

Lange Afstanden 2017  
Hasselt, 9/4/2017

2 - Lange Afstanden 2017

9/04/2017 - 13:45

Programmanr. 3  
9/04/2017 - 13:45

Heren, 1500m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2016

Rang					Inschr.	Tijd	Pnt					
11 - 12 jaar												
1.	Wouters Jordi				SHARK/11010/021:42.37	<b>19:57.85</b>	354					
	50m:	34.13	300m:	3:53.72	550m:	7:15.74	800m:	10:35.52	1050m:	13:56.47	1300m:	17:19.27
	100m:	1:14.32	350m:	4:34.67	600m:	7:56.32	850m:	11:14.89	1100m:	14:36.99	1350m:	17:58.77
	150m:	1:54.21	400m:	5:14.71	650m:	8:35.68	900m:	11:54.70	1150m:	15:17.82	1400m:	18:39.46
	200m:	2:33.71	450m:	5:54.55	700m:	9:16.25	950m:	12:34.88	1200m:	15:58.77	1450m:	19:17.25
	250m:	3:14.79	500m:	6:35.38	750m:	9:56.03	1000m:	13:15.44	1250m:	16:38.50	1500m:	19:57.85
2.	Kopriva Ilio				DBT/11016/06	NT	<b>21:04.25</b>	301				
	50m:	37.29	300m:	4:06.17	550m:	7:42.00	800m:	11:16.46	1050m:	14:51.99	1300m:	18:22.50
	100m:	1:18.01	350m:	4:49.31	600m:	8:25.08	850m:	11:59.95	1100m:	15:33.45	1350m:	19:03.99
	150m:	1:59.24	400m:	5:32.28	650m:	9:07.81	900m:	12:43.47	1150m:	16:15.52	1400m:	19:45.81
	200m:	2:41.20	450m:	6:16.43	700m:	9:50.62	950m:	13:26.76	1200m:	16:57.72	1450m:	20:27.28
	250m:	3:23.56	500m:	6:59.12	750m:	10:33.46	1000m:	14:09.54	1250m:	17:40.04	1500m:	21:04.25
3.	De Jonge Dries				SHARK/11007/020:37.06	<b>21:06.05</b>	300					
	50m:	35.48	300m:	4:00.78	550m:	7:31.85	800m:	11:06.84	1050m:	14:42.73	1300m:	18:17.72
	100m:	1:15.21	350m:	4:43.01	600m:	8:14.45	850m:	11:49.95	1100m:	15:26.03	1350m:	19:00.08
	150m:	1:56.43	400m:	5:25.24	650m:	8:57.32	900m:	12:32.75	1150m:	16:08.97	1400m:	19:42.45
	200m:	2:37.75	450m:	6:07.60	700m:	9:40.12	950m:	13:16.11	1200m:	16:52.12	1450m:	20:24.95
	250m:	3:19.21	500m:	6:49.57	750m:	10:23.60	1000m:	13:58.94	1250m:	17:35.00	1500m:	21:06.05
4.	Hebb Quinten				STW/11041/05	NT	<b>21:10.80</b>	297				
	50m:	37.24	300m:	4:09.91	550m:	7:45.50	800m:	11:23.58	1050m:	14:59.85	1300m:	18:30.68
	100m:	1:19.32	350m:	4:53.39	600m:	8:28.57	850m:	12:06.44	1100m:	15:42.37	1350m:	19:11.43
	150m:	2:01.31	400m:	5:36.11	650m:	9:12.44	900m:	12:50.27	1150m:	16:25.26	1400m:	19:52.83
	200m:	2:44.32	450m:	6:19.51	700m:	9:56.01	950m:	13:33.73	1200m:	17:06.97	1450m:	20:33.18
	250m:	3:27.51	500m:	7:02.82	750m:	10:39.69	1000m:	14:17.49	1250m:	17:48.75	1500m:	21:10.80
5.	Vandevenne Jitse				DBT/11015/06	NT	<b>21:43.54</b>	275				
	50m:	38.90	300m:	4:17.16	550m:	7:58.70	800m:	11:36.72	1050m:	15:17.25	1300m:	18:56.18
	100m:	1:21.81	350m:	5:01.78	600m:	8:42.02	850m:	12:20.83	1100m:	16:01.13	1350m:	19:39.37
	150m:	2:04.84	400m:	5:45.49	650m:	9:25.45	900m:	13:04.69	1150m:	16:44.72	1400m:	20:22.45
