m: 5:19.67	47.66
	100m: 1:24.12	44.14	200m: 2:58.32	47.18	300m: 4:32.01	46.76	400m: 6:03.18	43.51
16.	VANDENBERGHE Hannah	05	ISWIM	BEL	5:52.34	6:04.81	+0,98	281
	50m: 40.24	40.24	150m: 2:13.40	47.76	250m: 3:47.22	47.31	350m: 5:20.44	46.85
	100m: 1:25.64	45.40	200m: 2:59.91	46.51	300m: 4:33.59	46.37	400m: 6:04.81	44.37
17.	DAEMS Lotte	05	ZCK	BEL	6:14.92	6:04.95	+0,66	281
	50m: 38.36	38.36	150m: 2:12.16	47.95	250m: 3:47.41	46.45	350m: 5:22.15	46.81
	100m: 1:24.21	45.85	200m: 3:00.96	48.80	300m: 4:35.34	47.93	400m: 6:04.95	42.80
18.	WAUTERS Lisa	05	STT	BEL	6:20.94	6:06.08	+0,75	278
	50m: 40.08	40.08	150m: 2:14.41	47.59	250m: 3:50.61	48.43	350m: 5:21.24	43.57
	100m: 1:26.82	46.74	200m: 3:02.18	47.77	300m: 4:37.67	47.06	400m: 6:06.08	44.84
19.	GIJSELS Noortje	05	SHARK	BEL	6:35.23	6:06.55	+0,74	277
	50m: 41.44	41.44	150m: 2:15.63	47.84	250m: 3:50.79	47.58	350m: 5:24.60	46.49
	100m: 1:27.79	46.35	200m: 3:03.21	47.58	300m: 4:38.11	47.32	400m: 6:06.55	41.95
20.	GEEROMS Floor	05	SCZ	BEL	6:29.05	6:09.20		271
	50m: 40.98	40.98	150m: 2:16.33	48.02	250m: 3:51.97	47.94	350m: 5:26.63	46.19
	100m: 1:28.31	47.33	200m: 3:04.03	47.70	300m: 4:40.44	48.47	400m: 6:09.20	42.57
21.	JACOBS Ella	05	LZV	BEL	6:13.95	6:09.50	+0,84	271
	50m: 38.79	38.79	150m: 2:13.59	47.99	250m: 3:51.99	49.36	350m: 5:27.67	47.26
	100m: 1:25.60	46.81	200m: 3:02.63	49.04	300m: 4:40.41	48.42	400m: 6:09.50	41.83
22.	VAN DE KEERE Anna	05	ZTZ	BEL	6:37.32	6:12.71	+0,75	264
	50m: 41.02	41.02	150m: 2:14.22	47.66	250m: 3:50.85	47.85	350m: 5:26.93	48.32
	100m: 1:26.56	45.54	200m: 3:03.00	48.78	300m: 4:38.61	47.76	400m: 6:12.71	45.78

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 34, Meisjes, 400m vrije slag, 11 jaar

Rang	Geb.		Tijd	RT	Pnt	
23.	MIGNAUW Laura	05 GOLD BEL	6:26.52	6:12.90 +0,91	263	
	50m: 42.03 100m: 1:29.16	42.03 47.13	150m: 2:18.12 200m: 3:06.38	250m: 48.96 300m: 48.26	350m: 5:28.95 400m: 6:12.90	45.13 43.95
24.	CORNELISSEN Zita	05 BRABO BEL	7:30.21	6:18.50 +0,77	252	
	50m: 39.55 100m: 1:28.86	39.55 47.31	150m: 2:16.34 200m: 3:05.39	250m: 49.48 300m: 49.05	350m: 5:34.01 400m: 6:18.50	49.30 44.49
25.	SWYNGEDOUW Emma	05 FIRST BEL	6:25.18	6:18.64 +0,91	251	
	50m: 41.27 100m: 1:29.88	41.27 48.61	150m: 2:19.38 200m: 3:08.68	250m: 49.50 300m: 49.30	350m: 5:33.43 400m: 6:18.64	46.84 45.21
26.	GEYSKENS Sophie	05 LOR BEL	6:22.51	6:20.48 +0,85	248	
	50m: 40.42 100m: 1:29.08	40.42 48.66	150m: 2:17.67 200m: 3:05.88	250m: 48.59 300m: 48.21	350m: 5:33.38 400m: 6:20.48	48.53 47.10
27.	BROOS Evy	05 ZORO BEL	6:14.43	6:21.02 +0,83	247	
	50m: 41.90 100m: 1:28.06	41.90 46.16	150m: 2:17.88 200m: 3:07.35	250m: 49.82 300m: 49.47	350m: 5:33.75 400m: 6:21.02	48.08 47.27
28.	LONCKE Febe	05 LOR BEL	6:29.05	6:21.79 +0,83	245	
	50m: 40.63 100m: 1:28.55	40.63 47.92	150m: 2:17.45 200m: 3:08.03	250m: 48.90 300m: 50.58	350m: 5:36.98 400m: 6:21.79	49.21 44.81
29.	ROOMAN Sarah	05 BRABO BEL	6:19.91	6:23.04 +0,93	243	
	50m: 40.43 100m: 1:28.13	40.43 47.70	150m: 2:16.82 200m: 3:07.12	250m: 48.69 300m: 50.30	350m: 5:34.97 400m: 6:23.04	49.34 48.07
30.	ALLOSSERIE Nina	05 IKZ BEL	6:32.61	6:27.94 +0,94	234	
	50m: 40.37 100m: 1:28.81	40.37 48.44	150m: 2:19.21 200m: 3:09.96	250m: 50.40 300m: 50.75	350m: 5:42.09 400m: 6:27.94	51.13 45.85
31.	LAMBEETS Lina	05 STT BEL	6:35.46	6:29.03 +0,83	232	
	50m: 42.73 100m: 1:31.87	42.73 49.14	150m: 2:22.00 200m: 3:09.55	250m: 50.13 300m: 47.55	350m: 5:41.61 400m: 6:29.03	51.40 47.42
32.	STALLAERT Tessa	05 ZCK BEL	6:31.91	6:32.78 +0,85	225	
	50m: 42.89 100m: 1:32.50	42.89 49.61	150m: 2:22.89 200m: 3:13.55	250m: 50.39 300m: 50.66	350m: 5:46.00 400m: 6:32.78	50.48 46.78
33.	RAEMDONCK Benthe-Marie	05 FIRST BEL	7:28.62	6:51.00 +0,85	197	
	50m: 41.85 100m: 1:33.12	41.85 51.27	150m: 2:27.58 200m: 3:21.43	250m: 54.46 300m: 53.85	350m: 6:03.52 400m: 6:51.00	52.45 47.48
dis	DELHOUTE Yana	05 TZ BEL	6:19.91			
	<i>SW 10.2 - niet de volledige afstand gezwommen</i>					
FF	BROUX Elise	05 GZVN BEL	5:55.28			
FF	POLFLIET Emmelie	05 OZEKA BEL	6:24.10			

12 jaar

1.	VANHAUWAERT Lotte	04 ROSC BEL	5:09.82	5:01.00 +0,77	501	
	50m: 33.37 100m: 1:10.82	33.37 37.45	150m: 1:49.05 200m: 2:27.66	250m: 38.23 300m: 38.61	350m: 4:23.47 400m: 5:01.00	38.20 37.53
2.	TRUYE Alexine	04 GOLD BEL	5:18.85	5:02.71 +0,77	493	
	50m: 34.00 100m: 1:11.34	34.00 37.34	150m: 1:49.72 200m: 2:27.87	250m: 38.38 300m: 38.15	350m: 4:25.06 400m: 5:02.71	39.04 37.65
3.	DEHAUDT Malou	04 GOLD BEL	5:09.31	5:05.04 +0,92	481	
	50m: 33.35 100m: 1:10.97	33.35 37.62	150m: 1:49.25 200m: 2:27.71	250m: 38.28 300m: 38.46	350m: 4:25.33 400m: 5:05.04	39.31 39.71
4.	LAMMENS Louise	04 OZEKA BEL	5:17.16	5:09.82 +0,76	459	
	50m: 33.82 100m: 1:11.41	33.82 37.59	150m: 1:50.48 200m: 2:30.14	250m: 39.07 300m: 39.66	350m: 4:31.00 400m: 5:09.82	40.70 38.82
5.	LIPPENS Karo	04 STW BEL	5:18.24	5:11.74 +0,81	451	
	50m: 34.19 100m: 1:13.31	34.19 39.12	150m: 1:53.13 200m: 2:33.46	250m: 39.82 300m: 40.33	350m: 4:33.53 400m: 5:11.74	39.93 38.21
6.	PRESENT Annika	04 STW BEL	5:21.67	5:12.13 +0,94	449	
	50m: 34.83 100m: 1:14.20	34.83 39.37	150m: 1:54.21 200m: 2:35.40	250m: 40.01 300m: 41.19	350m: 4:35.85 400m: 5:12.13	39.40 36.28
7.	BOGAERTS Aisha	04 SCZ BEL	5:24.28	5:16.55 +0,80	431	
	50m: 35.22 100m: 1:13.63	35.22 38.41	150m: 1:53.59 200m: 2:34.30	250m: 39.96 300m: 40.71	350m: 4:38.62 400m: 5:16.55	41.73 37.93
8.	TROP Yana	04 SHARK BEL	6:29.65	5:19.17 +0,87	420	
	50m: 35.73 100m: 1:14.67	35.73 38.94	150m: 1:55.56 200m: 2:37.13	250m: 40.89 300m: 41.57	350m: 4:41.32 400m: 5:19.17	40.91 37.85
9.	LAUWERS Jitske	04 TZ BEL	5:42.54	5:23.71 +0,97	403	
	50m: 34.69 100m: 1:14.64	34.69 39.95	150m: 1:56.01 200m: 2:38.54	250m: 41.37 300m: 42.53	350m: 4:45.82 400m: 5:23.71	42.61 37.89
10.	TOMCSIK Kira	04 TZ HUN	5:30.44	5:24.74 +0,78	399	
	50m: 35.16 100m: 1:16.39	35.16 41.23	150m: 1:58.91 200m: 2:40.49	250m: 42.52 300m: 41.58	350m: 4:46.03 400m: 5:24.74	41.50 38.71
11.	AVALOS LLERENA Diana	04 TZ BEL	5:34.47	5:25.37 +0,81	397	
	50m: 34.99 100m: 1:16.35	34.99 41.36	150m: 1:58.81 200m: 2:40.95	250m: 42.46 300m: 42.14	350m: 4:46.82 400m: 5:25.37	41.40 38.55

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 34, Meisjes, 400m vrije slag, 12 jaar

Rang	Geb.		Tijd	RT	Pnt		
12.	MARTENS Elisabeth	04 MEGA BEL	5:30.77	5:25.60 +0,80	396	350m:	4:46.30 41.76
	50m: 35.69	35.69	150m: 1:58.53	42.36	250m: 3:22.10	41.66	
	100m: 1:16.17	40.48	200m: 2:40.44	41.91	300m: 4:04.54	42.44	400m: 5:25.60 39.30
13.	VERMOERE Sarah	04 KZK BEL	5:31.13	5:26.80 +0,86	391	350m:	4:47.82 41.75
	50m: 36.19	36.19	150m: 1:59.36	42.87	250m: 3:24.04	42.84	
	100m: 1:16.49	40.30	200m: 2:41.20	41.84	300m: 4:06.07	42.03	400m: 5:26.80 38.98
14.	DEKERVEL Emma	04 ISWIM BEL	6:03.49	5:27.00 +0,85	391	350m:	4:48.30 40.22
	50m: 36.13	36.13	150m: 1:59.37	42.23	250m: 3:25.01	42.87	
	100m: 1:17.14	41.01	200m: 2:42.14	42.77	300m: 4:08.08	43.07	400m: 5:27.00 38.70
15.	JANSSEN Sien	04 DMB BEL	5:58.07	5:29.60 +0,73	381	350m:	4:49.90 41.77
	50m: 36.56	36.56	150m: 2:00.24	42.68	250m: 3:25.96	42.52	
	100m: 1:17.56	41.00	200m: 2:43.44	43.20	300m: 4:08.13	42.17	400m: 5:29.60 39.70
16.	ANGELLIER Liloue	04 ZCT BEL	5:46.67	5:29.92 +0,71	380	350m:	4:51.57 41.74
	50m: 38.37	38.37	150m: 2:03.44	42.96	250m: 3:27.77	41.32	
	100m: 1:20.48	42.11	200m: 2:46.45	43.01	300m: 4:09.83	42.06	400m: 5:29.92 38.35
17.	WELS Evy	04 GZVN BEL	5:50.52	5:30.61 +1,07	378	350m:	4:53.48 42.21
	50m: 36.39	36.39	150m: 2:01.39	43.35	250m: 3:27.63	42.76	
	100m: 1:18.04	41.65	200m: 2:44.87	43.48	300m: 4:11.27	43.64	400m: 5:30.61 37.13
18.	KEPPENS Mare	04 AZL BEL	5:48.93	5:31.71 +0,84	374	350m:	4:52.77 42.27
	50m: 36.67	36.67	150m: 2:00.89	42.49	250m: 3:27.48	43.17	
	100m: 1:18.40	41.73	200m: 2:44.31	43.42	300m: 4:10.50	43.02	400m: 5:31.71 38.94
19.	SOENEN Manon	04 RYSC BEL	5:47.77	5:33.76 +0,86	367	350m:	4:53.84 42.51
	50m: 36.79	36.79	150m: 2:02.35	43.29	250m: 3:27.79	42.32	
	100m: 1:19.06	42.27	200m: 2:45.47	43.12	300m: 4:11.33	43.54	400m: 5:33.76 39.92
20.	MARTELEUR Tille	04 ZCT BEL	5:44.94	5:34.05 +0,90	366	350m:	4:53.17 42.17
	50m: 38.36	38.36	150m: 2:03.58	42.89	250m: 3:28.47	42.45	
	100m: 1:20.69	42.33	200m: 2:46.02	42.44	300m: 4:11.00	42.53	400m: 5:34.05 40.88
21.	WIJNANTS Eveline	04 SHARK BEL	5:39.54	5:34.78 +0,80	364	350m:	4:55.05 42.78
	50m: 37.06	37.06	150m: 2:02.13	43.09	250m: 3:29.41	43.29	
	100m: 1:19.04	41.98	200m: 2:46.12	43.99	300m: 4:12.27	42.86	400m: 5:34.78 39.73
22.	NEVELSTEEN Yanah	04 ZGEEL BEL	5:39.12	5:36.68 +0,80	358	350m:	4:56.91 43.65
	50m: 37.36	37.36	150m: 2:02.84	43.72	250m: 3:30.25	44.57	
	100m: 1:19.12	41.76	200m: 2:45.68	42.84	300m: 4:13.26	43.01	400m: 5:36.68 39.77
23.	MAX Lara	04 TZ BEL	5:48.68	5:39.37 +0,86	349	350m:	4:57.29 44.11
	50m: 36.25	36.25	150m: 1:59.76	42.52	250m: 3:28.53	43.81	
	100m: 1:17.24	40.99	200m: 2:44.72	44.96	300m: 4:13.18	44.65	400m: 5:39.37 42.08
24.	LINGIER Loes	04 BZK BEL	5:53.79	5:39.56 +0,86	349	350m:	4:59.73 42.37
	50m: 38.19	38.19	150m: 2:06.07	44.52	250m: 3:34.61	44.67	
	100m: 1:21.55	43.36	200m: 2:49.94	43.87	300m: 4:17.36	42.75	400m: 5:39.56 39.83
25.	VANDECASTEELE Sara	04 OZEKA BEL	5:44.54	5:40.70 +0,83	345	350m:	5:01.84 42.93
	50m: 37.85	37.85	150m: 2:06.05	44.62	250m: 3:34.19	44.00	
	100m: 1:21.43	43.58	200m: 2:50.19	44.14	300m: 4:18.91	44.72	400m: 5:40.70 38.86
26.	HUYSMANS Silke	04 ZCK BEL	5:54.50	5:45.68 +0,73	331	350m:	5:03.26 44.76
	50m: 36.81	36.81	150m: 2:05.76	45.35	250m: 3:34.30	44.53	
	100m: 1:20.41	43.60	200m: 2:49.77	44.01	300m: 4:18.50	44.20	400m: 5:45.68 42.42
27.	VAN DEN HEUVEL Alyssa	04 LWB BEL	5:52.96	5:48.70 +0,84	322	350m:	5:05.60 44.60
	50m: 36.86	36.86	150m: 2:03.89	44.72	250m: 3:35.45	45.61	
	100m: 1:19.17	42.31	200m: 2:49.84	45.95	300m: 4:21.00	45.55	400m: 5:48.70 43.10
28.	LEYTEN Hannelore	04 ZGEEL BEL	5:54.09	5:48.89 +0,86	322	350m:	5:05.75 45.57
	50m: 37.75	37.75	150m: 2:04.25	44.86	250m: 3:34.39	45.26	
	100m: 1:19.39	41.64	200m: 2:49.13	44.88	300m: 4:20.18	45.79	400m: 5:48.89 43.14
29.	DE BACKER Annelore	04 KVZP BEL	6:08.40	5:51.99 +0,86	313	350m:	5:10.69 44.83
	50m: 39.57	39.57	150m: 2:09.58	45.37	250m: 3:41.40	45.72	
	100m: 1:24.21	44.64	200m: 2:55.68	46.10	300m: 4:25.86	44.46	400m: 5:51.99 41.30
30.	DE BACKER Marie	04 ZTZ BEL	6:03.07	5:54.56 +0,86	306	350m:	5:11.76 43.25
	50m: 39.70	39.70	150m: 2:10.81	46.19	250m: 3:42.44	45.68	
	100m: 1:24.62	44.92	200m: 2:56.76	45.95	300m: 4:28.51	46.07	400m: 5:54.56 42.80
dis	QUINTELIER Perle	04 RYSC BEL	5:28.12				
	SW 4.4 - valse start						

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 35
7-2-2016 - 10:30

Jongens, 200m rugslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
13 jaar									
1.	GERRITSEN Mike	03 AZV NED	2:40.52	2:30.47	411	34.47	39.81	39.66	36.53
2.	JORIS Luca	03 DDAT BEL	2:45.36	2:35.87	370	36.99	39.89	41.00	37.99
3.	VAN ROMPAEY Senne	03 BRABO BEL	2:45.98	2:36.45	366	36.29	40.20	40.86	39.10
4.	CARCHON Brecht	03 ZCT BEL	2:49.95	2:38.69	350	38.00	40.92	41.76	38.01
5.	DAVID Loeka	03 MEGA BEL	3:02.05	2:39.48	345	37.96	41.73	40.95	38.84
6.	VAN DYCK Brent	03 SHARK BEL	2:42.59	2:41.14	335	38.10	41.83	41.49	39.72
7.	VAN GENECHTEN Sander	03 SHARK BEL	2:48.77	2:44.33	315	37.54	41.65	42.17	42.97
8.	MENTENS Jarne	03 OZV BEL	2:44.10	2:46.12	305	38.56	42.86	42.73	41.97
9.	VAN NIEUWENHOVEN Joran	03 LAQUA BEL	3:12.02	2:47.36	299	39.77	43.60	44.10	39.89
10.	VAN DROOGENBROECK Niels	03 LAQUA BEL	3:17.13	2:47.98	295	40.66	42.70	43.57	41.05
11.	LUST Henri	03 AZ BEL	2:58.10	2:51.04	280	39.76	44.94	43.59	42.75
12.	OP DE BEECK Maarten	03 DIZV BEL	2:53.08	2:51.47	278	39.60	43.14	44.95	43.78
13.	VERSTRAETEN Gihao	03 OZEKA BEL	3:09.90	2:52.49	273	39.39	44.26	45.03	43.81
14.	BERGHMANS Sam	03 ZS BEL	3:09.75	2:59.87	240	41.82	46.20	45.99	45.86
dis	GUILLEMYN Lucas	03 KZK BEL	2:30.91						
SW 6.4.b - Lichaam volledig onder water, uitgezonderd de eerste 15m na S of KP									
dis	JORIS Dante	03 DDAT BEL	3:08.09						
SW 6.5.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging									

14 jaar

1.	FRANCKX Stan	02 TZ BEL	2:17.14	2:15.51	563	31.32	34.04	35.47	34.68
2.	WYNS Seppe	02 SHARK BEL	2:30.24	2:21.49	494	33.44	35.85	36.69	35.51
3.	VAN SYNGHEL Noah	02 OZEKA BEL	2:28.85	2:23.64	473	32.83	36.46	37.74	36.61
4.	VAN HOREN Senne	02 ZNA BEL	2:32.20	2:25.48	455	33.98	37.50	38.12	35.88
5.	ARDENOY Viktor	02 BZK BEL	2:30.85	2:25.76	452	33.54	37.45	37.53	37.24
6.	VAN MIEGHEM Alexander	02 MEGA BEL	2:43.30	2:33.40	388	36.09	39.41	39.54	38.36
7.	VOLDERS Aiken	02 BEST BEL	2:42.45	2:36.41	366	36.63	40.97	40.95	37.86
8.	VAN KEMENADE Brent	02 BRABO BEL	2:40.03	2:36.88	363	36.45	39.67	40.85	39.91
9.	BOMANS Jan	02 BRABO BEL	2:41.90	2:39.00	348	37.24	41.31	40.35	40.10
10.	LINGIER Elias	02 ROSC BEL	2:44.57	2:39.09	348	37.08	40.78	41.17	40.06
11.	KALLAERT Dries	02 MEGA BEL	2:57.48	2:41.02	335	38.54	41.59	41.83	39.06
12.	COKELAERE Matthijs	02 KZK BEL	2:44.17	2:41.19	334	37.79	40.95	41.78	40.67
13.	VAN LANGENDONCK Tim	02 OZV BEL	2:52.10	2:42.37	327	37.52	41.62	42.55	40.68
14.	TRUYEN Ruben	02 DMB BEL	2:46.99	2:43.40	321	38.20	41.54	42.93	40.73
15.	VANGERVERN Thomas	02 OZV BEL	2:59.13	2:43.49	320	38.20	42.42	42.97	39.90
16.	CHRISTIAENS Gilles	02 AZL BEL	2:56.72	2:57.26	251	41.54	44.11	45.70	45.91
dis	DE MEYER Niels	02 BRABO BEL	2:34.97						
SW 6.3. - Rugligging verlaten, behalve bij KP met borstligging									

Programmanr. 36
7-2-2016 - 10:48

Meisjes, 400m wisselslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt	
13 jaar					
1.	DILLEN Jans	03 MOZKA BEL	6:01.07	5:35.36 +0,79	512
50m: 36.29 150m: 2:02.74 43.99 250m: 3:33.78 47.98 350m: 5:00.84 37.78					
100m: 1:18.75 200m: 2:45.80 43.06 300m: 4:23.06 49.28 400m: 5:35.36 34.52					
2.	FEYEN Charlotte	03 BRABO BEL	5:49.77	5:49.56 +0,77	452
50m: 38.69 150m: 2:11.78 44.64 250m: 3:43.19 47.50 350m: 5:12.51 40.36					
100m: 1:27.14 200m: 2:55.69 43.91 300m: 4:32.15 48.96 400m: 5:49.56 37.05					
3.	DAEMEN Emma	03 DMB BEL	6:00.16	5:49.61 +0,86	452
50m: 37.61 150m: 2:09.30 44.61 250m: 3:43.04 49.60 350m: 5:12.46 39.59					
100m: 1:24.69 200m: 2:53.44 44.14 300m: 4:32.87 49.83 400m: 5:49.61 37.15					
4.	MOENS Joyce	03 DZO BEL	6:25.10	5:55.48 +0,76	430
50m: 36.81 150m: 2:07.59 47.84 250m: 3:42.39 48.18 350m: 5:14.94 41.98					
100m: 1:19.75 200m: 2:54.21 46.62 300m: 4:32.96 50.57 400m: 5:55.48 40.54					

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 36, Meisjes, 400m wisselslag, 13 jaar

Rang	Geb.		Tijd		RT	Pnt			
5.	VANDEPUTTE Silke	03 BRABO BEL	6:21.99	6:07.29	+0,97	390	350m:	5:28.67	39.56
	50m: 38.78	38.78	150m: 2:12.79	46.11	250m: 3:53.76	55.51	400m:	6:07.29	38.62
	100m: 1:26.68	47.90	200m: 2:58.25	45.46	300m: 4:49.11	55.35			
6.	VAN DEUN Elena	03 BRABO BEL	6:12.23	6:12.59	+0,79	373	350m:	5:33.38	40.23
	50m: 38.40	38.40	150m: 2:14.70	47.63	250m: 3:56.79	54.88	400m:	6:12.59	39.21
	100m: 1:27.07	48.67	200m: 3:01.91	47.21	300m: 4:53.15	56.36			
7.	PAREIJN Luna	03 DMB BEL	6:48.85	6:14.75	+0,81	367	350m:	5:34.78	41.18
	50m: 43.99	43.99	150m: 2:24.09	45.83	250m: 4:00.72	52.17	400m:	6:14.75	39.97
	100m: 1:38.26	54.27	200m: 3:08.55	44.46	300m: 4:53.60	52.88			

14 jaar

1.	BRISSINCK Justine	02 ROSC BEL	5:39.27	5:22.22	+0,81	578	350m:	4:45.36	38.43
	50m: 33.28	33.28	150m: 1:52.76	41.30	250m: 3:19.76	45.88	400m:	5:22.22	36.86
	100m: 1:11.46	38.18	200m: 2:33.88	41.12	300m: 4:06.93	47.17			
2.	QUINTELIER Jade	02 RYSC BEL	5:34.96	5:23.93		569	350m:	4:48.58	37.00
	50m: 34.72	34.72	150m: 1:55.58	40.71	250m: 3:23.08	46.79	400m:	5:23.93	35.35
	100m: 1:14.87	40.15	200m: 2:36.29	40.71	300m: 4:11.58	48.50			
3.	DE CARNE Lara	02 FIRST BEL	5:40.33	5:24.32	+0,72	566	350m:	4:50.03	38.07
	50m: 33.94	33.94	150m: 1:59.81	43.43	250m: 3:25.99	44.98	400m:	5:24.32	34.29
	100m: 1:16.38	42.44	200m: 2:41.01	41.20	300m: 4:11.96	45.97			
4.	WIJNANTS Jasmine	02 SHARK BEL	5:37.52	5:27.80	+0,82	549	350m:	4:50.39	38.80
	50m: 33.19	33.19	150m: 1:59.24	46.03	250m: 3:27.21	43.47	400m:	5:27.80	37.41
	100m: 1:13.21	40.02	200m: 2:43.74	44.50	300m: 4:11.59	44.38			
5.	VAN WALLENDael Sarah	02 BRABO BEL	5:39.25	5:36.00	+0,82	509	350m:	4:58.79	38.23
	50m: 33.78	33.78	150m: 1:56.48	41.31	250m: 3:29.02	51.92	400m:	5:36.00	37.21
	100m: 1:15.17	41.39	200m: 2:37.10	40.62	300m: 4:20.56	51.54			
6.	TALLOEN Charlot	02 FIRST BEL	5:40.87	5:36.40	+0,94	508	350m:	4:57.95	39.55
	50m: 34.27	34.27	150m: 1:58.65	42.96	250m: 3:28.73	49.18	400m:	5:36.40	38.45
	100m: 1:15.69	41.42	200m: 2:39.55	40.90	300m: 4:18.40	49.67			
7.	VANDEKERKHOF Merle	02 DMB BEL	5:36.72	5:44.00	+0,87	475	350m:	5:04.91	40.79
	50m: 35.37	35.37	150m: 1:59.88	43.55	250m: 3:32.89	50.88	400m:	5:44.00	39.09
	100m: 1:16.33	40.96	200m: 2:42.01	42.13	300m: 4:24.12	51.23			
8.	MATHYS Jana	02 FIRST BEL	5:46.34	5:47.42	+0,82	461	350m:	5:10.32	40.47
	50m: 37.27	37.27	150m: 2:06.90	45.79	250m: 3:40.88	49.27	400m:	5:47.42	37.10
	100m: 1:21.11	43.84	200m: 2:51.61	44.71	300m: 4:29.85	48.97			
9.	TAECKE Ine	02 COAST BEL	6:12.21	5:57.72	+0,88	422	350m:	5:20.27	40.42
	50m: 38.29	38.29	150m: 2:08.27	42.81	250m: 3:44.50	54.11	400m:	5:57.72	37.45
	100m: 1:25.46	47.17	200m: 2:50.39	42.12	300m: 4:39.85	55.35			
10.	MOMMAERTS Nele	02 ZORO BEL	5:53.83	5:59.20	+0,81	417	350m:	5:22.06	39.53
	50m: 38.35	38.35	150m: 2:10.31	45.16	250m: 3:46.93	55.09	400m:	5:59.20	37.14
	100m: 1:25.15	46.80	200m: 2:51.84	41.53	300m: 4:42.53	55.60			
11.	VANGELOVEN Anisha	02 DMB BEL	6:14.00	6:12.35	+0,77	374	350m:	5:32.52	41.15
	50m: 38.32	38.32	150m: 2:15.76	49.71	250m: 3:56.03	53.19	400m:	6:12.35	39.83
	100m: 1:26.05	47.73	200m: 3:02.84	47.08	300m: 4:51.37	55.34			
FF	DE STEUR Emma	02 FIRST BEL	5:29.19						

Programmanr. 37
7-2-2016 - 11:08

Jongens, 100m schoolslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.		Tijd		Pnt	50m	100m
11 jaar							
1.	TALLOEN Sander	05 FIRST BEL	1:36.66	1:28.91	284	41.81	47.10
2.	THYS Jens	05 HZA BEL	1:40.02	1:31.87	257	42.08	49.79
3.	MARTENS Leonard	05 MEGA BEL	1:40.87	1:35.26	231	45.46	49.80
4.	VERREET Milan	05 SHARK BEL	1:39.63	1:36.64	221	45.98	50.66
5.	ABBEEL Stef	05 BRABO BEL	1:44.83	1:39.98	199	47.44	52.54
6.	VANHOVE Maxime	05 ZGEE BEL	1:46.68	1:40.17	198	48.47	51.70
7.	GEBRUERS Alex	05 ZVL BEL	1:47.68	1:41.00	193	47.60	53.40
8.	HERMAN Aidan	05 FIRST BEL	1:43.65	1:41.83	189	48.08	53.75
9.	BOUCKAERT Jean	05 ISWIM BEL	1:55.44	1:43.99	177	48.57	55.42
10.	VAN CLEVEN Thijs	05 BZK BEL	1:52.00	1:44.13	176	49.69	54.44
11.	VAN DER DONCKT Jannes	05 LAQUA BEL	1:48.59	1:44.17	176	49.91	54.26
12.	VLIEGHE Loeka	05 IKZ BEL	1:47.23	1:46.51	165	50.75	55.76
13.	BUYTAERT Charles	05 BRABO BEL	1:49.13	1:46.58	165	50.16	56.42

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 37, Jongens, 100m schoolslag, 11 jaar

Rang	Geb.	Tijd	Pnt	50m	100m		
14.	SCHWERIN Alexander	05 SHARK BEL	1:49.34	1:46.93	163	50.86	56.07
15.	HELSEN Michiel	05 ZGEEL BEL	1:49.87	1:46.99	163	51.36	55.63
16.	VAN DER HAEGHEN Siebe	05 FIRST BEL	1:48.73	1:48.10	158	51.32	56.78
17.	SCHRICKX Jasper	05 ZS BEL	1:47.18	1:48.42	156	51.48	56.94
18.	BIGGS Kalvin	05 LAQUA GBR	1:58.06	1:48.51	156	52.40	56.11
19.	POLLET Rohan	05 DDAT BEL	1:58.85	1:49.83	150	50.75	59.08
20.	DE JONGE Dries	05 SHARK BEL	1:48.13	1:50.00	150	50.91	59.09
21.	HOLLANDERS Jarne	05 SHARK BEL	1:48.39	1:50.19	149	51.66	58.53
22.	VANSIMAEYS Wout	05 IKZ BEL	1:54.24	1:52.13	141	53.24	58.89
dis	FERYN Tibbe	05 ZCK BEL	1:52.81				
	<i>SW 4.4 - valse start</i>						
dis	NAESSENS Mirko	05 LAQUA BEL	1:57.23				
	<i>SW 7.4.a - beenbewegingen niet gelijktijdig of niet in hetzelfde horizontale vlak uitgevoerd</i>						
dis	HECQ Kenzo	05 LAQUA BEL	1:52.77				
	<i>SW 7.4.c - hoofd doorbreekt wateroppervlak niet vooraleer de armen binnenwaarts te brengen bij de 2de armbeweging</i>						
FF	VANDEN BOSSCHE Gabriel	05 DDAT BEL	1:55.69				

12 jaar

1.	SAIDI Yassin	04 BRABO BEL	1:25.82	1:26.05	313	40.13	45.92
2.	TANGHE Kasper	04 BRABO BEL	1:28.60	1:26.32	310	41.07	45.25
3.	VANHOLLEBEKE Maxence	04 ZNA BEL	1:31.37	1:28.20	291	40.12	48.08
4.	DESIMPELAERE Miguel	04 GOLD BEL	1:35.13	1:28.53	287	41.64	46.89
5.	COLMAN Arjen	04 DZO BEL	1:32.45	1:29.57	278	42.73	46.84
6.	WEYTS Milan	04 STW BEL	1:30.96	1:29.80	275	42.39	47.41
7.	CASTEUR Xander	04 GOLD BEL	1:33.99	1:30.00	274	42.17	47.83
8.	DE CORTE Simon	04 BZK BEL	1:33.40	1:30.91	265	43.28	47.63
9.	COLMAN Ruben	04 DZO BEL	1:34.53	1:31.62	259	43.86	47.76
10.	CAMERLYNCK Mathias	04 KVZP BEL	1:34.14	1:32.92	249	43.79	49.13
11.	ZWIJNS Kevin	04 ZS NED	1:38.63	1:33.40	245	44.11	49.29
12.	SAPIJN Kobe	04 FIRST BEL	1:38.31	1:33.90	241	45.52	48.38
13.	MULKENS Bavo	04 LAQUA BEL	1:42.24	1:33.93	241	44.92	49.01
14.	ALAMI Noah	04 AZL BEL	1:39.50	1:34.21	238	44.83	49.38
15.	RUIGE Matisse	04 STW BEL	1:39.50	1:35.36	230	44.82	50.54
16.	LAUREYSSENS Daniel	04 ZS BEL	1:35.51	1:35.39	230	44.96	50.43
17.	OOMS Jonah	04 ZBM BEL	1:37.49	1:35.60	228	45.48	50.12
	VERBEEK Sem	04 SHARK BEL	1:37.62	1:35.60	228	44.10	51.50
19.	DELEEBEECK Arne	04 BRABO BEL	1:39.25	1:36.54	222	45.48	51.06
20.	HEREMANS Nino	04 HZA BEL	1:50.17	1:37.10	218	44.84	52.26
21.	HILLAERT Tibo	04 FIRST BEL	1:45.91	1:37.30	216	47.05	50.25
22.	CLAEYS Oscar	04 AZ BEL	1:36.97	1:38.11	211	45.79	52.32
23.	MATTHIJS Laurenz	04 SCZ BEL	1:46.96	1:39.20	204	46.82	52.38
24.	RESTIAU Robbe	04 ZS BEL	1:42.89	1:40.37	197	48.64	51.73
25.	HAUTEKIEF Loeka	04 BZK BEL	1:38.80	1:40.45	197	47.37	53.08
26.	LEROUX Wout	04 MEGA BEL	1:57.28	1:50.24	149	52.21	58.03

Programmanr. 38
7-2-2016 - 11:24

Meisjes, 200m schoolslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m		
11 jaar									
1.	HUYS Jorinde	05 GZVN BEL	3:45.10	3:18.50	344	44.15	51.93	51.07	51.35
2.	DELCOMMUNE Zinke	05 ZCT BEL	3:18.72	3:21.64	328	45.17	51.74	52.24	52.49
3.	SEMPELS Aurélie	05 STT BEL	3:41.41	3:22.21	325	45.50	52.44	52.16	52.11
4.	DEBROUWER Sarah	05 RYSC BEL	3:49.05	3:28.69	296	49.78	54.89	54.28	49.74
5.	VANMEENEN Laura	05 ISWIM BEL	4:01.55	3:29.22	293	48.70	53.92	54.33	52.27
6.	STALLAERT Tessa	05 ZCK BEL	3:47.37	3:32.07	282	47.14	56.03	55.91	52.99
7.	VANMEENEN Sara	05 ISWIM BEL	3:55.16	3:33.80	275	48.71	54.69	55.57	54.83
8.	ALLOSSERIE Nina	05 IKZ BEL	4:04.57	3:36.83	264	49.17	55.56	55.43	56.67
9.	VANDEN BERGHE Auke	05 ZB BEL	4:04.57	3:37.95	260	50.30	56.17	57.02	54.46
10.	GEEROMS Floor	05 SCZ BEL	3:37.12	3:40.58	250	50.00	56.25	57.16	57.17
11.	RAECKE Jana	05 BZK BEL	4:01.97	3:45.15	235	51.29	57.84	57.30	58.72
12.	DE CARNE Mila	05 FIRST BEL	3:55.24	3:45.32	235	53.94	58.53	58.31	54.54

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 38, Meisjes, 200m schoolslag