	200m:	2:48.74	450m:	6:29.67	700m:	10:08.97	950m:	13:48.33	1200m:	17:28.79	1450m:	21:04.79
	250m:	3:33.31	500m:	7:13.51	750m:	10:52.57	1000m:	14:33.48	1250m:	18:12.84	1500m:	21:43.54
6.	Gos Carsten				ZDKB/11036/06	NT	<b>21:44.24</b>	274				
	50m:	38.35	300m:	4:15.59	550m:	7:54.32	800m:	11:34.19	1050m:	15:16.56	1300m:	18:56.71
	100m:	1:21.15	350m:	4:59.76	600m:	8:37.91	850m:	12:19.15	1100m:	16:02.15	1350m:	19:40.58
	150m:	2:04.61	400m:	5:43.23	650m:	9:21.56	900m:	13:03.06	1150m:	16:45.33	1400m:	20:23.91
	200m:	2:48.07	450m:	6:26.20	700m:	10:06.80	950m:	13:47.98	1200m:	17:30.73	1450m:	21:05.38
	250m:	3:31.87	500m:	7:10.57	750m:	10:50.53	1000m:	14:31.00	1250m:	18:13.55	1500m:	21:44.24
7.	De Roeck Seppe				BRABO/11084/06	NT	<b>21:46.92</b>	273				
	50m:	37.82	300m:	4:15.87	550m:	7:55.85	800m:	11:36.90	1050m:	15:17.79	1300m:	19:00.05
	100m:	1:20.73	350m:	4:59.60	600m:	8:40.22	850m:	12:21.02	1100m:	16:03.02	1350m:	19:43.08
	150m:	2:04.87	400m:	5:44.10	650m:	9:24.96	900m:	13:05.73	1150m:	16:46.82	1400m:	20:26.14
	200m:	2:48.99	450m:	6:27.94	700m:	10:09.35	950m:	13:50.37	1200m:	17:30.52	1450m:	21:06.02
	250m:	3:32.53	500m:	7:12.16	750m:	10:52.19	1000m:	14:34.21	1250m:	18:15.48	1500m:	21:46.92
8.	Pardon Lennert				TZ/11017/06	NT	<b>21:59.02</b>	265				
	50m:	39.59	300m:	4:20.11	550m:	8:03.41	800m:	11:48.26	1050m:	15:29.08	1300m:	19:11.15
	100m:	1:22.97	350m:	5:04.76	600m:	8:48.10	850m:	12:32.00	1100m:	16:13.49	1350m:	19:54.64
	150m:	2:07.50	400m:	5:49.40	650m:	9:33.43	900m:	13:16.92	1150m:	16:57.39	1400m:	20:38.47
	200m:	2:51.27	450m:	6:34.40	700m:	10:18.19	950m:	14:02.63	1200m:	17:42.13	1500m:	21:59.02
	250m:	3:35.58	500m:	7:18.76	750m:	11:03.37	1000m:	14:45.65	1250m:	18:26.48		
9.	Casatuto Antonio				ZCM/11008/05	25:11.27	<b>22:02.91</b>	263				
	50m:	38.66	300m:	4:13.92	550m:	7:52.53	800m:	11:35.30	1050m:	15:21.60	1300m:	19:08.74
	100m:	1:21.43	350m:	4:57.60	600m:	8:36.94	850m:	12:19.96	1100m:	16:08.04	1350m:	19:53.47
	150m:	2:04.34	400m:	5:41.54	650m:	9:21.62	900m:	13:05.44	1150m:	16:52.84	1400m:	20:38.14
	200m:	2:47.39	450m:	6:25.17	700m:	10:05.87	950m:	13:50.04	1200m:	17:38.00	1450m:	21:21.48
	250m:	3:30.28	500m:	7:08.56	750m:	10:51.10	1000m:	14:35.84	1250m:	18:23.79	1500m:	22:02.91

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
10. De Winter Yarno	BRABO/11144/06 NT	<b>22:06.91</b>	261
50m: 39.94	300m: 4:21.33	550m: 8:05.79	800m: 11:48.01
100m: 1:24.61	350m: 5:05.14	600m: 8:50.86	850m: 12:32.84
150m: 2:08.18	400m: 5:51.44	650m: 9:35.88	900m: 13:17.03
200m: 2:52.17	450m: 6:34.93	700m: 10:18.43	950m: 14:01.43
250m: 3:36.97	500m: 7:20.20	750m: 11:04.04	1000m: 14:46.11