12 jaar

Rang	Naam	Geb.	Club	Nat.	Tijd	Pnt	50m	100m	150m	200m	
1.	DORNEZ Febe	04	ZTZ	BEL	3:03.21	2:55.63	496	39.78	45.24	45.06	45.55
2.	MAEREVOET Marie	04	SHARK	BEL	3:03.78	3:03.17	438	40.41	47.95	47.13	47.68
3.	DINNEWETH Axelle	04	ZTZ	BEL	3:11.55	3:05.27	423	41.12	47.00	48.08	49.07
4.	GORIS Resy	04	LWB	BEL	3:07.86	3:05.33	422	40.72	47.29	48.23	49.09
5.	TROP Yana	04	SHARK	BEL	3:14.28	3:09.40	396	43.39	49.05	48.89	48.07
6.	STRUYF Lieselot	04	HZA	BEL	3:20.00	3:14.26	367	44.68	51.36	51.42	46.80
7.	VERMOERE Sarah	04	KZK	BEL	3:17.09	3:17.19	351	43.59	49.99	51.47	52.14
8.	AVALOS LLERENA Diana	04	TZ	BEL	3:10.56	3:19.49	339	43.57	50.93	51.92	53.07
9.	LETERME Margo	04	IKZ	BEL	3:26.04	3:21.81	327	46.19	53.12	52.40	50.10
10.	MAX Lara	04	TZ	BEL	3:17.96	3:21.84	327	45.56	51.24	52.61	52.43
11.	THIJSSSEN Hanne	04	HZS	BEL	3:34.43	3:22.17	325	47.09	52.09	52.49	50.50
12.	VAN BELLE Amber	04	ZCT	BEL	3:27.80	3:24.09	316	47.53	52.10	52.17	52.29

Programmanr. 39
7-2-2016 - 11:36

Jongens, 200m vlinderslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Naam	Geb.	Club	Nat.	Tijd	Pnt	50m	100m	150m	200m	
13 jaar											
1.	OKENS Jari	03	ZCK	BEL	2:47.13	2:34.26	377	34.13	38.88	39.87	41.38
2.	GIELEN Yordi	03	DMB	BEL	3:02.38	2:41.42	329	34.11	40.99	43.36	42.96
3.	HOLLANDERS Ian	03	SHARK	BEL	2:46.20	2:48.75	288	36.66	43.75	45.22	43.12
4.	GEUENS Lars	03	OZV	BEL	2:44.58	2:52.19	271	33.66	41.50	46.41	50.62
5.	VAN GENECHTEN Sander	03	SHARK	BEL	3:18.15	3:11.77	196	39.01	48.28	51.16	53.32
dis	HAESAERT Elias	03	BZK	BEL	2:47.85						
<i>SW 8.4 - niet met 2 handen gelijktijdig muur geraakt bij KP of A / en/of handen niet gescheiden</i>											
dis	VAN EETVELDE Kasper	03	AZK	BEL	3:43.34						
<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>											

14 jaar

Rang	Naam	Geb.	Club	Nat.	Tijd	Pnt	50m	100m	150m	200m	
1.	WYNS Seppe	02	SHARK	BEL	2:33.14	2:27.78	429	32.59	37.94	38.71	38.54
2.	OBRENO Arthur	02	BZK	BEL	2:40.18	2:31.00	402	32.95	38.80	38.55	40.70
3.	DUJARDIN Guillaume	02	MEGA	BEL	2:33.51	2:32.42	391	32.87	38.59	40.17	40.79
4.	VOGLAR Robbe	02	DMB	BEL	2:40.35	2:32.52	390	34.04	38.76	40.26	39.46
5.	LIEKENS Jasper	02	SHARK	BEL	2:40.19	2:33.86	380	32.64	39.09	41.09	41.04
6.	MESTDAGH Arne	02	KZK	BEL	2:40.51	2:39.38	342	34.45	40.28	42.35	42.30
7.	LEROUX Jef	02	MEGA	BEL	2:45.36	2:39.61	341	34.23	42.04	42.79	40.55
8.	DEJONGHE Arnaud	02	COAST	BEL	3:01.47	2:40.04	338	34.55	41.46	42.80	41.23
9.	ARDENOY Viktor	02	BZK	BEL	2:42.90	2:42.77	321	34.40	41.15	43.38	43.84
10.	DEVOLDER Mathis	02	IKZ	BEL	2:45.72	2:42.85	321	35.40	42.95	43.43	41.07

Programmanr. 40
7-2-2016 - 11:46

Meisjes, 100m vlinderslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Naam	Geb.	Club	Nat.	Tijd	Pnt	50m	100m	
13 jaar									
1.	WAUTERS Laura	03	STT	BEL	1:11.19	1:10.88	492	32.28	38.60
2.	MOENS Joyce	03	DZO	BEL	1:19.40	1:14.34	427	35.14	39.20
3.	VAN GORP Lies	03	LAQUA	BEL	1:15.64	1:16.86	386	34.88	41.98
4.	ESPEEL Charlotte	03	RYSK	BEL	1:18.42	1:17.98	369	36.42	41.56
5.	VAN LANDUYT Bregje	03	MEGA	BEL	1:29.97	1:18.21	366	35.95	42.26
6.	HUYSMANS Britt	03	SHARK	BEL	1:20.34	1:18.80	358	35.58	43.22
7.	LAMOTTE Eva	03	BRABO	BEL	1:26.55	1:22.25	315	34.14	48.11
8.	VAN STEEN Yinthe	03	TZ	BEL	1:26.61	1:23.53	301	39.44	44.09
9.	VAN TILBURG Dauwe	03	ZCK	BEL	1:25.94	1:24.68	288	36.50	48.18
10.	DAEMEN Emma	03	DMB	BEL	1:26.49	1:24.69	288	37.55	47.14

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 40, Meisjes, 100m vlinderslag, 13 jaar

Rang	Geb.	Tijd	Pnt	50m	100m
dis	RUIGE Flore 03 STW BEL	1:33.88			
<i>SW 8.3.a - beweging van de benen/voeten niet gelijktijdig uitgevoerd</i>					
14 jaar					
1.	MARCENIUK Marijke 02 HZS BEL	1:08.55	1:06.39	599	31.11 35.28
2.	VANDEBUSSCHE Indra 02 BZK BEL	1:12.91	1:08.39	548	30.97 37.42
3.	BRISSINCK Justine 02 ROSC BEL	1:15.28	1:11.44	481	33.59 37.85
4.	ARNOUT Fien 02 RYSC BEL	1:14.66	1:11.82	473	33.97 37.85
5.	BOURGOIS Karo 02 COAST BEL	1:17.68	1:12.45	461	33.40 39.05
6.	VAN WALLENDael Sarah 02 BRABO BEL	1:14.85	1:12.75	455	33.49 39.26
7.	DE DUFFELEER Jolien 02 COAST BEL	1:16.49	1:13.18	447	33.54 39.64
8.	SYKORA Renee 02 KZK BEL	1:12.77	1:13.20	447	33.91 39.29
9.	ROSKIN Lotte 02 TZ BEL	1:16.07	1:13.64	439	33.79 39.85
10.	DESCAMPS Axelle 02 KZK BEL	1:18.41	1:15.55	406	34.71 40.84
11.	VAN HECKE Britt 02 AZL BEL	1:19.56	1:15.81	402	32.85 42.96
12.	DE BAERE Anneleen 02 MEGA BEL	1:21.09	1:16.35	394	35.16 41.19
13.	MARTENS Camille 02 OZEKA BEL	1:18.46	1:17.86	371	35.58 42.28
14.	BARTORELLI Chiara 02 COAST BEL	1:21.53	1:20.44	337	37.06 43.38
15.	DEMEESTERE Liza 02 IKZ BEL	1:22.09	1:20.46	336	36.50 43.96
16.	KIAMBI Pauline 02 KVZP BEL	1:24.06	1:21.47	324	37.00 44.47
17.	MEDLAND Louise 02 GZVN BEL	1:24.43	1:23.20	304	37.53 45.67
dis	VANDEKERKHOF Merle 02 DMB BEL	1:12.51			
<i>SW 10.2 - niet de volledige afstand gezwommen</i>					
dis	VANDEN NOORTGATE Iona 02 FIRST BEL	1:18.43			
<i>SW 8.3.c - beenbeweging schoolslag</i>					
FF	DE STEUR Emma 02 FIRST BEL	1:11.88			
FF	THIELEMANS Laure 02 STT BEL	1:17.07			

Programmanr. 41
7-2-2016 - 13:00

Meisjes, 100m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m
11 jaar					
1.	VANOTTERDIJK Roos 05 ZWIM BEL	1:14.04	1:08.66	436	34.30 34.36
2.	LAZOU Lente 05 GOLD BEL	1:15.29	1:09.88	413	33.17 36.71
3.	VAN IMSCHOOT Emma 05 FIRST BEL	1:23.39	1:14.32	343	35.90 38.42
4.	MATTEEUWS Lie 05 MEGA BEL	1:20.07	1:14.35	343	35.07 39.28
5.	DEBROUWER Sarah 05 RYSC BEL	1:16.04	1:14.40	342	37.03 37.37
6.	DAEMS Lotte 05 ZCK BEL	1:21.19	1:14.89	336	34.86 40.03
7.	JACOBS Ella 05 LZV BEL	1:20.01	1:16.02	321	35.70 40.32
8.	GIJSELS Noortje 05 SHARK BEL	1:18.03	1:16.47	315	36.65 39.82
9.	VANDENBRANDEN Eline 05 ZCK BEL	1:19.78	1:16.84	311	36.86 39.98
10.	GOBERT Lies 05 MEGA BEL	1:22.02	1:16.86	310	36.29 40.57
11.	VANDENBERGHE Hannah 05 ISWIM BEL	1:19.36	1:17.02	308	36.83 40.19
12.	PARDON Maite 05 TZ BEL	1:26.34	1:17.26	306	35.89 41.37
13.	ANTHONI Amelie 05 BRABO BEL	1:27.82	1:17.32	305	36.43 40.89
14.	DE VELDER Maya 05 FIRST BEL	1:23.46	1:17.41	304	37.29 40.12
15.	PEETERS Eva 05 SHARK BEL	1:17.73	1:17.61	302	36.49 41.12
16.	FEYEN Lindsay 05 BRABO BEL	1:21.74	1:18.43	292	36.51 41.92
17.	NOELS Louise 05 ZCT BEL	1:28.72	1:19.38	282	38.43 40.95
18.	WAUTERS Lisa 05 STT BEL	1:34.25	1:20.48	270	37.74 42.74
19.	GEEROMS Floor 05 SCZ BEL	1:24.50	1:21.59	259	38.44 43.15
20.	CORNELISSEN Zita 05 BRABO BEL	1:26.25	1:21.60	259	37.44 44.16
21.	DELHOUTE Yana 05 TZ BEL	1:25.03	1:22.65	250	38.35 44.30
22.	VAN DE KEERE Anna 05 ZTZ BEL	1:29.28	1:22.88	247	39.49 43.39
23.	RAECKE Jana 05 BZK BEL	1:20.62	1:23.80	239	40.58 43.22
24.	GEYSKENS Sophie 05 LOR BEL	1:27.79	1:23.95	238	39.63 44.32
25.	BROOS Evy 05 ZORO BEL	1:24.35	1:24.00	238	39.63 44.37
26.	ALLOSSERIE Nina 05 IKZ BEL	1:29.94	1:24.47	234	40.80 43.67
27.	LONCKE Febe 05 LOR BEL	1:26.44	1:24.67	232	41.09 43.58
28.	VANDEN BERGHE Auke 05 ZB BEL	1:36.20	1:25.54	225	41.81 43.73
29.	SWYNGEDOUW Emma 05 FIRST BEL	1:27.36	1:27.07	213	40.62 46.45

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 41, Meisjes, 100m vrije slag, 11 jaar

Rang	Geb.			Tijd	Pnt	50m	100m
30.	MILISSEN Nore	05	STT BEL	1:28.02	1:27.58	210	40.35 47.23
31.	VAN DE KEERE Fleur	05	ZTZ BEL	1:40.27	1:27.64	209	40.80 46.84
FF	POLFLIET Emmelie	05	OZEKA BEL	1:29.14			

12 jaar

1.	VANHAUWAERT Lotte	04	ROSC BEL	1:08.43	1:06.28	484	31.86 34.42
2.	MAERVOET Marie	04	SHARK BEL	1:07.02	1:06.55	478	31.72 34.83
3.	QUINTELIER Perle	04	RYSC BEL	1:11.43	1:07.65	455	32.21 35.44
4.	DEHAUDT Malou	04	GOLD BEL	1:07.60	1:07.71	454	32.37 35.34
5.	LAUWERS Jitske	04	TZ BEL	1:11.36	1:08.30	443	32.31 35.99
6.	BOGAERTS Aisha	04	SCZ BEL	1:11.20	1:09.12	427	33.44 35.68
7.	DECAESSTECKER Elise	04	ROSC BEL	1:10.66	1:09.16	426	33.33 35.83
8.	AVALOS LLERENA Diana	04	TZ BEL	1:13.31	1:09.73	416	33.06 36.67
9.	MARTENS Elisabeth	04	MEGA BEL	1:12.27	1:10.26	407	33.40 36.86
10.	DEKERVEL Emma	04	ISWIM BEL	1:20.99	1:10.38	404	32.81 37.57
11.	STRUYF Lieselot	04	HZA BEL	1:14.77	1:11.25	390	34.04 37.21
12.	TOMCSIK Kira	04	TZ HUN	1:11.72	1:11.36	388	34.10 37.26
13.	LEYTEN Hannelore	04	ZGEE BEL	1:13.02	1:11.61	384	34.54 37.07
14.	MAX Lara	04	TZ BEL	1:16.78	1:11.75	382	33.90 37.85
15.	KELCHTERMANS Laura	04	HZS BEL	1:20.10	1:11.83	380	34.78 37.05
16.	LAMMENS Louise	04	OZEKA BEL	1:16.06	1:11.86	380	34.03 37.83
17.	VAN BELLE Amber	04	ZCT BEL	1:15.67	1:11.90	379	34.03 37.87
18.	SOENEN Manon	04	RYSC BEL	1:18.08	1:12.36	372	34.54 37.82
19.	VANDECASTEELE Sara	04	OZEKA BEL	1:22.29	1:12.70	367	34.67 38.03
20.	WELS Evy	04	GZVN BEL	1:15.13	1:12.87	364	35.04 37.83
21.	GORIS Resy	04	LWB BEL	1:16.74	1:13.86	350	33.69 40.17
22.	HUYSMANS Silke	04	ZCK BEL	1:25.38	1:14.30	344	35.32 38.98
23.	WIJNANTS Eveline	04	SHARK BEL	1:21.34	1:15.36	329	36.04 39.32
24.	NEVELSTEEN Yanah	04	ZGEE BEL	1:15.60	1:15.55	327	35.69 39.86
25.	LINGIER Loes	04	BZK BEL	1:17.47	1:15.74	324	35.96 39.78
26.	VAN DEN HEUVEL Alyssa	04	LWB BEL	1:19.84	1:16.36	317	36.28 40.08
27.	MICHIELS Lieke	04	LWB BEL	1:20.96	1:16.46	315	35.85 40.61
28.	PUTTAERT Elien	04	DDAT BEL	1:21.14	1:17.54	302	38.70 38.84
29.	DE BACKER Annelore	04	KVZP BEL	1:18.27	1:19.47	281	38.18 41.29
FF	DORNEZ Febe	04	ZTZ BEL	1:11.51			

Programmanr. 42
7-2-2016 - 13:14

Jongens, 100m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m
13 jaar							
1.	DEVOS Abel	03	COAST BEL	1:01.51	59.61	487	28.85 30.76
2.	GERRITSEN Mike	03	AZV NED	1:02.71	59.83	481	29.48 30.35
3.	DAVID Loeka	03	MEGA BEL	1:03.89	1:00.36	469	29.37 30.99
4.	BERX Robbe	03	STT BEL	1:03.00	1:00.45	467	29.25 31.20
5.	SPLEERS Mauro	03	FIRST BEL	1:05.62	1:01.37	446	29.48 31.89
6.	MEERE Jarno	03	DDAT BEL	1:05.77	1:02.09	431	29.99 32.10
7.	VANDECASTEELE Matis	03	GOLD BEL	1:05.73	1:02.77	417	30.54 32.23
8.	OKENS Jari	03	ZCK BEL	1:07.92	1:03.71	399	29.98 33.73
9.	VANSPAUWEN Alexander	03	HZS BEL	1:05.88	1:04.04	393	30.83 33.21
10.	JORIS Luca	03	DDAT BEL	1:07.25	1:04.64	382	32.22 32.42
11.	JORIS Dante	03	DDAT BEL	1:09.68	1:04.66	381	30.67 33.99
12.	VAN ROMPAEY Senne	03	BRABO BEL	1:09.45	1:05.76	363	31.22 34.54
13.	MARICHAL Jarno	03	BRABO BEL	1:06.29	1:06.27	354	31.71 34.56
14.	VERYSER Joeri	03	COAST BEL	1:08.20	1:06.60	349	31.94 34.66
15.	WITVROUWEN Stijn	03	KAZS BEL	1:14.22	1:07.02	342	32.29 34.73
16.	GEUENS Lars	03	OZV BEL	1:09.76	1:07.37	337	31.87 35.50
17.	VERHOLLE Gilles	03	IKZ BEL	1:09.10	1:07.57	334	32.29 35.28
18.	VAN EETVELDE Kasper	03	AZK BEL	1:08.63	1:07.61	334	32.50 35.11
19.	HAESAERT Elias	03	BZK BEL	1:06.95	1:08.07	327	32.98 35.09
20.	DEFLOOR Emile	03	HZA BEL	1:11.20	1:08.20	325	31.40 36.80
21.	BERGHMANS Sam	03	ZS BEL	1:09.87	1:08.70	318	33.15 35.55

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 42, Jongens, 100m vrije slag, 13 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	
22.	LIECKENS Nolan	03	SHARK BEL	1:07.11	1:08.75	317	32.95	35.80
23.	VAN DROOGENBROECK Niels	03	LAQUA BEL	1:11.29	1:08.80	316	33.38	35.42
24.	LUST Henri	03	AZ BEL	1:09.10	1:08.88	315	32.44	36.44
25.	VANDEPITTE Alexander	03	MEGA BEL	1:13.80	1:09.43	308	33.18	36.25
26.	MENTENS Jarne	03	OZV BEL	1:08.32	1:09.69	304	33.71	35.98
27.	VERSTRAETEN Gihajo	03	OZEKA BEL	1:11.40	1:10.14	299	33.03	37.11
28.	STESMANS Jelle	03	BRABO BEL	1:14.35	1:10.60	293	33.25	37.35
29.	JAROS Arthur	03	STT BEL	1:11.10	1:10.89	289	33.87	37.02
30.	DE DEYNE Kasper	03	MEGA BEL	1:12.52	1:11.65	280	35.60	36.05
31.	CAMPS Viktor	03	STT BEL	1:17.62	1:11.67	280	33.90	37.77
32.	DE DOBBELAERE Raf	03	MEGA BEL	1:15.32	1:11.76	279	35.20	36.56
dis	VAN NIEUWENHOVEN Joran	03	LAQUA BEL	1:08.61				
	SW 4.4 - valse start							
dis	VYNCKE Milan	03	MEGA BEL	1:10.70				
	SW 4.4 - valse start							

14 jaar

1.	FRANCKX Stan	02	TZ BEL	57.89	56.70	566	27.63	29.07
2.	VAN SYNGHEL Noah	02	OZEKA BEL	59.40	58.52	515	28.17	30.35
3.	GANTOIS Olivier	02	MEGA BEL	1:00.89	59.01	502	28.65	30.36
4.	MOYENS Lennert	02	SHARK BEL	1:00.42	59.68	485	28.42	31.26
5.	VAN HOREN Senne	02	ZNA BEL	1:00.96	1:00.07	476	29.31	30.76
6.	SEMPELS Gilles	02	STT BEL	1:03.33	1:00.62	463	29.83	30.79
7.	LIEKENS Jasper	02	SHARK BEL	1:02.92	1:00.69	461	29.63	31.06
8.	MESKENS Tom	02	SCWR BEL	1:02.43	1:01.03	454	29.36	31.67
9.	EMMERS Jim	02	OZV BEL	1:02.88	1:01.11	452	29.11	32.00
10.	KALLAERT Dries	02	MEGA BEL	1:04.57	1:01.20	450	29.34	31.86
11.	JANSSENS Renzo	02	BRABO BEL	1:02.76	1:01.62	441	29.63	31.99
12.	DEVOLDER Mathis	02	IKZ BEL	1:04.87	1:01.78	437	29.80	31.98
13.	VAN HECKE Maxim	02	DZO BEL	1:05.68	1:02.10	431	30.08	32.02
14.	LEROUX Jef	02	MEGA BEL	1:05.70	1:03.14	410	30.84	32.30
15.	MORELLI Jorgo	02	GZVN BEL	1:06.43	1:03.32	406	30.19	33.13
16.	DE COCK Ward	02	BZK BEL	1:04.62	1:03.55	402	30.53	33.02
17.	DE MEYER Niels	02	BRABO BEL	1:05.54	1:03.66	400	30.98	32.68
18.	BEAUTHIER Killian	02	KVZP BEL	1:04.68	1:03.76	398	30.62	33.14
19.	VAN MIEGHEM Alexander	02	MEGA BEL	1:06.02	1:03.89	395	30.96	32.93
20.	LINGIER Elias	02	ROSC BEL	1:05.63	1:04.15	391	30.42	33.73
21.	BEIRNAERT Brecht	02	STW BEL	1:10.73	1:04.55	383	30.93	33.62
22.	VAN KEMENADE Brent	02	BRABO BEL	1:06.76	1:04.71	380	31.52	33.19
23.	OBRENO Arthur	02	BZK BEL	1:04.94	1:04.85	378	30.99	33.86
24.	SPRUYT Linus	02	ZORO BEL	1:07.61	1:04.88	377	31.19	33.69
25.	GOBERT Sam	02	MEGA BEL	1:09.87	1:05.49	367	31.40	34.09
26.	VAN GORP Jos	02	LAQUA BEL	1:06.68	1:05.72	363	31.96	33.76
27.	BOMANS Jan	02	BRABO BEL	1:05.92	1:05.78	362	31.54	34.24
28.	VAN BAEVEGEM Viktor	02	MEGA BEL	1:09.47	1:05.82	362	31.97	33.85
29.	TRUYEN Ruben	02	DMB BEL	1:09.34	1:05.94	360	31.55	34.39
30.	JACOBS Ben	02	LZV BEL	1:09.06	1:05.99	359	31.66	34.33
31.	QUINTELIER Max	02	LOR BEL	1:05.81	1:06.05	358	31.45	34.60
32.	VANGERVERN Thomas	02	OZV BEL	1:07.87	1:06.73	347	31.45	35.28
33.	DE KEERSMAEKER Arthur	02	BRABO BEL	1:08.76	1:06.78	346	31.71	35.07
34.	DEBLOCK Thomas	02	GOLD BEL	1:11.41	1:07.48	335	32.32	35.16
35.	CHRISTIAENS Gilles	02	AZL BEL	1:07.12	1:08.45	321	31.85	36.60
36.	D'EXELLE Cedric	02	ZS BEL	1:08.65	1:08.80	316	33.18	35.62
37.	VAN LANGENDONCK Tim	02	OZV BEL	1:13.99	1:09.19	311	32.77	36.42
38.	CREYF Tjörven	02	LOR BEL	1:10.12	1:09.55	306	32.78	36.77

Programmanr. 43
7-2-2016 - 13:30

Meisjes, 200m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m			
13 jaar										
1.	WAUTERS Laura	03	STT BEL	2:26.45	2:16.36	568	31.56	34.77	35.24	34.79
2.	DILLEN Jans	03	MOZKA BEL	2:25.35	2:19.27	533	32.98	35.27	35.85	35.17
3.	INKAYA Dalya	03	MEGA BEL	2:28.39	2:19.29	533	32.10	36.14	36.48	34.57
4.	DE WOLF Laura	03	BZK BEL	2:21.88	2:20.58	519	31.45	36.09	37.21	35.83
5.	MORREN Maaïke	03	BEST BEL	2:22.35	2:21.01	514	33.29	36.15	2:21.01	34.57
6.	FEYEN Charlotte	03	BRABO BEL	2:30.79	2:24.91	473	32.75	37.33	38.25	36.58
7.	SNEPPE Diede	03	DDAT BEL	2:26.97	2:25.07	472	33.41	36.19	37.93	37.54
8.	VAN DEUN Elena	03	BRABO BEL	2:29.79	2:25.25	470	32.95	37.47	38.50	36.33
9.	DEMEYER Amandine	03	KZK BEL	2:29.66	2:25.44	468	33.69	36.99	38.40	36.36
10.	VAN LIMBERGEN Luna	03	BRABO BEL	2:35.84	2:26.75	456	33.28	37.63	38.62	37.22
11.	VANDEPUTTE Silke	03	BRABO BEL	2:33.59	2:27.26	451	34.13	37.84	38.52	36.77
12.	FEYS Jana	03	KZK BEL	2:31.41	2:27.39	450	33.46	37.26	39.23	37.44
13.	VANDERBEKE Anouk	03	ROSC BEL	2:32.54	2:27.61	448	34.01	37.99	38.00	37.61
14.	HUYSMANS Britt	03	SHARK BEL	2:30.74	2:28.13	443	32.66	38.58	40.06	36.83
15.	TEIRLINCK Emelie	03	FIRST BEL	2:32.77	2:29.71	429	34.30	38.15	39.80	37.46
16.	DE BEULE Troede	03	BRABO BEL	2:33.01	2:30.14	426	33.87	38.90	39.17	38.20
17.	VAN GORP Lies	03	LAQUA BEL	2:30.62	2:32.17	409	34.18	39.03	39.63	39.33
18.	PAREIJN Luna	03	DMB BEL	2:40.94	2:32.59	405	34.98	39.66	39.82	38.13
19.	LAMOTTE Eva	03	BRABO BEL	2:43.33	2:32.86	403	32.31	39.54	41.32	39.69
20.	VAN DER ELST Leen	03	ZCT BEL	2:39.01	2:33.34	399	34.88	39.18	40.88	38.40
21.	ESPEEL Charlotte	03	RYSK BEL	2:36.33	2:33.75	396	35.92	40.06	39.44	38.33
22.	VANDERBEKE Lisa	03	ROSC BEL	2:40.19	2:34.00	394	34.79	39.41	40.37	39.43
23.	BORGONIE Lisa	03	RZV BEL	2:35.28	2:34.27	392	35.19	40.42	40.04	38.62
24.	PIGEON Kelly	03	KVZP BEL	2:49.43	2:34.36	392	35.47	39.84	40.37	38.68
25.	VAN STEEN Yinthe	03	TZ BEL	2:42.41	2:34.56	390	35.77	40.44	40.74	37.61
26.	DEPREZ Jacobien	03	ZTZ BEL	2:38.52	2:35.13	386	35.97	41.39	40.31	37.46
27.	BRAEKEVELD Jana	03	GOLD BEL	2:44.77	2:35.50	383	35.53	40.59	41.89	37.49
28.	BULTOT Sam	03	ROSC BEL	2:37.86	2:36.80	374	36.77	40.93	40.51	38.59
29.	VAN LANDUYT Bregje	03	MEGA BEL	2:37.51	2:37.49	369	36.32	40.05	41.96	39.16
30.	DAFTARY Sonia	03	BRABO BEL	2:41.84	2:37.79	367	35.44	39.70	41.58	41.07
31.	VAN MULDER Katinka	03	DDAT BEL	2:42.40	2:37.81	366	35.95	41.07	42.27	38.52
32.	SPINCEMAILLE Luna	03	GOLD BEL	2:57.09	2:39.17	357	35.24	41.26	42.48	40.19
33.	DE WILDE Hanne	03	DDAT BEL	2:46.59	2:39.94	352	35.12	41.30	43.41	40.11
FF	HERMANS Emma	03	OZEKA BEL	2:46.33						
FF	VANSTEENKISTE Rhune	03	IKZ BEL	2:39.64						

14 jaar

1.	BEULEN Sophie	02	BZK BEL	2:14.92	2:12.31	622	30.49	33.69	34.32	33.81
2.	QUINTELIER Jade	02	RYSK BEL	2:19.47	2:16.74	564	30.92	35.34	35.54	34.94
3.	MARCENIUK Marijke	02	HZS BEL	2:21.25	2:17.34	556	31.38	35.16	35.89	34.91
4.	VAN WALLENDIAEL Sarah	02	BRABO BEL	2:23.38	2:18.69	540	30.82	36.39	36.44	35.04
5.	REMMERY Anice	02	KZK BEL	2:22.51	2:18.71	540	31.42	35.69	36.71	34.89
6.	DEMEYERE Anouk	02	GOLD BEL	2:23.43	2:19.21	534	30.78	36.07	36.98	35.38
7.	TALLOEN Charlot	02	FIRST BEL	2:25.13	2:19.32	533	32.15	35.35	37.18	34.64
8.	NAEGELS Ankelien	02	BRABO BEL	2:28.00	2:19.68	529	32.99	35.74	36.61	34.34
9.	MARTENS Chloë	02	MEGA BEL	2:21.82	2:19.78	528	33.14	34.82	36.56	35.26
10.	STAES Jolien	02	SHARK BEL	2:32.08	2:22.10	502	31.92	35.97	37.33	36.88
11.	MARTENS Camille	02	OZEKA BEL	2:23.92	2:22.21	501	32.42	36.12	37.23	36.44
12.	SERVERIUS Femke	02	MEGA BEL	2:27.00	2:22.31	500	32.16	36.93	37.29	35.93
13.	DE DUFFELEER Jolien	02	COAST BEL	2:24.96	2:22.51	498	32.27	36.52	37.62	36.10
14.	BUYTAERT Lotte	02	TSZ BEL	2:24.37	2:22.85	494	32.43	36.24	38.18	36.00
15.	VANDERSCHRICK Laura	02	BZK BEL	2:25.54	2:22.93	493	32.03	36.21	37.04	37.65
16.	WULFRANCKE Erin	02	MEGA BEL	2:25.27	2:22.99	493	32.25	37.18	37.45	36.11
17.	WIJNANTS Jasmine	02	SHARK BEL	2:26.47	2:23.03	492	32.34	36.49	37.30	36.90
18.	DE BAERE Anneleen	02	MEGA BEL	2:19.60	2:24.44	478	33.46	37.65	37.61	35.72
19.	MOMMAERTS Nele	02	ZORO BEL	2:23.57	2:24.49	478	33.41	36.88	37.65	36.55
20.	CUYVERS Ella	02	MOZKA BEL	2:30.06	2:24.80	475	33.61	36.93	38.03	36.23
21.	FEYS Jutta	02	TZT BEL	2:34.95	2:24.90	474	33.17	38.25	38.11	35.37
22.	VANDENABEELE Indra	02	GOLD BEL	2:28.82	2:25.00	473	32.96	36.61	37.96	37.47
23.	ROSKIN Lotte	02	TZ BEL	2:37.03	2:25.63	466	33.80	37.80	37.50	36.53
24.	DE HEYDER Lot	02	MEGA BEL	2:28.48	2:26.58	457	33.65	36.77	38.87	37.29
25.	MULKENS Auke	02	TZ BEL	2:32.70	2:26.72	456	34.33	38.88	38.41	35.10
26.	PIETERS Jana	02	HZA BEL	2:34.24	2:27.52	449	33.27	38.02	38.40	37.83

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 43, Meisjes, 200m vrije slag, 14 jaar

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m	
27.	02	KZK	BEL	2:35.58	2:27.96	445	33.24	37.71	38.76	38.25
28.	02	OZV	BEL	2:35.59	2:27.97	445	34.18	38.50	39.30	35.99
29.	02	RYSK	BEL	2:32.64	2:28.20	443	35.78	38.77	38.78	34.87
30.	02	SCZ	BEL	2:27.52	2:28.69	438	33.65	37.30	39.63	38.11
31.	02	AST	BEL	2:27.61	2:29.01	435	33.09	38.68	39.18	38.06
32.	02	DZO	BEL	2:38.19	2:29.37	432	33.76	37.81	40.08	37.72
33.	02	KVZP	BEL	2:29.54	2:29.39	432	34.19	37.84	39.10	38.26
34.	02	STW	BEL	2:49.42	2:30.53	422	34.48	38.16	39.06	38.83
35.	02	COAST	BEL	2:31.93	2:30.81	420	34.91	38.54	39.73	37.63
36.	02	FIRST	BEL	2:49.09	2:32.60	405	35.76	39.61	40.06	37.17
37.	02	SHARK	BEL	2:45.50	2:33.09	401	34.22	39.78	40.33	38.76
38.	02	SCZ	BEL	2:31.46	2:34.14	393	32.94	37.92	42.67	40.61
39.	02	DMB	BEL	2:32.43	2:34.42	391	33.96	39.72	40.82	39.92
40.	02	GZVN	BEL	2:35.43	2:36.78	374	34.93	40.59	41.90	39.36
41.	02	IKZ	BEL	2:38.11	2:44.87	321	36.72	42.50	43.38	42.27
FF	02	SHARK	BEL	2:28.64						
FF	02	STT	BEL	2:37.40						

Programmanr. 44
7-2-2016 - 14:00

Jongens, 200m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m	150m	200m	
11 jaar										
1.	05	BZK	BEL	3:02.35	2:31.15	307	35.59	39.74	39.35	36.47
2.	05	GOLD	BEL	2:52.34	2:33.78	291	34.96	40.09	40.76	37.97
3.	05	HZA	BEL	2:42.78	2:34.16	289	35.13	39.28	41.54	38.21
4.	05	ZVL	BEL	2:57.52	2:36.44	277	36.08	40.81	40.98	38.57
5.	05	KAZS	BEL	2:44.82	2:40.24	257	36.92	41.30	41.30	40.72
6.	05	GOLD	BEL	2:53.55	2:41.10	253	37.68	42.26	42.67	39.09
7.	05	GOLD	BEL	2:56.80	2:41.35	252	37.19	41.62	42.79	39.75
8.	05	SHARK	BEL	2:49.01	2:44.06	240	36.59	42.78	42.98	41.71
9.	05	DIZV	BEL	2:57.11	2:45.26	235	37.92	43.67	43.61	40.06
10.	05	SHARK	BEL	2:54.72	2:47.49	225	37.66	42.90	44.84	42.09
11.	05	FIRST	BEL	3:20.83	2:49.88	216	37.40	44.85	45.52	42.11
12.	05	ZGEEEL	BEL	2:57.70	2:50.30	214	38.05	44.67	44.92	42.66
13.	05	MEGA	BEL	3:18.34	2:50.50	214	39.79	45.22	45.10	40.39
14.	05	HZS	BEL	3:03.05	2:50.92	212	38.68	44.11	46.57	41.56
15.	05	ZCK	BEL	3:06.72	2:52.60	206	37.24	45.52	47.90	41.94
16.	05	BRABO	BEL	3:11.97	2:53.36	203	38.97	45.18	45.47	43.74
17.	05	SHARK	BEL	2:56.50	2:53.95	201	38.47	44.54	46.53	44.41
18.	05	ZS	BEL	3:02.01	2:54.04	201	41.28	44.81	45.90	42.05
19.	05	FIRST	BEL	3:00.98	2:54.24	200	40.69	45.22	47.35	40.98
20.	05	LAQUA	BEL	3:11.12	2:54.35	200	40.22	46.52	46.80	40.81
21.	05	BRABO	BEL	3:16.78	2:54.49	199	39.63	46.47	47.05	41.34
22.	05	DDAT	BEL	3:01.66	2:54.89	198	37.35	46.74	46.63	44.17
23.	05	BEST	BEL	2:54.70	2:59.35	183	40.82	48.68	47.65	42.20
24.	05	GZVN	BEL	3:09.07	3:01.45	177	41.55	46.62	45.76	47.52
25.	05	ZS	BEL	3:09.47	3:01.93	176	41.28	47.58	48.49	44.58
26.	05	ISWIM	BEL	3:25.34	3:02.92	173	40.25	48.07	47.87	46.73
27.	05	LAQUA	BEL	3:07.49	3:05.03	167	41.10	48.05	49.94	45.94
28.	05	IKZ	BEL	3:25.09	3:06.71	163	41.25	50.75	50.24	44.47
29.	05	SHARK	BEL	3:15.97	3:08.76	157	41.47	50.21	49.12	47.96
30.	05	IKZ	BEL	3:26.79	3:25.96	121	45.24	54.44	55.15	51.13
31.	05	LAQUA	BEL	3:13.70	3:29.51	115	46.32	53.76	57.49	51.94
FF	05	DDAT	BEL	3:19.82						
FF	05	FIRST	BEL	3:04.12						