1050m: 15:30.69	1300m: 19:15.83	1100m: 16:15.14	1350m: 19:59.89
1150m: 16:58.99	1400m: 20:44.14	1200m: 17:44.50	1450m: 21:25.10
1250m: 18:29.18	1500m: 22:06.91		
11. Ruysen Art	GZVN/11056/05 NT	<b>22:07.77</b>	260
50m: 40.33	300m: 4:20.34	550m: 8:05.88	800m: 11:54.39
100m: 1:23.23	350m: 5:04.86	600m: 8:53.32	850m: 12:38.05
150m: 2:07.74	400m: 5:49.27	650m: 9:39.01	900m: 13:22.41
200m: 2:51.38	450m: 6:34.57	700m: 10:24.16	950m: 14:07.35
250m: 3:35.79	500m: 7:20.25	750m: 11:08.97	1000m: 14:52.51
1050m: 15:36.86	1300m: 19:17.41	1100m: 16:21.27	1350m: 20:00.07
1150m: 17:06.41	1400m: 20:42.56	1200m: 17:49.34	1450m: 21:26.44
1250m: 18:33.67	1500m: 22:07.77		
12. Stevenheydens Yani	BRABO/11086/06 NT	<b>22:10.99</b>	258
50m: 39.38	300m: 4:20.57	550m: 8:04.89	800m: 11:49.68
100m: 1:22.64	350m: 5:05.20	600m: 8:49.88	850m: 12:35.13
150m: 2:06.82	400m: 5:50.26	650m: 9:34.67	900m: 13:20.12
200m: 2:50.94	450m: 6:35.18	700m: 10:19.80	950m: 14:05.43
250m: 3:36.00	500m: 7:20.05	750m: 11:04.69	1000m: 14:50.45
1050m: 15:36.01	1300m: 19:19.49	1100m: 16:20.86	1350m: 20:03.05
1150m: 17:06.49	1400m: 20:45.41	1200m: 17:50.75	1450m: 21:24.20
1250m: 18:35.60	1500m: 22:10.99		
13. Nelis Michiel	SHARK/11046/06 NT	<b>22:12.00</b>	258
50m: 39.59	300m: 4:26.14	550m: 8:14.63	800m: 12:03.69
100m: 1:23.74	350m: 5:12.36	600m: 9:00.97	850m: 12:46.69
150m: 2:08.87	400m: 5:58.47	650m: 9:47.72	900m: 13:32.93
200m: 2:54.14	450m: 6:43.77	700m: 10:32.82	950m: 14:18.07
250m: 3:40.11	500m: 7:28.80	750m: 11:18.00	1000m: 15:02.86
1050m: 15:46.83	1300m: 19:24.88	1100m: 16:31.90	1350m: 20:09.74
1150m: 17:14.89	1400m: 20:53.58	1200m: 17:59.62	1450m: 21:31.42
1250m: 18:43.94	1500m: 22:12.00		
14. Degel Jasper	STTT/11054/05 24:52.50	<b>22:17.47</b>	254
50m: 39.70	300m: 4:23.90	550m: 8:11.57	800m: 11:59.84
100m: 1:23.72	350m: 5:09.27	600m: 8:57.03	850m: 12:44.91
150m: 2:08.33	400m: 5:54.71	650m: 9:42.97	900m: 13:30.11
200m: 2:53.33	450m: 6:40.18	700m: 10:27.87	950m: 14:15.08
250m: 3:38.87	500m: 7:25.90	750m: 11:14.16	1000m: 15:00.27
1050m: 15:45.04	1300m: 19:26.94	1100m: 16:30.13	1350m: 20:10.78
1150m: 17:14.37	1400m: 20:54.12	1200m: 17:59.11	1450m: 21:37.14
1250m: 18:42.89	1500m: 22:17.47		
15. Caelen Dries	DMB/11025/06 NT	<b>22:27.41</b>	249
50m: 38.26	300m: 4:21.17	550m: 8:09.44	800m: 11:52.91
100m: 1:21.89	350m: 5:06.77	600m: 8:53.64	850m: 12:37.80
150m: 2:06.71	400m: 5:52.21	650m: 9:38.73	900m: 13:23.69
200m: 2:51.26	450m: 6:38.12	700m: 10:22.57	950m: 14:09.83
250m: 3:35.63	500m: 7:23.92	750m: 11:07.25	1000m: 14:54.75
1050m: 15:39.87	1300m: 19:30.42	1100m: 16:25.53	1350m: 20:16.36
1150m: 17:12.09	1400m: 21:02.43	1200m: 17:57.72	1450m: 21:47.18