Programmanr. 44, Jongens, 200m vrije slag

12 jaar

Rang	Nam	Geb.	Land	Tijd	Pnt	50m	100m	150m	200m	
1.	VANDE CASTEELE Bjarne	04	GOLD BEL	2:29.57	2:23.13	361	33.41	37.54	37.58	34.60
2.	DEVOLDERE Henri	04	KZK BEL	2:28.37	2:23.14	361	33.63	37.23	37.63	34.65
3.	LAUREYSSENS Daniel	04	ZS BEL	2:36.60	2:25.08	347	34.05	37.54	38.35	35.14
4.	SERDONS Tade	04	GZVN BEL	2:36.07	2:29.42	318	34.36	38.73	2:29.42	36.92
5.	CASTEUR Xander	04	GOLD BEL	2:48.31	2:29.49	317	33.96	38.24	39.56	37.73
6.	WANTEN Bernd	04	BRABO BEL	2:41.46	2:29.57	317	33.95	38.20	39.62	37.80
7.	DUJARDIN Goan	04	GOLD BEL	2:41.77	2:31.27	306	34.14	39.58	39.94	37.61
8.	WOUTERS Luka	04	HZA BEL	2:33.22	2:31.43	305	34.85	38.77	39.51	38.30
9.	COLMAN Arjen	04	DZO BEL	2:39.70	2:31.47	305	34.75	39.38	39.83	37.51
10.	ADAMS Lucas	04	MEGA BEL	2:48.75	2:31.79	303	34.82	39.56	39.87	37.54
11.	DESIMPELAERE Miguel	04	GOLD BEL	2:42.03	2:33.26	294	35.92	39.43	40.41	37.50
12.	MABBE Elian	04	GOLD BEL	2:43.17	2:33.32	294	35.44	40.58	39.97	37.33
13.	DELEEBEECK Arne	04	BRABO BEL	2:43.06	2:34.03	290	34.74	39.43	41.14	38.72
14.	VANNIEUWENHUYZE Arthur	04	ISWIM BEL	2:43.12	2:35.02	284	36.31	39.47	40.58	38.66
15.	EL BERGUI Samy	04	DIZV BEL	2:42.44	2:36.01	279	35.57	40.84	41.72	37.88
16.	ZWIJNS Kevin	04	ZS NED	2:48.20	2:36.05	279	36.10	41.79	41.00	37.16
17.	PROVOOST Nils	04	TZT BEL	2:44.54	2:36.91	274	36.45	40.54	41.37	38.55
18.	KALOGEROPOULOS Zeno	04	BRABO BEL	2:48.77	2:37.02	274	35.34	40.82	41.69	39.17
19.	VAN DE WALLE Robbe	04	AZ BEL	2:49.64	2:37.09	273	36.07	40.12	41.26	39.64
20.	DIDDENS Senne	04	ZCK BEL	2:52.28	2:38.16	268	35.29	41.00	42.18	39.69
21.	CLIJSTERS Jef	04	LAQUA BEL	3:04.44	2:38.70	265	36.06	41.10	42.31	39.23
22.	DE CORTE Simon	04	BZK BEL	2:54.90	2:38.97	264	37.25	42.81	39.98	38.93
23.	RESTIAU Robbe	04	ZS BEL	2:56.10	2:39.17	263	36.74	42.25	41.58	38.60
24.	HILLAERT Tibo	04	FIRST BEL	2:48.71	2:39.56	261	36.08	40.67	42.14	40.67
25.	HEREMANS Nino	04	HZA BEL	3:04.85	2:40.00	259	36.63	42.54	42.12	38.71
26.	MULKENS Bavo	04	LAQUA BEL	2:56.55	2:40.22	258	37.73	41.00	41.98	39.51
27.	CAMERLYNCK Mathias	04	KVZP BEL	2:56.53	2:40.42	257	36.77	41.15	41.90	40.60
28.	CRIEL Alvaro Nesta	04	MEGA BEL	2:50.26	2:41.74	250	37.35	42.14	42.25	40.00
29.	MATTHIJS Laurenz	04	SCZ BEL	2:58.14	2:42.94	245	36.64	42.62	43.80	39.88
30.	SAPIJN Kobe	04	FIRST BEL	2:51.87	2:45.05	236	39.58	42.81	43.76	38.90
31.	PEETERS Tijs	04	ZOLA BEL	2:56.69	2:46.48	229	35.15	42.70	44.90	43.73
32.	HAUTEKIET Loeka	04	BZK BEL	2:53.90	2:47.55	225	37.02	45.10	44.23	41.20
33.	DEKIMPE Dries	04	STT BEL	2:58.23	2:49.62	217	38.40	44.42	44.97	41.83
34.	LEROUX Wout	04	MEGA BEL	2:52.15	2:50.46	214	39.42	44.81	44.64	41.59

Programmanr. 45
7-2-2016 - 14:32

Meisjes, 200m wisselslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Nam	Geb.	Land	Tijd	Pnt	50m	100m	150m	200m	
11 jaar										
1.	WITTEMANS Mit	05	ZCT BEL	2:59.17	2:56.97	362	38.24	46.96	50.68	41.09
2.	DEBROUWER Sarah	05	RYSC BEL	3:13.52	3:01.69	334	42.82	47.95	53.25	37.67
3.	HUYS Jorinde	05	GZVN BEL	3:14.85	3:01.74	334	42.96	46.34	51.88	40.56
4.	OLLEVIER Mado	05	ISWIM BEL	3:17.23	3:03.08	327	40.94	46.87	55.09	40.18
5.	MAESEN Roos	05	DMB BEL	3:19.74	3:04.86	317	38.56	48.00	55.61	42.69
6.	AUGUSTIJNS Jill	05	SHARK BEL	3:18.97	3:05.35	315	40.47	49.29	55.45	40.14
7.	CORSTJENS Hanne	05	DMB BEL	3:27.71	3:05.98	312	42.49	49.45	50.45	43.59
8.	BERX Marit	05	STT BEL	3:27.71	3:07.68	303	42.85	47.71	55.11	42.01
9.	VAN IMSCHOOT Emma	05	FIRST BEL	3:30.25	3:09.27	296	46.29	49.19	54.31	39.48
10.	SEMPELS Aurélie	05	STT BEL	3:17.14	3:09.47	295	43.76	50.10	51.20	44.41
11.	DRIESEN Amber	05	DMB BEL	3:30.25	3:09.68	294	41.91	47.67	59.27	40.83
12.	VANDERKRIEKEN Frauke	05	BEST BEL	3:23.84	3:10.36	291	41.29	47.68	59.22	42.17
13.	DE VELDER Maya	05	FIRST BEL	3:24.42	3:10.51	290	38.26	49.22	58.20	44.83
14.	PEETERS Eva	05	SHARK BEL	3:21.86	3:11.86	284	45.44	49.24	55.40	41.78
15.	VANMEENEN Laura	05	ISWIM BEL	3:18.93	3:12.51	281	46.22	51.37	52.40	42.52
16.	VANMEENEN Sara	05	ISWIM BEL	3:27.71	3:15.62	268	47.56	50.95	53.99	43.12
17.	DE CARNE Mila	05	FIRST BEL	3:32.48	3:16.09	266	45.97	50.84	56.70	42.58
18.	JACOBS Ella	05	LZV BEL	3:29.37	3:16.36	265	46.68	48.22	58.36	43.10
19.	VANDEPUTTE Jade	05	IKZ BEL	3:32.45	3:16.83	263	43.09	50.42	56.61	46.71
20.	GOBERT Lies	05	MEGA BEL	3:26.72	3:17.03	262	43.83	54.41	53.14	45.65
21.	RAECKE Jana	05	BZK BEL	3:29.53	3:18.56	256	46.95	50.00	58.07	43.54
22.	HAUS Josephine	05	ISWIM BEL	3:28.96	3:19.11	254	41.82	52.19	1:01.01	44.09
23.	GEEROMS Floor	05	SCZ BEL	3:35.35	3:19.97	251	46.23	54.05	55.18	44.51
24.	RAEMDONCK Benthe-Marie	05	FIRST BEL	3:30.57	3:20.09	250	47.71	50.47	54.85	47.06

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 45, Meisjes, 200m wisselslag, 11 jaar

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m				
25.	DE WILDE Noor	05	DDAT	BEL	3:25.59	3:20.59	248	47.73	49.81	57.11	45.94
26.	VAN DE KEERE Anna	05	ZTZ	BEL	3:20.51	3:21.07	246	46.89	52.39	55.92	45.87
27.	GEYSKENS Sophie	05	LOR	BEL	3:30.57	3:24.43	234	44.52	50.73	1:00.51	48.67
28.	ROOMAN Sarah	05	BRABO	BEL	3:33.94	3:27.59	224	52.42	51.00	59.08	45.09
29.	DELHOUTE Yana	05	TZ	BEL	3:34.64	3:27.95	223	50.40	59.29	53.88	44.38
30.	LAMBEETS Lina	05	STT	BEL	3:32.23	3:29.44	218	47.08	54.58	1:00.87	46.91
31.	VAN DE KEERE Fleur	05	ZTZ	BEL	3:29.39	3:37.78	194	49.09	54.76	1:01.77	52.16
dis	PARDON Maite	05	TZ	BEL	3:19.74						
	<i>SW 6.6.a - Bij aankomst muur niet aangetikt in rugligging</i>										
dis	ALLOSSERIE Nina	05	IKZ	BEL	3:31.21						
	<i>SW 8.2.a - armen niet boven water naar voor gebracht</i>										

12 jaar

1.	LIPPENS Karo	04	STW	BEL	2:46.77	2:41.01	480	33.82	42.90	47.98	36.31
2.	MAEREVOET Marie	04	SHARK	BEL	2:42.66	2:41.14	479	32.89	44.21	46.86	37.18
3.	VANHAUWAERT Lotte	04	ROSC	BEL	2:46.36	2:41.92	472	34.26	44.69	46.48	36.49
4.	TRUYE Alexine	04	GOLD	BEL	2:58.04	2:46.58	434	37.48	43.36	47.46	38.28
5.	DEHAUDT Malou	04	GOLD	BEL	2:47.08	2:48.22	421	34.80	44.61	49.94	38.87
6.	AVALOS LLERENA Diana	04	TZ	BEL	2:58.91	2:49.72	410	35.77	45.73	50.28	37.94
7.	DORNEZ Febe	04	ZTZ	BEL	2:48.67	2:50.11	407	36.42	46.65	47.87	39.17
8.	TROP Yana	04	SHARK	BEL	3:01.99	2:50.85	402	35.94	48.81	47.77	38.33
9.	LAUWERS Jitske	04	TZ	BEL	2:58.36	2:51.06	401	34.38	46.12	51.77	38.79
10.	JANSSEN Sien	04	DMB	BEL	3:05.84	2:54.33	378	37.85	44.55	50.93	41.00
11.	DINNEWETH Axelle	04	ZTZ	BEL	2:59.47	2:54.75	376	39.42	45.82	48.46	41.05
12.	PRESENT Annika	04	STW	BEL	2:53.56	2:55.77	369	37.69	47.86	52.07	38.15
13.	KELCHTERMANS Laura	04	HZS	BEL	2:56.93	2:56.46	365	39.15	45.59	52.64	39.08
14.	TOMCSIK Kira	04	TZ	HUN	2:54.83	2:57.68	357	38.81	45.82	53.42	39.63
15.	VERMOERE Sarah	04	KZK	BEL	2:57.89	2:57.77	357	40.50	46.87	50.31	40.09
16.	LINGIER Loes	04	BZK	BEL	3:11.24	2:58.87	350	42.22	47.08	50.02	39.55
17.	LEYTEN Hannelore	04	ZGEEL	BEL	3:00.44	2:59.60	346	40.76	47.80	49.28	41.76
18.	THIJSSSEN Hanne	04	HZS	BEL	2:58.70	2:59.66	346	39.56	48.73	52.41	38.96
19.	BOGAERTS Aisha	04	SCZ	BEL	2:54.52	2:59.95	344	40.05	44.91	55.89	39.10
20.	ANGELLIER Liloue	04	ZCT	BEL	3:12.65	3:00.53	341	42.09	46.78	53.71	37.95
21.	KEPPENS Mare	04	AZL	BEL	3:05.91	3:01.87	333	39.52	47.52	55.25	39.58
22.	STRUYF Lieselot	04	HZA	BEL	3:10.60	3:02.26	331	43.67	48.15	52.08	38.36
23.	WELS Evy	04	GZVN	BEL	3:31.31	3:02.80	328	41.28	49.17	52.03	40.32
24.	MICHELIS Lieke	04	LWB	BEL	3:20.80	3:02.89	328	42.47	48.54	50.66	41.22
25.	PUTTAERT Elien	04	DDAT	BEL	3:09.24	3:03.99	322	41.09	47.49	53.45	41.96
26.	NEVELSTEEN Yanah	04	ZGEEL	BEL	3:02.71	3:05.80	312	43.08	44.71	57.57	40.44
27.	DE BACKER Marie	04	ZTZ	BEL	3:17.01	3:06.64	308	40.82	49.61	54.71	41.50
28.	LETERME Margo	04	IKZ	BEL	3:05.42	3:06.81	307	40.58	49.29	53.78	43.16
29.	WIJNANTS Eveline	04	SHARK	BEL	3:23.69	3:06.91	307	40.10	52.93	54.08	39.80
30.	VANDECASTEELE Sara	04	OZEKA	BEL	3:20.46	3:07.57	304	41.83	45.19	56.79	43.76

Programmanr. 46
7-2-2016 - 15:02

Jongens, 200m schoolslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m	150m	200m				
1.	VANDECASTEELE Matis	03	GOLD	BEL	3:05.55	2:53.46	392	38.74	45.18	45.72	43.82
2.	VAN KEER Yoran	03	LAQUA	BEL	3:02.91	2:56.74	371	39.54	45.46	46.15	45.59
3.	AUSLOOS Jens	03	KAZS	BEL	3:06.86	3:00.35	349	40.10	45.88	47.14	47.23
4.	GIELEN Yordi	03	DMB	BEL	3:10.87	3:06.04	318	41.21	47.85	48.82	48.16
5.	VANDEPITTE Alexander	03	MEGA	BEL	3:12.94	3:08.24	307	42.18	47.50	49.29	49.27
6.	MARESCAU Quinten	03	ZCK	BEL	3:19.76	3:14.87	276	43.26	51.09	51.02	49.50
7.	CAMPS Viktor	03	STT	BEL	3:27.54	3:15.78	273	44.07	50.52	51.29	49.90
8.	VLAMIJNCK Robin	03	AZ	BEL	3:29.04	3:16.74	269	45.15	51.10	50.62	49.87
dis	LAVDANITI Zhulian Xhoi	03	ZS	ALB	3:17.20						
	<i>SW 7.5.c - Afwisselende beenbewegingen of neerwaartse beenbewegingen vlinder (behalve zoals beschreven onder SW 7.</i>										

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 46, Jongens, 200m schoolslag

14 jaar

1.	CLAEYS Arthur	02	AZ	BEL	2:51.10	2:44.01	464	37.38	41.59	42.22	42.82
2.	VRIENS Arne	02	AZV	BEL	2:51.78	2:46.59	443	36.98	42.75	43.03	43.83
3.	CALLEWAERT Matisse	02	GOLD	BEL	2:48.01	2:47.53	435	36.82	43.28	44.22	43.21
4.	HERREGODTS Siebe	02	ZNA	BEL	2:58.70	2:48.21	430	38.29	43.01	43.47	43.44
5.	EMMERS Jim	02	OZV	BEL	2:55.64	2:48.53	428	38.24	43.59	43.58	43.12
6.	DEJONGHE Arnaud	02	COAST	BEL	2:55.55	2:49.84	418	38.32	44.34	44.33	42.85
7.	THIJSSSEN Robbe	02	HZS	BEL	2:51.58	2:49.96	417	38.82	43.63	43.66	43.85
8.	VOLDERS Aiken	02	BEST	BEL	2:59.57	2:50.83	410	38.76	45.03	45.43	41.61
9.	VOGLAR Robbe	02	DMB	BEL	2:57.90	2:50.90	410	38.94	44.08	44.51	43.37
10.	JANSEN Michiel	02	BRABO	BEL	2:55.90	2:52.46	399	37.91	44.33	45.57	44.65
11.	SPRUYT Linus	02	ZORO	BEL	3:01.83	2:52.87	396	39.42	44.50	44.38	44.57
12.	JANSSSENS Renzo	02	BRABO	BEL	3:15.78	2:53.17	394	38.78	44.19	45.65	44.55
13.	RAETS Sander	02	BRABO	BEL	3:01.85	2:55.80	377	40.00	45.88	45.85	44.07
14.	BEAUTHIER Killian	02	KVZP	BEL	2:59.64	2:56.93	369	39.91	46.16	45.98	44.88
15.	DEMUYNCK Thibaut	02	GOLD	BEL	3:07.95	2:58.36	361	39.55	46.22	46.74	45.85
16.	JACOBS Ben	02	LZV	BEL	3:13.84	3:03.14	333	41.03	47.82	47.54	46.75
17.	DE CUYPER Tibo	02	HZA	BEL	3:16.25	3:07.54	310	41.11	48.73	49.08	48.62
18.	DEBLOCK Thomas	02	GOLD	BEL	3:17.07	3:10.68	295	42.37	49.52	50.13	48.66

Programmanr. 47
7-2-2016 - 15:18

Meisjes, 100m rugslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	Pnt	50m	100m				
13 jaar									
1.	VANDEPUTTE Silke	03	BRABO	BEL	1:14.32	1:12.62	512	35.47	37.15
2.	SNEPPE Diede	03	DDAT	BEL	1:15.36	1:15.05	464	36.96	38.09
3.	CLAES Lieselotte	03	ZCT	BEL	1:16.37	1:15.90	449	36.34	39.56
4.	VAN STEEN Yinthe	03	TZ	BEL	1:22.11	1:16.03	446	37.32	38.71
5.	MORREN Maaïke	03	BEST	BEL	1:16.82	1:17.62	419	38.72	38.90
6.	DEMEYER Amandine	03	KZK	BEL	1:20.10	1:17.72	418	38.01	39.71
7.	DELCOMMUNE Wiebe	03	ZCT	BEL	1:21.96	1:18.26	409	38.02	40.24
8.	DAEMEN Emma	03	DMB	BEL	1:21.65	1:18.47	406	37.94	40.53
9.	RUIGE Flore	03	STW	BEL	1:18.96	1:18.55	405	38.13	40.42
10.	INKAYA Dalya	03	MEGA	BEL	1:20.00	1:18.87	400	38.46	40.41
11.	DE BEULE Troede	03	BRABO	BEL	1:22.25	1:18.91	399	38.39	40.52
12.	MOENS Joyce	03	DZO	BEL	1:21.40	1:19.01	398	38.53	40.48
13.	KEULEMANS Zsofi	03	MEGA	BEL	1:18.18	1:19.10	396	38.09	41.01
14.	FEYS Jana	03	KZK	BEL	1:19.85	1:19.29	393	38.20	41.09
15.	VAN TILBURG Dauwe	03	ZCK	BEL	1:23.21	1:19.40	392	37.86	41.54
16.	VANDERBEKE Anouk	03	ROSC	BEL	1:23.18	1:19.51	390	38.76	40.75
17.	CARLIER Silke	03	ZCK	BEL	1:23.10	1:19.55	389	38.52	41.03
18.	PAREIJN Luna	03	DMB	BEL	1:23.93	1:19.74	387	39.12	40.62
19.	DE WILDE Hanne	03	DDAT	BEL	1:22.02	1:20.35	378	39.02	41.33
20.	DE BAER Eline	03	BRABO	BEL	1:22.58	1:20.77	372	39.27	41.50
21.	VAN GORP Lies	03	LAQUA	BEL	1:26.01	1:21.60	361	39.84	41.76
22.	VAN DEUN Elena	03	BRABO	BEL	1:21.64	1:21.79	358	39.92	41.87
23.	VAN MULDER Katinka	03	DDAT	BEL	1:24.90	1:21.83	358	39.70	42.13
24.	DAFTARY Sonia	03	BRABO	BEL	1:20.54	1:22.00	356	38.67	43.33
25.	TEIRLINCK Emelie	03	FIRST	BEL	1:21.67	1:22.05	355	39.23	42.82
26.	SPINCEMAILLE Luna	03	GOLD	BEL	1:25.07	1:22.50	349	40.38	42.12
27.	DEPREZ Jacobien	03	ZTZ	BEL	1:31.39	1:23.13	341	40.29	42.84
28.	BRAEKEVELD Jana	03	GOLD	BEL	1:21.41	1:23.88	332	40.74	43.14
29.	HAESAERT Isabeau	03	BZK	BEL	1:25.40	1:24.41	326	41.71	42.70
30.	PIGEON Kelly	03	KVZP	BEL	1:28.23	1:25.36	315	41.09	44.27
FF	HERMANS Emma	03	OZEKA	BEL	1:26.53				

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 47, Meisjes, 100m rugslag

14 jaar

1.	VANDEBUSSCHE Indra	02	BZK	BEL	1:08.41	1:06.14	678	32.21	33.93
2.	VAN WALLENDIAEL Sarah	02	BRABO	BEL	1:11.00	1:09.10	595	33.78	35.32
3.	VANDERSCHRICK Laura	02	BZK	BEL	1:10.37	1:10.98	548	34.49	36.49
4.	TALLOEN Charlot	02	FIRST	BEL	1:14.03	1:11.13	545	35.06	36.07
5.	DE CARNE Lara	02	FIRST	BEL	1:12.44	1:11.57	535	35.05	36.52
6.	BOURGOIS Karo	02	COAST	BEL	1:14.95	1:11.94	527	35.76	36.18
7.	MATTHIJS Dauphine	02	SCZ	BEL	1:13.94	1:13.36	497	34.74	38.62
8.	DE BAERE Pauline	02	STW	BEL	1:15.94	1:13.38	496	36.07	37.31
9.	TAECKE Ine	02	COAST	BEL	1:14.69	1:13.40	496	35.36	38.04
10.	SERVERIUS Femke	02	MEGA	BEL	1:15.13	1:13.41	496	35.59	37.82
11.	BRISSINCK Justine	02	ROSC	BEL	1:16.22	1:14.00	484	36.26	37.74
12.	ARNOUT Fien	02	RYSC	BEL	1:16.38	1:14.16	481	35.63	38.53
13.	DEMEYERE Anouk	02	GOLD	BEL	1:18.28	1:14.86	467	35.98	38.88
14.	CUYVERS Ella	02	MOZKA	BEL	1:19.71	1:15.67	453	36.73	38.94
15.	MOMMAERTS Nele	02	ZORO	BEL	1:18.66	1:16.79	433	38.30	38.49
16.	NAEGELS Ankelien	02	BRABO	BEL	1:16.06	1:17.12	428	37.50	39.62
17.	MARTENS Chloë	02	MEGA	BEL	1:18.19	1:18.34	408	38.37	39.97
18.	VAN MINGEROET Silken	02	DZO	BEL	1:21.09	1:18.79	401	38.15	40.64
19.	VAN HECKE Britt	02	AZL	BEL	1:21.17	1:19.32	393	38.60	40.72
20.	MATHYS Jana	02	FIRST	BEL	1:23.14	1:19.98	383	39.22	40.76
21.	VANDEN NOORTGATE Iona	02	FIRST	BEL	1:18.71	1:20.51	376	38.97	41.54
22.	VAERENBERG Marlies	02	ZCT	BEL	1:25.99	1:20.64	374	39.12	41.52
23.	FEYS Jutta	02	TZT	BEL	1:22.86	1:21.09	368	39.40	41.69
24.	DESCAMPS Axelle	02	KZK	BEL	1:21.85	1:21.12	367	38.61	42.51
25.	THEUWIS Rune	02	OZV	BEL	1:20.26	1:21.65	360	39.74	41.91
26.	BOGAERTS Luna	02	SCZ	BEL	1:22.98	1:22.66	347	40.22	42.44
27.	VANGELOVEN Anisha	02	DMB	BEL	1:23.57	1:23.49	337	39.97	43.52
28.	WULFRANCKE Erin	02	MEGA	BEL	1:28.04	1:23.92	332	41.22	42.70
29.	DEMEESTERE Liza	02	IKZ	BEL	1:21.42	1:24.36	327	40.78	43.58
30.	KIAMI Pauline	02	KVZP	BEL	1:25.77	1:24.52	325	41.19	43.33
FF	VANDEKERKHOF Merle	02	DMB	BEL	1:17.78				
FF	THIELEMANS Laure	02	STT	BEL	1:24.87				

Programmanr. 48
7-2-2016 - 15:32

Jongens, 100m vlinderslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.			Tijd	Pnt	50m	100m		
11 jaar									
1.	VAN CLEVEN Thijs	05	BZK	BEL	1:19.16	1:15.91	282	35.91	40.00
2.	TALLOEN Sander	05	FIRST	BEL	1:30.83	1:18.04	260	35.96	42.08
3.	SCHOTTE Edward	05	ISWIM	BEL	1:32.84	1:23.30	213	38.00	45.30
4.	PELGRIMS-RENS Yorben	05	KAZS	BEL	1:28.73	1:25.10	200	39.82	45.28
5.	VERREET Milan	05	SHARK	BEL	1:36.40	1:29.68	171	40.94	48.74
6.	POLLET Rohan	05	DDAT	BEL	1:48.80	1:31.04	163	41.17	49.87
7.	RYCKAERT Milan	05	ISWIM	BEL	1:57.56	1:32.48	156	40.85	51.63
8.	WOUTERS Jordi	05	SHARK	BEL	1:36.87	1:33.63	150	42.87	50.76
9.	DEHAUDT Fernando	05	GOLD	BEL	1:45.53	1:34.88	144	43.33	51.55
10.	CLOES Stef	05	BEST	BEL	1:45.93	1:39.33	126	44.48	54.85
11.	VARANO Agostino	05	DIZV	BEL	1:41.00	1:42.87	113	44.69	58.18
12.	BIGGS Calvin	05	LAQUA	GBR	1:50.76	1:43.36	111	47.14	56.22
13.	FERYN Tibbe	05	ZCK	BEL	1:53.75	1:44.16	109	46.65	57.51
14.	HERMAN Aidan	05	FIRST	BEL	1:52.43	1:44.57	108	46.72	57.85
FF	ROTTIERS Boris	05	FIRST	BEL	1:50.35				

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 48, Jongens, 100m vlinderslag

12 jaar

Rang	Naam	Geb.	Club	Nat.	Tijd	Pnt	50m	100m	
1.	LAUREYSSSENS Daniel	04	ZS	BEL	1:18.79	1:14.42	300	35.29	39.13
2.	DEVOLDERE Henri	04	KZK	BEL	1:16.49	1:15.86	283	35.37	40.49
3.	HILLAERT Tibo	04	FIRST	BEL	1:24.01	1:16.90	271	35.53	41.37
4.	SERDONS Tade	04	GZVN	BEL	1:30.74	1:19.09	249	36.90	42.19
5.	VERBEEK Sem	04	SHARK	BEL	1:25.90	1:21.29	230	37.08	44.21
6.	ADAMS Lucas	04	MEGA	BEL	1:33.96	1:21.86	225	38.71	43.15
7.	EL BERGUI Samy	04	DIZV	BEL	1:21.68	1:23.41	213	37.89	45.52
8.	WEYTS Milan	04	STW	BEL	1:48.87	1:23.95	209	37.84	46.11
9.	TANGHE Kasper	04	BRABO	BEL	1:26.66	1:24.48	205	38.75	45.73
10.	ROTTIERS Ignace	04	ZS	BEL	1:24.19	1:24.55	204	38.51	46.04
11.	CLAEYS Oscar	04	AZ	BEL	1:27.72	1:25.09	200	38.47	46.62
12.	SAIDI Yassin	04	BRABO	BEL	1:32.52	1:25.20	199	40.36	44.84
13.	OOMS Jonah	04	ZBM	BEL	1:28.22	1:25.25	199	39.94	45.31
14.	RUIGE Matisse	04	STW	BEL	1:28.73	1:27.52	184	40.64	46.88
15.	COLMAN Ruben	04	DZO	BEL	1:33.67	1:28.97	175	40.69	48.28
16.	VANHOLLEBEKE Maxence	04	ZNA	BEL	1:34.81	1:30.47	166	40.54	49.93
17.	ALAMI Noah	04	AZL	BEL	1:35.49	1:31.88	159	39.76	52.12
18.	CAMERLYNCK Mathias	04	KVZP	BEL	1:41.34	1:39.29	126	44.21	55.08
dis	CRIEL Alvaro Nesta	04	MEGA	BEL	1:42.15				
	<i>SW 4.4 - valse start</i>								
FF	VAN ERMEN Alexander	04	LOR	BEL	1:21.95				

Programmanr. 49
7-2-2016 - 15:42

Meisjes, 100m rugslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang	Naam	Geb.	Club	Nat.	Tijd	Pnt	50m	100m	
11 jaar									
1.	DELCOMMUNE Zinke	05	ZCT	BEL	1:20.59	1:17.51	421	37.41	40.10
2.	VANOTTERDIJK Roos	05	ZWIM	BEL	1:26.74	1:20.57	375	39.74	40.83
3.	VAN IMSCHOOT Emma	05	FIRST	BEL	1:34.45	1:25.50	314	42.96	42.54
4.	JACOBS Ella	05	LZV	BEL	1:39.42	1:25.98	308	42.19	43.79
5.	VANDENBERGHE Hannah	05	ISWIM	BEL	1:31.54	1:26.05	308	42.11	43.94
6.	MATTEUWS Lie	05	MEGA	BEL	1:30.48	1:26.18	306	41.55	44.63
7.	PARDON Maite	05	TZ	BEL	1:36.14	1:26.27	305	41.09	45.18
8.	FEYEN Lindsay	05	BRABO	BEL	1:31.42	1:27.29	295	42.97	44.32
9.	DAEMS Lotte	05	ZCK	BEL	1:34.18	1:27.46	293	42.70	44.76
10.	MAESEN Roos	05	DMB	BEL	1:34.15	1:28.39	284	43.23	45.16
11.	VANDENBRANDEN Eline	05	ZCK	BEL	1:31.53	1:28.66	281	43.00	45.66
12.	OLLEVIER Mado	05	ISWIM	BEL	1:34.55	1:28.71	281	41.93	46.78
13.	PEETERS Eva	05	SHARK	BEL	1:38.01	1:29.15	277	44.55	44.60
14.	DE VELDER Maya	05	FIRST	BEL	1:38.00	1:30.14	268	44.62	45.52
15.	BERX Marit	05	STT	BEL	1:30.71	1:30.23	267	43.99	46.24
16.	DRIESEN Amber	05	DMB	BEL	1:48.37	1:30.30	266	44.07	46.23
17.	VANDEPUTTE Jade	05	IKZ	BEL	1:47.50	1:30.87	261	43.81	47.06
18.	VANDERKRIEKEN Frauke	05	BEST	BEL	1:41.65	1:31.16	259	44.41	46.75
19.	SEMPELS Aurélie	05	STT	BEL	1:33.00	1:31.76	254	44.84	46.92
20.	CORSTJENS Hanne	05	DMB	BEL	1:41.79	1:31.86	253	43.66	48.20
21.	ANTHONI Amelie	05	BRABO	BEL	1:37.30	1:32.64	246	45.22	47.42
22.	SWYNGEDOUW Emma	05	FIRST	BEL	1:44.00	1:34.78	230	45.59	49.19
23.	STALLAERT Tessa	05	ZCK	BEL	1:38.89	1:35.36	226	46.47	48.89
24.	DE WILDE Noor	05	DDAT	BEL	1:39.21	1:35.62	224	46.66	48.96
25.	DE CARNE Mila	05	FIRST	BEL	1:43.43	1:36.34	219	48.08	48.26
26.	HAUS Josephine	05	ISWIM	BEL	1:44.78	1:37.34	212	48.12	49.22
27.	MIGNAUW Laura	05	GOLD	BEL	1:45.54	1:37.36	212	47.72	49.64
28.	VANDEN BERGHE Auke	05	ZB	BEL	1:48.19	1:37.70	210	49.14	48.56
29.	RAEMDONCK Benthe-Marie	05	FIRST	BEL	1:45.75	1:38.70	204	48.80	49.90
30.	VAN DE KEERE Fleur	05	ZTZ	BEL	1:41.27	1:38.77	203	48.49	50.28
31.	LAMBEETS Lina	05	STT	BEL	1:40.57	1:40.55	193	48.08	52.47
32.	CORNELISSEN Zita	05	BRABO	BEL	1:55.02	1:41.44	188	48.46	52.98
33.	MILISSEN Nore	05	STT	BEL	1:44.30	1:42.96	179	49.77	53.19
dis	NOELS Louise	05	ZCT	BEL	1:45.96				

SW 6.4.b - Lichaam volledig onder water, uitgezonderd de eerste 15m na S of KP

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 49, Meisjes, 100m rugslag, 11 jaar

Rang	Geb.	Tijd	Pnt	50m	100m
dis WAUTERS Lisa	05 STT BEL	1:39.21			
<i>SW 4.4 - valse start</i>					
FF BROUX Elise	05 GZVN BEL	1:35.14			

12 jaar

1. DECAESSTECKER Elise	04 ROSC BEL	1:15.91	1:16.04	446	37.14	38.90
2. LIPPENS Karo	04 STW BEL	1:20.80	1:16.94	431	37.06	39.88
3. QUINTELIER Perle	04 RYSC BEL	1:21.43	1:16.99	430	37.63	39.36
4. GORIS Resy	04 LWB BEL	1:24.49	1:20.05	382	38.69	41.36
5. BOGAERTS Aisha	04 SCZ BEL	1:21.94	1:20.12	381	39.12	41.00
6. DEKERVER Emma	04 ISWIM BEL	1:27.91	1:20.75	372	39.69	41.06
7. JANSSEN Sien	04 DMB BEL	1:30.41	1:21.45	363	39.46	41.99
8. TOMCSIK Kira	04 TZ HUN	1:24.14	1:23.36	338	39.55	43.81
9. MARTENS Elisabeth	04 MEGA BEL	1:28.04	1:24.68	323	40.08	44.60
10. VERMOERE Sarah	04 KZK BEL	1:24.92	1:24.90	320	41.38	43.52
11. MARTELEUR Tille	04 ZCT BEL	1:33.88	1:26.59	302	42.24	44.35
12. LETERME Margo	04 IKZ BEL	1:24.33	1:26.86	299	41.73	45.13
13. HUYSMANS Silke	04 ZCK BEL	1:36.04	1:26.88	299	40.90	45.98
14. DINNEWETH Axelle	04 ZTZ BEL	1:26.21	1:26.96	298	42.02	44.94
15. SOENEN Manon	04 RYSC BEL	1:38.42	1:27.94	288	42.45	45.49
16. KEPPENS Mare	04 AZL BEL	1:29.19	1:29.24	276	42.75	46.49
17. DE BACKER Marie	04 ZTZ BEL	1:32.26	1:30.08	268	45.22	44.86
18. LAMMENS Louise	04 OZEKA BEL	1:34.78	1:30.31	266	43.82	46.49
19. PUTTAERT Elien	04 DDAT BEL	1:37.87	1:31.20	258	44.69	46.51
20. VAN DEN HEUVEL Alyssa	04 LWB BEL	1:37.64	1:31.57	255	44.53	47.04
21. DE BACKER Annelore	04 KVZP BEL	1:31.92	1:33.38	241	46.68	46.70
dis MICHIELS Lieke	04 LWB BEL	1:36.40				

SW 6.6.a - Bij aankomst muur niet aangetikt in rugligging

Programmanr. 50
7-2-2016 - 16:00

Jongens, 400m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang	Geb.	Tijd	RT	Pnt	50m	100m	150m	200m	250m	300m	350m	400m
13 jaar												
1. DAVID Loeka	03 MEGA BEL	4:48.92	4:43.88	+0,72	465	31.74	1:44.20	36.32	2:57.54	36.60	4:10.64	36.11
						1:07.88	2:20.94	36.74	3:34.53	36.99	4:43.88	33.24
2. GUILLEMYN Lucas	03 KZK BEL	4:46.95	4:44.39	+0,81	463	31.72	1:44.14	36.85	2:57.71	36.59	4:11.06	35.98
						1:07.29	2:21.12	36.98	3:35.08	37.37	4:44.39	33.33
3. GERRITSEN Mike	03 AZV NED	4:52.95	4:45.58	+0,83	457	32.26	1:45.86	36.58	3:00.09	37.11	4:12.48	36.09
						1:09.28	2:22.98	37.12	3:36.39	36.30	4:45.58	33.10
4. MEEUS Elias	03 LAQUA BEL	4:53.53	4:45.83	+0,74	456	31.65	1:43.74	36.82	2:58.56	37.28	4:12.01	36.71
						1:06.92	2:21.28	37.54	3:35.30	36.74	4:45.83	33.82
5. DEVOS Abel	03 COAST BEL	4:51.87	4:49.11	+0,75	441	30.95	1:44.23	36.95	2:59.02	37.44	4:13.11	36.61
						1:07.28	2:21.58	37.35	3:36.50	37.48	4:49.11	36.00
6. VAN KEER Yoran	03 LAQUA BEL	4:57.49	4:50.16	+0,82	436	32.07	1:45.70	36.99	2:59.94	36.83	4:14.95	37.18
						1:08.71	2:23.11	37.41	3:37.77	37.83	4:50.16	35.21
7. OKENS Jari	03 ZCK BEL	5:24.12	4:51.80	+0,82	428	33.51	1:47.60	37.34	3:02.30	37.17	4:16.69	37.10
						1:10.26	2:25.13	37.53	3:39.59	37.29	4:51.80	35.11
8. HEYERICK Jens	03 KZK BEL	5:01.73	4:54.23	+0,67	418	31.95	1:45.78	37.37	3:01.56	37.72	4:17.26	37.41
						1:08.41	2:23.84	38.06	3:39.85	38.29	4:54.23	36.97
9. DENEIR Niels	03 GOLD BEL	5:01.78	4:56.18	+0,74	410	33.06	1:47.58	37.54	3:04.42	38.21	4:20.76	37.45
						1:10.04	2:26.21	38.63	3:43.31	38.89	4:56.18	35.42
10. HEBB Xander	03 STW BEL	4:56.35	4:56.56	+0,68	408	32.13	1:49.13	39.06	3:04.42	36.72	4:21.34	37.94
						1:10.07	2:27.70	38.57	3:43.40	38.98	4:56.56	35.22

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 50, Jongens, 400m vrije slag, 13 jaar