1250m: 18:44.35	1500m: 22:27.41		
16. Danhieux Tibe	ZORO/11063/06 NT	<b>22:30.99</b>	247
50m: 40.00	300m: 4:24.86	550m: 8:11.50	800m: 11:57.44
100m: 1:24.76	350m: 5:10.49	600m: 8:56.99	850m: 12:43.17
150m: 2:10.38	400m: 5:56.04	650m: 9:41.19	900m: 13:28.37
200m: 2:55.60	450m: 6:41.44	700m: 10:26.40	950m: 14:13.52
250m: 3:40.15	500m: 7:26.32	750m: 11:11.53	1000m: 14:59.66
1050m: 15:45.01	1300m: 19:36.04	1100m: 16:30.87	1350m: 20:21.91
1150m: 17:16.51	1400m: 21:06.82	1200m: 18:03.25	1450m: 21:50.94
1250m: 18:49.72	1500m: 22:30.99		
17. Deprez Lukas	STTT/11060/06 NT	<b>22:34.18</b>	245
50m: 39.11	300m: 4:21.42	550m: 8:12.29	800m: 11:59.70
100m: 1:22.66	350m: 5:06.90	600m: 8:57.71	850m: 12:46.11
150m: 2:06.13	400m: 5:54.03	650m: 9:42.98	900m: 13:31.50
200m: 2:50.75	450m: 6:41.18	700m: 10:28.68	950m: 14:17.10
250m: 3:36.02	500m: 7:26.86	750m: 11:14.41	1000m: 15:03.40
1050m: 15:50.64	1300m: 19:42.30	1100m: 16:36.93	1350m: 20:27.95
1150m: 17:23.32	1400m: 21:12.75	1200m: 18:10.81	1450m: 21:55.19
1250m: 18:55.92	1500m: 22:34.18		
18. Roosen Oscar	AZV/11015/05 NT	<b>22:51.49</b>	236
50m: 43.44	300m: 4:40.10	550m: 8:35.12	800m: 12:28.16
100m: 1:29.92	350m: 5:27.56	600m: 9:22.07	850m: 13:13.98
150m: 2:17.91	400m: 6:14.39	650m: 10:09.10	900m: 13:59.60
200m: 3:04.39	450m: 7:00.67	700m: 10:54.87	950m: 14:47.52
250m: 3:52.41	500m: 7:47.80	750m: 11:41.14	1000m: 15:34.97
1050m: 16:20.58	1300m: 20:01.59	1100m: 17:05.50	1350m: 20:45.25
1150m: 17:49.35	1400m: 21:28.93	1200m: 18:31.95	1450m: 22:12.91
1250m: 19:16.98	1500m: 22:51.49		
19. De Smedt Lander	DMB/11021/05 NT	<b>23:17.94</b>	223
50m: 39.93	300m: 4:33.77	550m: 8:31.76	800m: 12:31.87
100m: 1:24.89	350m: 5:21.81	600m: 9:19.61	850m: 13:19.64
150m: 2:11.44	400m: 6:09.85	650m: 10:08.15	900m: 14:08.63
200m: 2:58.37	450m: 6:57.54	700m: 10:55.85	950m: 14:56.04
250m: 3:45.94	500m: 7:44.81	750m: 11:43.68	1000m: 15:41.70
1050m: 16:28.43	1300m: 20:19.92	1100m: 17:15.60	1350m: 21:06.07
1150m: 18:01.24	1400m: 21:52.66	1200m: 18:48.14	1450m: 22:37.19
1250m: 19:34.16	1500m: 23:17.94		

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang					Inschr.	Tijd	Pnt					
20.	Tweepennickx Loic		STT/11068/05		NT	<b>23:31.35</b>	216					
	50m:	41.41	300m:	4:36.60	550m:	8:35.56	800m:	12:33.56	1050m:	16:29.70	1300m:	20:28.09
	100m:	1:28.15	350m:	5:24.35	600m:	9:22.53	850m:	13:20.97	1100m:	17:16.87	1350m:	21:15.23
	150m:	2:14.77	400m:	6:12.68	650m:	10:10.97	900m:	14:08.31	1150m:	18:04.89	1400m:	22:02.95
	200m:	3:01.81	450m:	7:00.02	700m:	10:58.79	950m:	14:56.07	1200m:	18:53.15	1450m:	22:49.32
	250m:	3:49.48	500m:	7:47.37	750m:	11:46.14	1000m:	15:42.84	1250m:	19:40.28	1500m:	23:31.35