Rang	Geb.				Tijd	RT	Pnt				
11.	MEERE Jarno	03	DDAT	BEL	4:57.15	4:57.96	+0,74	402	350m:	4:21.99	38.53
	50m:	32.06	150m:	1:46.84	37.92	250m:	3:04.32	38.72	400m:	4:57.96	35.97
	100m:	1:08.92	200m:	2:25.60	38.76	300m:	3:43.46	39.14			
12.	MARICHAL Jarno	03	BRABO	BEL	5:11.59	4:58.81	+0,72	399	350m:	4:21.89	37.97
	50m:	31.68	150m:	1:47.85	38.39	250m:	3:04.82	38.29	400m:	4:58.81	36.92
	100m:	1:09.46	200m:	2:26.53	38.68	300m:	3:43.92	39.10			
13.	SPLAERS Mauro	03	FIRST	BEL	5:24.70	4:59.97	+0,71	394	350m:	4:25.95	37.71
	50m:	32.23	150m:	1:49.30	38.95	250m:	3:08.74	40.08	400m:	4:59.97	34.02
	100m:	1:10.35	200m:	2:28.66	39.36	300m:	3:48.24	39.50			
14.	HOLLANDERS Ian	03	SHARK	BEL	4:58.97	5:00.82	+0,80	391	350m:	4:25.36	37.90
	50m:	34.21	150m:	1:51.72	38.98	250m:	3:08.96	38.74	400m:	5:00.82	35.46
	100m:	1:12.74	200m:	2:30.22	38.50	300m:	3:47.46	38.50			
15.	AUSLOOS Jens	03	KAZS	BEL	5:33.27	5:00.96	+0,85	390	350m:	4:23.91	38.13
	50m:	34.51	150m:	1:49.46	38.20	250m:	3:06.40	38.73	400m:	5:00.96	37.05
	100m:	1:11.26	200m:	2:27.67	38.21	300m:	3:45.78	39.38			
16.	VAN ROMPAEY Senne	03	BRABO	BEL	5:18.20	5:01.33	+0,85	389	350m:	4:25.90	38.53
	50m:	34.03	150m:	1:51.61	38.83	250m:	3:08.87	38.34	400m:	5:01.33	35.43
	100m:	1:12.78	200m:	2:30.53	38.92	300m:	3:47.37	38.50			
17.	VLAMIJNCK Robin	03	AZ	BEL	5:18.89	5:01.80	+0,85	387	350m:	4:24.99	38.34
	50m:	34.90	150m:	1:51.85	38.52	250m:	3:08.07	38.11	400m:	5:01.80	36.81
	100m:	1:13.33	200m:	2:29.96	38.11	300m:	3:46.65	38.58			
18.	CARCHON Brecht	03	ZCT	BEL	5:19.24	5:03.31	+0,76	381	350m:	4:26.83	38.88
	50m:	34.57	150m:	1:52.24	38.90	250m:	3:09.38	38.29	400m:	5:03.31	36.48
	100m:	1:13.34	200m:	2:31.09	38.85	300m:	3:47.95	38.57			
19.	MENTENS Jarne	03	OZV	BEL	5:00.78	5:03.89	+0,91	379	350m:	4:27.39	38.38
	50m:	34.72	150m:	1:52.13	38.77	250m:	3:09.84	39.00	400m:	5:03.89	36.50
	100m:	1:13.36	200m:	2:30.84	38.71	300m:	3:49.01	39.17			
20.	JASPERS Sven	03	HZS	BEL	5:14.88	5:04.85	+0,73	376	350m:	4:28.13	38.19
	50m:	34.68	150m:	1:53.51	39.42	250m:	3:11.32	37.95	400m:	5:04.85	36.72
	100m:	1:14.09	200m:	2:33.37	39.86	300m:	3:49.94	38.62			
21.	WITVROUWEN Stijn	03	KAZS	BEL	5:39.97	5:05.90	+0,74	372	350m:	4:28.76	39.08
	50m:	33.90	150m:	1:51.26	39.36	250m:	3:09.96	39.79	400m:	5:05.90	37.14
	100m:	1:11.90	200m:	2:30.17	38.91	300m:	3:49.68	39.72			
22.	HAESAERT Elias	03	BZK	BEL	5:06.68	5:07.84	+0,80	365	350m:	4:32.04	39.57
	50m:	34.33	150m:	1:53.10	39.96	250m:	3:12.52	39.66	400m:	5:07.84	35.80
	100m:	1:13.14	200m:	2:32.86	39.76	300m:	3:52.47	39.95			
23.	LIECKENS Nolan	03	SHARK	BEL	4:57.59	5:08.22	+0,74	363	350m:	4:31.60	38.62
	50m:	34.00	150m:	1:52.89	40.11	250m:	3:13.20	40.41	400m:	5:08.22	36.62
	100m:	1:12.78	200m:	2:32.79	39.90	300m:	3:52.98	39.78			
24.	LUST Henri	03	AZ	BEL	5:14.62	5:08.63	+0,76	362	350m:	4:30.56	39.56
	50m:	34.21	150m:	1:52.40	39.29	250m:	3:11.82	39.70	400m:	5:08.63	38.07
	100m:	1:13.11	200m:	2:32.12	39.72	300m:	3:51.00	39.18			
25.	BERGHMANS Sam	03	ZS	BEL	5:29.33	5:10.98	+0,79	354	350m:	4:34.49	39.07
	50m:	35.44	150m:	1:53.98	39.29	250m:	3:13.98	40.00	400m:	5:10.98	36.49
	100m:	1:14.69	200m:	2:33.98	40.00	300m:	3:55.42	41.44			
26.	JORIS Dante	03	DDAT	BEL	5:31.64	5:11.21	+0,83	353	350m:	4:33.95	38.48
	50m:	34.36	150m:	1:52.99	39.53	250m:	3:13.70	40.14	400m:	5:11.21	37.26
	100m:	1:13.46	200m:	2:33.56	40.57	300m:	3:55.47	41.77			
27.	VERYSER Joeri	03	COAST	BEL	5:19.08	5:11.66	+0,93	352	350m:	4:35.74	40.40
	50m:	34.77	150m:	1:52.90	39.87	250m:	3:14.01	40.69	400m:	5:11.66	35.92
	100m:	1:13.03	200m:	2:33.32	40.42	300m:	3:55.34	41.33			
28.	VAN DYCK Brent	03	SHARK	BEL	5:20.57	5:12.52	+0,73	349	350m:	4:34.97	39.61
	50m:	35.10	150m:	1:53.52	39.72	250m:	3:14.89	41.05	400m:	5:12.52	37.55
	100m:	1:13.80	200m:	2:33.84	40.32	300m:	3:55.36	40.47			
29.	OP DE BEECK Maarten	03	DIZV	BEL	5:28.14	5:13.80	+0,89	344	350m:	4:36.36	39.67
	50m:	35.38	150m:	1:55.83	40.64	250m:	3:16.07	40.33	400m:	5:13.80	37.44
	100m:	1:15.19	200m:	2:35.74	39.91	300m:	3:56.69	40.62			
30.	VERHOLLE Gilles	03	IKZ	BEL	5:27.18	5:15.84	+0,89	338	350m:	4:37.81	40.37
	50m:	34.54	150m:	1:54.48	40.04	250m:	3:16.51	40.62	400m:	5:15.84	38.03
	100m:	1:14.44	200m:	2:35.89	41.41	300m:	3:57.44	40.93			
31.	STESMANS Jelle	03	BRABO	BEL	5:26.57	5:17.68	+0,72	332	350m:	4:37.96	39.71
	50m:	34.91	150m:	1:54.95	40.30	250m:	3:16.48	40.37	400m:	5:17.68	39.72
	100m:	1:14.65	200m:	2:36.11	41.16	300m:	3:58.25	41.77			
32.	DE DOBBELAERE Raf	03	MEGA	BEL	5:34.54	5:19.65	+0,87	326	350m:	5:19.65	
	50m:		150m:			250m:			400m:		
	100m:	1:18.86	200m:	2:40.68		300m:					
33.	VERSTRAETEN Gihao	03	OZEKA	BEL	5:33.84	5:21.00	+0,80	322	350m:	4:41.35	41.65
	50m:	34.74	150m:	1:54.67	40.80	250m:	3:17.44	41.64	400m:	5:21.00	39.65
	100m:	1:13.87	200m:	2:35.80	41.13	300m:	3:59.70	42.26			
34.	DE DEYNE Kasper	03	MEGA	BEL	5:33.24	5:22.33	+0,72	318	350m:	4:43.96	41.13
	50m:	36.10	150m:	1:56.70	40.62	250m:	3:21.63	42.86	400m:	5:22.33	38.37
	100m:	1:16.08	200m:	2:38.77	42.07	300m:	4:02.83	41.20			

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 50, Jongens, 400m vrije slag, 13 jaar

Rang	Geb.	Tijd	RT	Pnt
35.	JAROS Arthur 03 STT BEL	5:33.11	5:24.87 +0,97	310
	50m: 36.05 36.05 150m: 1:59.17 42.40 250m: 3:24.17 43.23 350m: 4:46.88 41.03			
	100m: 1:16.77 40.72 200m: 2:40.94 41.77 300m: 4:05.85 41.68 400m: 5:24.87 37.99			
36.	VAN DROOGENBROECK N. 03 LAQUA BEL	5:39.16	5:26.69 +0,77	305
	50m: 36.83 36.83 150m: 1:59.89 42.04 250m: 3:23.69 41.70 350m: 4:47.32 41.39			
	100m: 1:17.85 41.02 200m: 2:41.99 42.10 300m: 4:05.93 42.24 400m: 5:26.69 39.37			
37.	SCHRIJVERS Lowik 03 ZOLA BEL	5:24.70	5:29.73 +0,70	297
	50m: 35.34 35.34 150m: 1:58.50 42.58 250m: 3:23.93 42.94 350m: 4:49.07 42.59			
	100m: 1:15.92 40.58 200m: 2:40.99 42.49 300m: 4:06.48 42.55 400m: 5:29.73 40.66			
38.	MARESCAU Quinten 03 ZCK BEL	5:36.38	5:31.36 +0,75	292
	50m: 35.82 35.82 150m: 1:59.79 42.43 250m: 3:25.28 42.73 350m: 4:51.08 42.66			
	100m: 1:17.36 41.54 200m: 2:42.55 42.76 300m: 4:08.42 43.14 400m: 5:31.36 40.28			
dis	ASSELMAN Jasper 03 ZOLA BEL	5:09.76		
	<i>SW 4.4 - valse start</i>			
dis	VYNCKE Milan 03 MEGA BEL	5:24.12		
	<i>SW 4.4 - valse start</i>			

14 jaar

1.	VAN SYNGHEL Noah 02 OZEKA BEL	4:30.01	4:26.04 +0,86	566
	50m: 29.91 29.91 150m: 1:36.96 33.69 250m: 2:45.21 34.22 350m: 3:53.40 33.87			
	100m: 1:03.27 33.36 200m: 2:10.99 34.03 300m: 3:19.53 34.32 400m: 4:26.04 32.64			
2.	FRANCKX Stan 02 TZ BEL	4:35.44	4:27.71 +0,76	555
	50m: 29.62 29.62 150m: 1:35.89 33.71 250m: 2:45.11 34.78 350m: 3:54.37 34.58			
	100m: 1:02.18 32.56 200m: 2:10.33 34.44 300m: 3:19.79 34.68 400m: 4:27.71 33.34			
3.	DUJARDIN Guillaume 02 MEGA BEL	4:43.19	4:32.33 +0,81	527
	50m: 31.16 31.16 150m: 1:39.95 34.71 250m: 2:50.05 34.96 350m: 4:00.05 34.89			
	100m: 1:05.24 34.08 200m: 2:15.09 35.14 300m: 3:25.16 35.11 400m: 4:32.33 32.28			
4.	GANTOIS Olivier 02 MEGA BEL	4:36.17	4:32.85 +0,68	524
	50m: 30.17 30.17 150m: 1:39.04 34.52 250m: 2:49.85 35.15 350m: 3:59.85 34.54			
	100m: 1:04.52 34.35 200m: 2:14.70 35.66 300m: 3:25.31 35.46 400m: 4:32.85 33.00			
5.	MOYENS Lennert 02 SHARK BEL	4:32.90	4:32.86 +0,81	524
	50m: 29.63 29.63 150m: 1:37.76 34.10 250m: 2:47.69 35.00 350m: 3:58.68 35.42			
	100m: 1:03.66 34.03 200m: 2:12.69 34.93 300m: 3:23.26 35.57 400m: 4:32.86 34.18			
6.	VAN HOREN Senne 02 ZNA BEL	4:48.47	4:35.16 +0,82	511
	50m: 30.82 30.82 150m: 1:41.90 35.61 250m: 2:53.67 35.68 350m: 4:04.07 34.88			
	100m: 1:06.29 35.47 200m: 2:17.99 36.09 300m: 3:29.19 35.52 400m: 4:35.16 31.09			
7.	MESKENS Tom 02 SCWR BEL	4:36.63	4:35.29 +0,79	510
	50m: 30.82 30.82 150m: 1:41.39 35.83 250m: 2:52.94 35.97 350m: 4:03.05 35.08			
	100m: 1:05.56 34.74 200m: 2:16.97 35.58 300m: 3:27.97 35.03 400m: 4:35.29 32.24			
8.	WYNS Seppe 02 SHARK BEL	4:40.71	4:37.85 +0,81	496
	50m: 30.94 30.94 150m: 1:40.70 35.36 250m: 2:52.17 35.66 350m: 4:03.54 35.60			
	100m: 1:05.34 34.40 200m: 2:16.51 35.81 300m: 3:27.94 35.77 400m: 4:37.85 34.31			
9.	WEYTS Yaron 02 STW BEL	4:52.94	4:40.54 +0,72	482
	50m: 31.83 31.83 150m: 1:42.73 35.61 250m: 2:54.44 35.81 350m: 4:06.52 35.95			
	100m: 1:07.12 35.29 200m: 2:18.63 35.90 300m: 3:30.57 36.13 400m: 4:40.54 34.02			
10.	HERREGODTS Siebe 02 ZNA BEL	4:43.30	4:42.03 +0,75	475
	50m: 30.98 30.98 150m: 1:41.62 35.58 250m: 2:54.17 36.39 350m: 4:07.48 36.51			
	100m: 1:06.04 35.06 200m: 2:17.78 36.16 300m: 3:30.97 36.80 400m: 4:42.03 34.55			
11.	DE MEYER Niels 02 BRABO BEL	4:58.31	4:45.88 +0,81	456
	50m: 32.82 32.82 150m: 1:46.56 37.18 250m: 3:00.51 37.20 350m: 4:12.97 35.25			
	100m: 1:09.38 36.56 200m: 2:23.31 36.75 300m: 3:37.72 37.21 400m: 4:45.88 32.91			
12.	VRIENS Arne 02 AZV BEL	4:51.90	4:46.30 +0,88	454
	50m: 31.91 31.91 150m: 1:43.83 36.30 250m: 2:57.53 36.92 350m: 4:11.37 36.45			
	100m: 1:07.53 35.62 200m: 2:20.61 36.78 300m: 3:34.92 37.39 400m: 4:46.30 34.93			
13.	ARDENOY Viktor 02 BZK BEL	5:00.78	4:47.71 +0,77	447
	50m: 31.31 31.31 150m: 1:43.93 36.89 250m: 2:57.72 36.16 350m: 4:11.48 36.63			
	100m: 1:07.04 35.73 200m: 2:21.56 37.63 300m: 3:34.85 37.13 400m: 4:47.71 36.23			
14.	SEMPELS Gilles 02 STT BEL	5:04.82	4:48.76 +0,75	442
	50m: 31.87 31.87 150m: 1:44.84 36.75 250m: 3:00.17 37.71 350m: 4:14.53 36.72			
	100m: 1:08.09 36.22 200m: 2:22.46 37.62 300m: 3:37.81 37.64 400m: 4:48.76 34.23			
15.	LINGIER Elias 02 ROSC BEL	4:55.77	4:50.29 +0,75	435
	50m: 32.10 32.10 150m: 1:46.09 37.53 250m: 3:01.46 37.19 350m: 4:16.20 37.03			
	100m: 1:08.56 36.46 200m: 2:24.27 38.18 300m: 3:39.17 37.71 400m: 4:50.29 34.09			
16.	LEROUX Jef 02 MEGA BEL	5:03.76	4:53.33 +0,82	422
	50m: 33.20 33.20 150m: 1:48.50 37.85 250m: 3:03.89 37.09 350m: 4:18.62 37.01			
	100m: 1:10.65 37.45 200m: 2:26.80 38.30 300m: 3:41.61 37.72 400m: 4:53.33 34.71			
17.	VAN KEMENADE Brent 02 BRABO BEL	4:59.43	4:55.42 +0,79	413
	50m: 33.12 33.12 150m: 1:48.81 38.73 250m: 3:05.09 38.11 350m: 4:20.27 37.24			
	100m: 1:10.08 36.96 200m: 2:26.98 38.17 300m: 3:43.03 37.94 400m: 4:55.42 35.15			
18.	MORELLI Jorgo 02 GZVN BEL	4:55.80	4:56.31 +0,82	409
	50m: 33.63 33.63 150m: 1:49.42 38.62 250m: 3:06.06 38.43 350m: 4:23.06 37.22			
	100m: 1:10.80 37.17 200m: 2:27.63 38.21 300m: 3:45.84 39.78 400m: 4:56.31 33.25			

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 50, Jongens, 400m vrije slag, 14 jaar