21.	Vandenborre Lowie		STT/11074/05		NT	<b>23:32.61</b>	216					
	50m:	40.75	300m:	4:34.99	550m:	8:33.86	800m:	12:30.91	1050m:	16:30.41	1300m:	20:29.48
	100m:	1:26.84	350m:	5:23.28	600m:	9:21.30	850m:	13:19.26	1100m:	17:18.04	1350m:	21:16.58
	150m:	2:13.07	400m:	6:10.97	650m:	10:09.15	900m:	14:06.73	1150m:	18:06.72	1400m:	22:04.28
	200m:	2:59.91	450m:	6:58.54	700m:	10:56.14	950m:	14:54.80	1200m:	18:54.52	1450m:	22:50.58
	250m:	3:47.27	500m:	7:46.19	750m:	11:44.21	1000m:	15:43.16	1250m:	19:41.64	1500m:	23:32.61
22.	Wouters Cas		BRABO/11168/06		NT	<b>24:07.20</b>	201					
	50m:	41.25	300m:	4:40.60	550m:	8:44.15	800m:	12:47.50	1050m:	16:51.40	1300m:	20:57.60
	100m:	1:28.33	350m:	5:29.44	600m:	9:33.51	850m:	13:35.61	1100m:	17:40.65	1350m:	21:45.08
	150m:	2:16.12	400m:	6:18.08	650m:	10:21.20	900m:	14:24.07	1150m:	18:30.65	1400m:	22:32.92
	200m:	3:03.41	450m:	7:06.93	700m:	11:09.18	950m:	15:12.74	1200m:	19:19.66	1450m:	23:20.84
	250m:	3:52.31	500m:	7:54.96	750m:	11:58.57	1000m:	16:02.03	1250m:	20:07.93	1500m:	24:07.20
23.	Prokopov German		GZVN/11149/05		NT	<b>25:08.57</b>	177					
	50m:	40.53	300m:	4:46.60	550m:	8:59.76	800m:	13:17.52	1050m:	17:33.96	1300m:	21:48.39
	100m:	1:27.80	350m:	5:38.15	600m:	9:51.67	850m:	14:08.82	1100m:	18:25.32	1350m:	22:40.32
	150m:	2:16.45	400m:	6:29.49	650m:	10:43.20	900m:	14:58.74	1150m:	19:17.30	1400m:	23:33.29
	200m:	3:06.40	450m:	7:16.68	700m:	11:34.47	950m:	15:50.97	1200m:	20:09.64	1450m:	24:25.60
	250m:	3:55.85	500m:	8:09.18	750m:	12:25.25	1000m:	16:42.26	1250m:	20:58.85	1500m:	25:08.57
24.	Fumarola Sander		GZVN/11099/05		NT	<b>25:10.61</b>	176					
	50m:	45.00	300m:	4:54.78	550m:	9:10.19	800m:	13:25.44	1050m:	17:42.71	1300m:	21:55.86
	100m:	1:35.02	350m:	5:46.68	600m:	10:01.78	850m:	14:18.87	1100m:	18:32.76	1350m:	22:43.83
	150m:	2:26.43	400m:	6:35.83	650m:	10:52.70	900m:	15:10.64	1150m:	19:24.66	1400m:	23:34.45
	200m:	3:15.43	450m:	7:26.40	700m:	11:42.62	950m:	16:01.08	1200m:	20:15.14	1450m:	24:24.09
	250m:	4:04.53	500m:	8:18.92	750m:	12:34.38	1000m:	16:52.04	1250m:	21:06.82	1500m:	25:10.61
25.	Cosemans Ruben		ZDKB/11034/05		NT	<b>26:08.66</b>	158					
	50m:	45.06	300m:	4:58.60	550m:	9:19.43	800m:	13:44.97	1050m:	18:12.26	1300m:	22:46.89
	100m:	1:35.35	350m:	5:51.79	600m:	10:13.90	850m:	14:37.87	1100m:	19:07.69	1350m:	23:38.94
	150m:	2:25.95	400m:	6:44.26	650m:	11:06.54	900m:	15:31.70	1150m:	20:01.95	1400m:	24:32.26
	200m:	3:17.36	450m:	7:35.30	700m:	11:59.67	950m:	16:23.15	1200m:	20:57.14	1450m:	25:26.47
	250m:	4:06.79	500m:	8:29.30	750m:	12:50.24	1000m:	17:19.11	1250m:	21:52.57	1500m:	26:08.66
26.	Rimanque Hannes		STT/11073/05		NT	<b>26:22.48</b>	153					
	50m:	45.44	300m:	5:09.20	550m:	9:36.02	800m:	14:07.31	1050m:	18:39.47	1300m:	23:04.32
	100m:	1:37.46	350m:	6:01.71	600m:	10:29.85	850m:	15:00.88	1100m:	19:33.20	1350m:	23:56.02
	150m:	2:28.94	400m:	6:54.81	650m:	11:25.02	900m:	15:55.72	1150m:	20:26.42	1400m:	24:46.63
	200m:	3:22.11	450m:	7:48.37	700m:	12:19.93	950m:	16:49.26	1200m:	21:18.69	1450m:	25:35.13
	250m:	4:16.71	500m:	8:41.92	750m:	13:13.44	1000m:	17:44.48	1250m:	22:12.58	1500m:	26:22.48
27.	Tielens Jonas		OZV/11031/05		NT	<b>30:12.97</b>	102					
	50m:	50.92	300m:	5:54.85	550m:	10:59.78	800m:	16:07.68	1050m:	21:15.51	1300m:	26:16.77
	100m:	1:50.79	350m:	6:56.11	600m:	12:01.58	850m:	17:10.24	1100m:	22:15.94	1350m:	27:18.14
	150m:	2:51.30	400m:	7:55.42	650m:	13:03.35	900m:	18:13.28	1150m:	23:15.19	1400m:	28:17.75
	200m:	3:51.75	450m:	8:57.49	700m:	14:04.44	950m:	19:13.05	1200m:	24:16.28	1450m:	29:17.32
	250m:	4:52.95	500m:	9:58.72	750m:	15:06.02	1000m:	20:14.12	1250m:	25:16.20	1500m:	30:12.97
28.	Ayar Baran		GZVN/11132/06		NT	<b>33:20.70</b>	76					
	50m:	48.06	300m:	5:54.43	550m:	11:24.50	800m:	17:09.01	1050m:	22:53.83	1300m:	28:44.19
	100m:	1:45.32	350m:	6:59.49	600m:	12:33.34	850m:	18:18.25	1100m:	24:03.52	1350m:	29:55.17
	150m:	2:45.17	400m:	8:04.25	650m:	13:41.86	900m:	19:28.08	1150m:	25:14.19	1400m:	31:06.70
	200m:	3:47.23	450m:	9:10.44	700m:	14:50.81	950m:	20:37.15	1200m:	26:23.12	1450m:	32:18.03
	250m:	4:51.49	500m:	10:17.52	750m:	16:00.27	1000m:	21:46.30	1250m:	27:32.25	1500m:	33:20.70
FF	Braeken Jarle		FFGZVN/11055/05		NT							

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Heren, 1500m vrije slag

13 - 14 jaar

1. Gielen Yordi	DMB/10412/03	18:36.31	<b>17:27.89</b>	530	
50m: 30.98	300m: 3:25.45	550m: 6:20.87	800m: 9:17.31	1050m: 12:12.76	1300m: 15:08.08
100m: 1:04.95	350m: 4:00.27	600m: 6:56.07	850m: 9:52.66	1100m: 12:47.86	1350m: 15:43.32
150m: 1:40.38	400m: 4:35.17	650m: 7:31.59	900m: 10:27.46	1150m: 13:22.67	1400m: 16:18.15
200m: 2:15.54	450m: 5:10.54	700m: 8:06.72	950m: 11:02.60	1200m: 13:57.99	1450m: 16:52.43
250m: 2:50.61	500m: 5:45.62	750m: 8:42.20	1000m: 11:37.56	1250m: 14:32.99	1500m: 17:27.89
2. Hebb Xander	STW/11007/03	18:11.74	<b>17:28.49</b>	529	
50m: 31.33	300m: 3:27.06	550m: 6:25.61	800m: 9:22.42	1050m: 12:18.41	1300m: 15:13.76
100m: 1:05.96	350m: 4:02.99	600m: 7:01.04	850m: 9:57.86	1100m: 12:53.70	1350m: 15:47.82
150m: 1:40.98	400m: 4:38.35	650m: 7:36.14	900m: 10:32.79	1150m: 13:28.73	1400m: 16:22.76
200m: 2:16.29	450m: 5:13.84	700m: 8:11.35	950m: 11:07.97	1200m: 14:03.22	1450m: 16:56.51
250m: 2:51.72	500m: 5:49.76	750m: 8:47.18	1000m: 11:43.40	1250m: 14:38.63	1500m: 17:28.49