Rang	Geb.		Tijd	RT	Pnt				
19.	KALLAERT Dries	02	MEGA BEL	6:05.80	4:56.33	+0,68	409	350m: 4:20.39	37.73
	50m: 33.37	33.37	150m: 1:48.44	37.43	250m: 3:04.01	37.67	350m: 4:20.39	37.73	
	100m: 1:11.01	37.64	200m: 2:26.34	37.90	300m: 3:42.66	38.65	400m: 4:56.33	35.94	
20.	VAN MIEGHEM Alexander	02	MEGA BEL	5:01.15	4:57.39	+0,84	405	350m: 4:23.83	37.75
	50m: 34.51	34.51	150m: 1:51.17	38.95	250m: 3:08.34	38.51	350m: 4:23.83	37.75	
	100m: 1:12.22	37.71	200m: 2:29.83	38.66	300m: 3:46.08	37.74	400m: 4:57.39	33.56	
21.	DE KEERSMAEKER Arthur	02	BRABO BEL	5:16.54	4:57.91	+0,73	403	350m: 4:21.40	37.58
	50m: 32.48	32.48	150m: 1:48.43	38.20	250m: 3:04.76	38.09	350m: 4:21.40	37.58	
	100m: 1:10.23	37.75	200m: 2:26.67	38.24	300m: 3:43.82	39.06	400m: 4:57.91	36.51	
22.	DE COCK Ward	02	BZK BEL	5:08.94	4:58.20	+0,74	401	350m: 4:21.70	37.25
	50m: 32.81	32.81	150m: 1:49.32	38.26	250m: 3:06.11	38.43	350m: 4:21.70	37.25	
	100m: 1:11.06	38.25	200m: 2:27.68	38.36	300m: 3:44.45	38.34	400m: 4:58.20	36.50	
23.	VAN HECKE Maxim	02	DZO BEL	5:19.48	4:58.47	+0,76	400	350m: 4:24.56	37.34
	50m: 33.41	33.41	150m: 1:50.29	39.23	250m: 3:07.75	38.45	350m: 4:24.56	37.34	
	100m: 1:11.06	37.65	200m: 2:29.30	39.01	300m: 3:47.22	39.47	400m: 4:58.47	33.91	
24.	BOMANS Jan	02	BRABO BEL	5:05.36	4:59.43		397	350m: 4:23.23	37.79
	50m: 33.38	33.38	150m: 1:50.16	38.49	250m: 3:06.95	38.18	350m: 4:23.23	37.79	
	100m: 1:11.67	38.29	200m: 2:28.77	38.61	300m: 3:45.44	38.49	400m: 4:59.43	36.20	
25.	COKELAERE Matthijs	02	KZK BEL	5:15.56	4:59.81	+0,86	395	350m: 4:25.33	36.71
	50m: 34.34	34.34	150m: 1:51.77	38.75	250m: 3:09.95	38.65	350m: 4:25.33	36.71	
	100m: 1:13.02	38.68	200m: 2:31.30	39.53	300m: 3:48.62	38.67	400m: 4:59.81	34.48	
26.	VAN LANGENDONCK Tim	02	OZV BEL	5:17.82	5:02.60	+0,68	384	350m: 4:25.53	38.63
	50m: 32.75	32.75	150m: 1:48.91	38.99	250m: 3:07.35	39.36	350m: 4:25.53	38.63	
	100m: 1:09.92	37.17	200m: 2:27.99	39.08	300m: 3:46.90	39.55	400m: 5:02.60	37.07	
27.	VAN GORP Jos	02	LAQUA BEL	5:08.96	5:03.11	+0,74	382	350m: 4:26.41	38.62
	50m: 34.18	34.18	150m: 1:51.01	38.78	250m: 3:08.91	39.05	350m: 4:26.41	38.62	
	100m: 1:12.23	38.05	200m: 2:29.86	38.85	300m: 3:47.79	38.88	400m: 5:03.11	36.70	
28.	OBRENO Arthur	02	BZK BEL	5:15.74	5:03.33	+0,70	381	350m: 4:26.20	36.61
	50m: 35.58	35.58	150m: 1:54.07	39.45	250m: 3:11.37	37.92	350m: 4:26.20	36.61	
	100m: 1:14.62	39.04	200m: 2:33.45	39.38	300m: 3:49.59	38.22	400m: 5:03.33	37.13	
29.	VAN BAEVEGEM Viktor	02	MEGA BEL	5:20.00	5:03.34	+0,77	381	350m: 4:26.45	37.73
	50m: 33.17	33.17	150m: 1:50.41	39.54	250m: 3:09.33	38.97	350m: 4:26.45	37.73	
	100m: 1:10.87	37.70	200m: 2:30.36	39.95	300m: 3:48.72	39.39	400m: 5:03.34	36.89	
30.	RAETS Sander	02	BRABO BEL	5:23.23	5:07.21	+0,81	367	350m: 4:30.02	39.02
	50m: 35.12	35.12	150m: 1:53.43	39.15	250m: 3:11.88	39.51	350m: 4:30.02	39.02	
	100m: 1:14.28	39.16	200m: 2:32.37	38.94	300m: 3:51.00	39.12	400m: 5:07.21	37.19	
31.	VANGERVERN Thomas	02	OZV BEL	5:12.01	5:08.02	+0,83	364	350m: 4:30.80	40.15
	50m: 33.84	33.84	150m: 1:51.79	39.58	250m: 3:10.94	39.88	350m: 4:30.80	40.15	
	100m: 1:12.21	38.37	200m: 2:31.06	39.27	300m: 3:50.65	39.71	400m: 5:08.02	37.22	
32.	GOBERT Sam	02	MEGA BEL	5:13.32	5:08.72	+0,77	362	350m: 4:30.90	39.88
	50m: 33.91	33.91	150m: 1:51.18	39.18	250m: 3:10.73	40.24	350m: 4:30.90	39.88	
	100m: 1:12.00	38.09	200m: 2:30.49	39.31	300m: 3:51.02	40.29	400m: 5:08.72	37.82	
33.	DE CUYPER Tibo	02	HZA BEL	5:33.72	5:10.13	+0,75	357	350m: 4:32.12	40.74
	50m: 32.20	32.20	150m: 1:49.07	39.51	250m: 3:09.97	40.95	350m: 4:32.12	40.74	
	100m: 1:09.56	37.36	200m: 2:29.02	39.95	300m: 3:51.38	41.41	400m: 5:10.13	38.01	
34.	D'EXELLE Cedric	02	ZS BEL	5:45.30	5:13.88	+0,81	344	350m: 4:36.22	39.45
	50m: 35.18	35.18	150m: 1:55.97	39.94	250m: 3:16.03	40.20	350m: 4:36.22	39.45	
	100m: 1:16.03	40.85	200m: 2:35.83	39.86	300m: 3:56.77	40.74	400m: 5:13.88	37.66	
35.	QUINTELIER Max	02	LOR BEL	5:23.87	5:15.27	+0,71	340	350m: 4:37.72	40.39
	50m: 34.99	34.99	150m: 1:55.30	40.50	250m: 3:16.55	40.32	350m: 4:37.72	40.39	
	100m: 1:14.80	39.81	200m: 2:36.23	40.93	300m: 3:57.33	40.78	400m: 5:15.27	37.55	
36.	CREYF Tjörven	02	LOR BEL	5:17.31	5:17.27	+0,75	333	350m: 4:38.29	40.03
	50m: 34.29	34.29	150m: 1:54.76	40.63	250m: 3:16.63	40.56	350m: 4:38.29	40.03	
	100m: 1:14.13	39.84	200m: 2:36.07	41.31	300m: 3:58.26	41.63	400m: 5:17.27	38.98	
FF	MESTDAGH Arne	02	KZK BEL	4:52.75					

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 51
7-2-2016 - 16:58

Meisjes, 4 x 100m wisselslag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang				Tijd	RT	Pnt				
1.	TZ	TZ	BEL	5:41.37		5:22.89	371			
	TOMCSIK Kira	39.54	1:23.84	LAUWERS Jitske		+0,73	33.98	1:16.06		
	MAX Lara	+0,55	42.48	1:33.57	AVALOS LLERENA Diana	+0,21	31.76	1:09.42		
2.	GOLD	GOLD	BEL	5:45.68		5:26.43	359			
	MIGNAUW Laura	46.36	1:35.78	DEHAUDT Malou		+0,68	33.75	1:14.69		
	TRUYE Alexine	+0,43	39.41	1:25.48	LAZOU Lente	+0,50	32.21	1:10.48		
3.	SHARK	SHARK	BEL	5:41.60		5:28.21	353			
	AUGUSTIJNS Jill	43.35	1:29.38	MAERVOET Marie		+0,70	33.59	1:14.34		
	TROP Yana	+0,60	42.91	1:30.81	WIJNANTS Eveline	+0,45	35.55	1:13.68		
4.	ZCT	ZCT	BEL	5:30.00		5:29.13	350			
	DELCOMMUNE Zinke	38.36	1:19.41	WITTEMANNS Mit		+0,61	36.99	1:22.79		
	VAN BELLE Amber	+0,67	43.81	1:35.22	ANGELLIER Liloue		34.19	1:11.71		
5.	ZTZ	ZTZ	BEL	5:40.12		5:35.52	330			
	DE BACKER Marie	44.08	1:28.00	DINNEWETH Axelle		+0,50	37.86	1:25.08		
	DORNEZ Febe	+0,21	39.27	1:23.86	VAN DE KEERE Anna	+0,47	37.02	1:18.58		
6.	LWB	LWB	BEL	6:15.25		5:45.86	302			
	MICHIELS Lieke	43.34	1:28.13	VAN DEN HEUVEL Alyssa		+0,79	40.44	1:30.90		
	GORIS Resy	+0,77	40.61	1:27.15	WELLENS Merel		38.44	1:19.68		
7.	DMB	DMB	BEL	5:53.32		5:47.30	298			
	DRIESEN Amber	44.26	1:30.18	JANSSEN Sien		+0,49	36.77	1:22.20		
	CORSTJENS Hanne	+0,41	44.93	1:37.21	MAESEN Roos	+0,30	36.07	1:17.71		
8.	ISWIM	ISWIM	BEL	5:52.67		5:52.51	285			
	DEKERVEL Emma	41.23	1:25.20	HAUS Josephine		+0,51	39.94	1:28.85		
	VANMEENEN Laura	+0,60	46.17	1:37.80	VANDENBERGHE Hannah	+0,63	37.51	1:20.66		
9.	ZCK	ZCK	BEL	6:11.00		5:54.59	280			
	DAEMS Lotte	41.87	1:27.36	VANDENBRANDEN Eline		+0,35	44.64	1:36.10		
	STALLAERT Tessa	+0,68	45.64	1:36.96	HUYSMANS Silke	+0,31	34.53	1:14.17		
10.	MEGA	MEGA	BEL	5:26.93		6:04.32	258			
	MATTEUWS Lie	41.28	1:26.87	MARTENS Elisabeth		+0,41	40.46	1:34.17		
	GOBERT Lies	+0,72	45.67	1:39.75	GANTOIS Anne Sofie	+0,69	37.92	1:23.53		
11.	FIRST	FIRST	BEL	6:18.41		6:04.42	258			
	DE CARNE Mila	47.63	1:37.97	DE VELDER Maya		+0,70	41.35	1:30.57		
	RAEMDONCK Benthe-Marie	+0,63	47.03	1:40.12	VAN IMSCHOOT Emma	+0,54	37.11	1:15.76		
12.	GZVN	GZVN	BEL	6:04.71		6:04.71	257			
	BROUX Elise	47.91	1:36.12	WELS Evy		+0,89	41.86	1:29.89		
	KOZULYA Naya	+0,70	48.12	1:43.86	HUYSS Jorinde		36.23	1:14.84		
13.	BRABO	BRABO	BEL	6:27.00		6:11.13	244			
	GABRIELS Sarah	43.40	1:32.70	FEYEN Lindsay		+0,48	41.91	1:33.80		
	ROOMAN Sarah	+0,64	47.79	1:45.46	ANTHONI Amelie	+0,63	37.16	1:19.17		

Programmanr. 52
7-2-2016 - 17:10

Jongens, 4 x 100m vrije slag

11 - 12 jaar
Resultaten

Punten: FINA 2014

Rang				Tijd	RT	Pnt				
1.	GOLD	GOLD	BEL	4:47.58		4:35.07	320			
	CASTEUR Xander	32.51	1:08.54	VANDAMME Thijs		+0,46	32.71	1:09.44		
	MABBE Elian	34.01	1:11.28	VANDE CASTEELE Bjarne		+0,59	31.16	1:05.81		
2.	BRABO	BRABO	BEL	4:36.75	+0,81	4:40.42	302			
	DELEEBEECK Arne	+0,81	32.72	1:09.26	TANGHE Kasper	+0,59	34.02	1:12.15		
	KALOGEROPOULOS Zeno	+0,59	34.11	1:11.58	WANTEN Bernd	+0,69	32.10	1:07.43		
3.	ZS	ZS	BEL	5:05.64		4:43.16	+0,72	293		
	ZWIJNS Kevin	+0,72	35.06	1:12.69	RESTIAU Robbe	+0,60	35.22	1:13.22		
	ROTTIERS Ignace	+0,21	33.16	1:09.04	LAUREYSSSENS Daniel	+0,47	32.37	1:08.21		
4.	BZK	BZK	BEL	5:05.64		4:54.64	+0,86	260		
	VAN CLEVEN Thijs	+0,86	33.63	1:08.38	DE CORTE Simon	+0,46	34.94	1:13.67		
	VAN CLEVEN Kobe	+0,68	36.36	1:16.87	HAUTEKIEET Loeka	+0,26	33.97	1:15.72		
5.	FIRST	FIRST	BEL	5:16.64		4:55.19	+0,72	259		
	SAPIJN Kobe	+0,72	35.88	1:14.82	HILLAERT Tibo	+0,56	34.11	1:12.91		
	VAN DER HAEGHEN Siebe	+0,60	36.01	1:18.40	TALLOEN Sander	+0,57	32.49	1:09.06		
6.	MEGA	MEGA	BEL	4:51.17		4:55.67	+0,65	258		
	MARTENS Leonard	+0,65	34.46	1:12.54	LEROUX Wout	+0,36	37.24	1:17.58		
	CRUEL Alvaro Nesta	+0,04	35.57	1:15.68	ADAMS Lucas	+0,52	33.36	1:09.87		
7.	SHARK	SHARK	BEL	5:13.34		4:59.72	+0,68	247		
	DE JONGE Dries	+0,68	35.86	1:15.98	VERREET Milan	+0,38	35.87	1:15.66		
	WOUTERS Jordi		37.07	1:17.67	VERBEEK Sem	+0,35	32.78	1:10.41		

Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 52, Jongens, 4 x 100m vrije slag, 11 - 12 jaar

Rang					Tijd	RT	Pnt			
8.	LAQUA	LAQUA	BEL	NT	5:09.38	+0,78	225			
	BIGGS Kalvin	+0,78	38.16	1:19.97	VAN DER DONCKT Jannes			+0,24	38.65	1:23.15
	CLIJSTERS Jef	+0,32	34.64	1:14.26	MULKENS Bavo			+0,26	34.37	1:12.00

Programmanr. 53
7-2-2016 - 17:16

Meisjes, 4 x 100m vrije slag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang					Tijd	RT	Pnt			
1.	BZK	BZK	BEL	NT	4:10.16	+0,87	606			
	VANDERSCHRICK Laura	+0,87	30.71	1:04.69	DE WOLF Laura			+0,53	30.60	1:05.55
	VANDEBUSSCHE Indra	+0,48	28.26	1:00.19	BEULEN Sophie			+0,19	28.09	59.73
2.	FIRST	FIRST	BEL	NT	4:13.92	+0,79	579			
	VAN CAUWENBERGHE Lisa	+0,79	30.12	1:03.94	TALLOEN Charlot			+0,39	30.02	1:02.75
	DE CARNE Lara	+0,02	30.85	1:04.77	DE STEUR Emma			+0,48	29.50	1:02.46
3.	BRABO	BRABO	BEL	NT	4:17.50	+0,80	555			
	VAN DEUN Elena	+0,80	30.86	1:04.74	FEYEN Charlotte			+0,62	30.72	1:05.34
	NAEGELS Ankelien	+0,54	31.28	1:05.66	VAN WALLENDael Sarah			+0,25	29.14	1:01.76
4.	COAST	COAST	BEL	NT	4:17.51	+0,80	555			
	DE DUFFELEER Jolien	+0,80	30.60	1:04.65	TAECKE Ine			+0,56	30.74	1:04.73
	BOURGOIS Karo	+0,38	29.12	1:00.94	BARTORELLI Chiara			+0,42	31.74	1:07.19
5.	MEGA	MEGA	BEL	NT	4:17.92	+0,72	553			
	SERVERIUS Femke	+0,72	31.68	1:05.56	DE BAERE Anneleen			+0,41	30.94	1:04.68
	MARTENS Chloë	+0,71	31.84	1:05.59	WULFRANCKE Erin			+0,40	29.84	1:02.09
6.	RYSC	RYSC	BEL	NT	4:23.20	+0,75	520			
	ARNOUT Fien	+0,75	30.51	1:03.90	MASSELUS Julie			+0,71	32.23	1:06.34
	ESPEEL Charlotte	+0,58	33.83	1:10.50	QUINTELIER Jade			+1,00	29.25	1:02.46
7.	KZK	KZK	BEL	NT	4:29.21	+0,90	485			
	FEYS Jana	+0,90	32.74	1:08.91	DEMEYER Amandine			+0,62	32.52	1:07.34
	DESCAMPS Axelle	+0,60	32.36	1:08.32	REMMERY Anice			+0,56	30.54	1:04.72
8.	SHARK	SHARK	BEL	NT	4:32.05	+0,80	471			
	WILJANTS Jasmine	+0,80	31.05	1:04.72	VERDEYEN Nursulu			+0,65	33.98	1:11.32
	HUYSMANS Britt	+0,75	33.19	1:10.29	STAES Jolien			+0,58	31.44	1:05.72
9.	GOLD	GOLD	BEL	NT	4:32.87	+0,78	467			
	VANDENABEELE Indra	+0,78	30.95	1:04.88	BRAEKEVELD Jana			+0,56	33.75	1:10.74
	SPINCEMAILLE Luna	+0,63	33.85	1:11.95	DEMEYERE Anouk			+0,75	30.64	1:05.30
10.	ZCT	ZCT	BEL	NT	4:36.80	+0,95	447			
	VAN DER ELST Leen	+0,95	33.22	1:08.53	VAERENBERG Marlies			+0,68	32.60	1:08.60
	WITTEMANS Odil	+0,80	33.63	1:10.17	CLAES Lieselotte			+0,67	32.89	1:09.50
11.	DMB	DMB	BEL	NT	4:45.36	+0,79	408			
	VANGELOVEN Anisha	+0,79	32.88	1:11.05	MAESEN Kaat			+0,32	33.67	1:14.18
	PAREIJN Luna	+0,45	33.36	1:10.95	DAEMEN Emma			+0,59	32.77	1:09.18
12.	DDAT	DDAT	BEL	NT	4:47.68	+0,80	398			
	CARTON Sam	+0,80	34.70	1:14.69	DE WILDE Hanne			+0,55	33.92	1:13.39
	VAN MULDER Katinka	+0,49	34.64	1:12.76	SNEPPE Diede				32.09	1:06.84

Programmanr. 54
7-2-2016 - 17:26

Jongens, 4 x 100m wisselslag

13 - 14 jaar
Resultaten

Punten: FINA 2014

Rang					Tijd	RT	Pnt
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Vlaamse kampioenschappen 2016
ANTWERPEN, 5- - 7-2-2016

Programmanr. 54, Jongens, 4 x 100m wisselslag

1.	MEGA VAN MIEGHEM Alexander DUJARDIN Guillaume	MEGA +0,35	BEL	4:50.19 1:12.60 1:17.12	4:38.00 LEROUX Jef GANTOIS Olivier	414	+0,31 +0,43	31.43 28.45	1:09.47 58.81
2.	SHARK WYNS Seppe MOYENS Lennert	SHARK +0,77	BEL	4:48.58 1:07.74 1:21.29	4:39.60 LIEKENS Jasper HOLLANDERS Ian	407	+0,52 +0,30	30.39 31.47	1:05.24 1:05.33
3.	KZK GUILLEMYN Lucas HEYERICK Jens	KZK +0,26	BEL	4:52.46 1:08.16 1:21.65	4:44.82 MESTDAGH Arne COKELAERE Matthijs	385	+0,49 +0,63	32.91 30.39	1:11.14 1:03.87
4.	BRABO VAN KEMENADE Brent JANSEN Michiel	BRABO +0,37	BEL	4:48.64 1:15.03 1:19.46	4:46.64 DE MEYER Niels JANSSENS Renzo	378	+0,39 +0,43	32.73 29.45	1:10.24 1:01.91
5.	LAQUA VAN GORP Jos VAN KEER Yoran	LAQUA +0,51	BEL	NT 1:15.05 1:22.26	4:49.43 MEEUS Elias VAN NIEUWENHOVEN Joran	367	+0,57 +0,68	31.67 30.36	1:08.97 1:03.15
6.	GOLD VANDECASTEELE Matis CALLEWAERT Matisse	GOLD +0,49	BEL	5:03.67 1:11.99 1:17.43	4:53.21 DENEIR Niels DEBLOCK Thomas	353	+0,47 +0,09	34.71 30.93	1:17.21 1:06.58
7.	OZV VAN LANGENDONCK Tim EMMERS Jim	OZV +0,58	BEL	5:02.08 1:14.19 1:18.05	4:53.39 GEUENS Lars VANGERVERN Thomas	352	+0,39 +0,38	32.70 31.22	1:13.64 1:07.51
8.	BZK ARDENOY Viktor HAESAERT Elias	BZK +0,54	BEL	4:58.29 1:10.21 1:32.48	4:56.46 OBRENO Arthur DE COCK Ward	341	+0,57 +0,44	32.17 30.26	1:10.16 1:03.61
9.	DMB KNEVELS Simon GIELEN Yordi	DMB +0,48	BEL	5:08.00 1:19.57 1:27.81	5:01.39 VOGLAR Robbe TRUYEN Ruben	325	+0,46 +0,51	31.23 31.73	1:07.29 1:06.72
10.	DDAT BOULE Eduard JORIS Luca	DDAT +0,39	BEL	4:59.42 1:18.98 1:26.97	5:05.50 MEERE Jarno JORIS Dante	312	+0,61 +0,58	32.91 31.01	1:13.71 1:05.84
11.	STT BERX Robbe CAMPS Viktor	STT +0,70	BEL	5:36.56 1:14.58 1:33.09	5:15.33 SEMPELS Gilles JAROS Arthur	284	+0,49 +0,10	33.17 33.80	1:15.47 1:12.19