3. Gerritsen Mike	AZV/10152/03	17:24.83	<b>17:33.68</b>	521	
50m: 30.79	300m: 3:20.33	550m: 6:12.16	800m: 9:10.15	1050m: 12:11.26	1300m: 15:14.75
100m: 1:04.75	350m: 3:54.19	600m: 6:47.23	850m: 9:45.81	1100m: 12:47.98	1350m: 15:51.32
150m: 1:38.37	400m: 4:28.90	650m: 7:22.59	900m: 10:21.81	1150m: 13:24.21	1400m: 16:26.36
200m: 2:12.25	450m: 5:03.13	700m: 7:58.15	950m: 10:57.81	1200m: 14:01.54	1450m: 17:00.97
250m: 2:46.24	500m: 5:37.51	750m: 8:34.29	1000m: 11:34.45	1250m: 14:37.65	1500m: 17:33.68
4. Van Rompaey Senne	BRABO/10007/C18:20.33	<b>17:50.13</b>	497		
50m: 31.35	300m: 3:31.30	550m: 6:32.92	800m: 9:33.58	1050m: 12:32.61	1300m: 15:32.36
100m: 1:07.14	350m: 4:07.56	600m: 7:09.35	850m: 10:09.47	1100m: 13:09.13	1350m: 16:07.85
150m: 1:43.31	400m: 4:43.82	650m: 7:45.80	900m: 10:45.31	1150m: 13:43.92	1400m: 16:43.12
200m: 2:19.43	450m: 5:20.27	700m: 8:22.08	950m: 11:20.91	1200m: 14:20.56	1450m: 17:18.25
250m: 2:55.50	500m: 5:56.67	750m: 8:57.64	1000m: 11:57.39	1250m: 14:56.94	1500m: 17:50.13
5. Weyts Milan	STW/11010/04	18:55.92	<b>17:54.25</b>	491	
50m: 32.23	300m: 3:30.66	550m: 6:30.00	800m: 9:29.73	1050m: 12:29.18	1300m: 15:32.71
100m: 1:07.21	350m: 4:06.72	600m: 7:05.70	850m: 10:05.68	1100m: 13:06.10	1350m: 16:09.69
150m: 1:42.95	400m: 4:42.35	650m: 7:41.80	900m: 10:42.21	1150m: 13:42.71	1400m: 16:46.46
200m: 2:19.03	450m: 5:17.81	700m: 8:18.04	950m: 11:17.92	1200m: 14:19.47	1450m: 17:21.86
250m: 2:54.80	500m: 5:53.97	750m: 8:54.18	1000m: 11:53.36	1250m: 14:55.87	1500m: 17:54.25
6. Geuens Lars	OZV/10262/03	19:26.00	<b>18:01.42</b>	482	
50m: 31.10	300m: 3:31.49	550m: 6:33.66	800m: 9:36.59	1050m: 12:39.02	1300m: 15:40.69
100m: 1:06.12	350m: 4:08.10	600m: 7:10.50	850m: 10:12.98	1100m: 13:15.15	1350m: 16:16.86
150m: 1:42.43	400m: 4:43.91	650m: 7:46.96	900m: 10:49.06	1150m: 13:51.68	1400m: 16:53.32
200m: 2:18.49	450m: 5:20.81	700m: 8:23.53	950m: 11:25.20	1200m: 14:28.02	1450m: 17:30.07
250m: 2:54.84	500m: 5:57.36	750m: 9:00.19	1000m: 12:02.03	1250m: 15:04.10	1500m: 18:01.42
7. Jaspers Sven	HZS/11047/03	19:41.08	<b>18:01.91</b>	481	
50m: 33.57	300m: 3:35.09	550m: 6:37.10	800m: 9:38.36	1050m: 12:39.74	1300m: 15:40.29
100m: 1:09.96	350m: 4:11.33	600m: 7:13.52	850m: 10:14.50	1100m: 13:15.78	1350m: 16:16.20
150m: 1:46.47	400m: 4:47.69	650m: 7:49.90	900m: 10:50.63	1150m: 13:52.14	1400m: 16:52.48
200m: 2:22.26	450m: 5:24.24	700m: 8:26.08	950m: 11:27.08	1200m: 14:28.06	1450m: 17:28.60
250m: 2:58.76	500m: 6:00.56	750m: 9:02.40	1000m: 12:03.33	1250m: 15:04.12	1500m: 18:01.91
8. Marichal Jarno	BRABO/10020/C18:20.64	<b>18:14.21</b>	465		
50m: 31.79	300m: 3:33.90	550m: 6:39.68	800m: 9:47.30	1050m: 12:55.10	1300m: 15:55.42
100m: 1:07.37	350m: 4:11.01	600m: 7:16.85	850m: 10:24.78	1100m: 13:32.25	1350m: 16:30.19
150m: 1:43.92	400m: 4:48.23	650m: 7:54.00	900m: 11:01.92	1150m: 14:08.03	1400m: 17:05.76
200m: 2:20.32	450m: 5:25.81	700m: 8:31.48	950m: 11:39.65	1200m: 14:44.12	1450m: 17:40.51
250m: 2:56.97	500m: 6:03.25	750m: 9:09.51	1000m: 12:17.64	1250m: 15:19.89	1500m: 18:14.21
9. Wanten Bernd	BRABO/11008/C18:57.72	<b>18:20.21</b>	457		
50m: 32.19	300m: 3:36.64	550m: 6:42.14	800m: 9:48.65	1050m: 12:53.92	1300m: 15:57.60
100m: 1:08.83	350m: 4:13.72	600m: 7:19.67	850m: 10:25.52	1100m: 13:30.99	1350m: 16:34.28
150m: 1:45.30	400m: 4:50.43	650m: 7:56.88	900m: 11:02.78	1150m: 14:07.55	1400m: 17:10.05
200m: 2:22.38	450m: 5:27.93	700m: 8:34.17	950m: 11:39.77	1200m: 14:44.30	1450m: 17:46.35
250m: 2:59.59	500m: 6:04.75	750m: 9:11.60	1000m: 12:16.95	1250m: 15:20.76	1500m: 18:20.21
10. Vanhees Stef	DBT/11014/03	NT	<b>18:26.22</b>	450	
50m: 32.31	300m: 3:38.43	550m: 6:47.36	800m: 9:54.79	1050m: 13:01.06	1300m: 16:05.24
100m: 1:08.75	350m: 4:15.87	600m: 7:25.34	850m: 10:32.49	1100m: 13:38.14	1350m: 16:41.83
150m: 1:45.75	400m: 4:53.76	650m: 8:03.13	900m: 11:09.92	1150m: 14:15.51	1400m: 17:17.91
200m: 2:23.29	450m: 5:31.91	700m: 8:40.43	950m: 11:47.12	1200m: 14:51.96	1450m: 17:53.30
250m: 3:00.90	500m: 6:09.45	750m: 9:18.14	1000m: 12:23.98	1250m: 15:28.77	1500m: 18:26.22

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
11. Mentens Jarne	DMB/11056/03 19:06.45	<b>18:33.50</b>	441
50m: 33.32	300m: 3:37.99	550m: 6:46.01	800m: 9:54.06
100m: 1:09.67	350m: 4:15.88	600m: 7:23.40	850m: 10:31.70
150m: 1:46.66	400m: 4:53.30	650m: 8:00.94	900m: 11:08.73
200m: 2:23.48	450m: 5:31.06	700m: 8:38.78	950m: 11:46.35
250m: 3:00.81	500m: 6:08.69	750m: 9:16.27	1000m: 12:23.91
1050m: 13:01.19	1300m: 16:08.81	1100m: 13:38.58	1350m: 16:45.50
1150m: 14:16.42	1400m: 17:22.45	1200m: 14:53.80	1450m: 17:59.04
1250m: 15:31.30	1500m: 18:33.50		
12. Tanghe Kasper	BRABO/11029/C19:15.94	<b>18:34.50</b>	440
50m: 32.69	300m: 3:37.74	550m: 6:44.52	800m: 9:52.72
100m: 1:08.99	350m: 4:15.20	600m: 7:22.33	850m: 10:30.55
150m: 1:46.08	400m: 4:52.55	650m: 7:59.76	900m: 11:07.95
200m: 2:23.31	450m: 5:29.69	700m: 8:37.31	950m: 11:45.77
250m: 3:00.56	500m: 6:07.13	750m: 9:15.08	1000m: 12:23.24
1050m: 13:00.69	1300m: 16:08.71	1100m: 13:38.41	1350m: 16:46.08
1150m: 14:15.97	1400m: 17:22.88	1200m: 14:53.60	1450m: 17:59.23
1250m: 15:31.08	1500m: 18:34.50		
13. Van den Hoorn Jelle	DMB/10445/04 NT	<b>18:51.44</b>	421
50m: 34.33	300m: 3:43.37	550m: 6:55.78	800m: 10:08.19
100m: 1:11.61	350m: 4:21.88	600m: 7:34.91	850m: 10:46.40
150m: 1:49.67	400m: 5:00.39	650m: 8:13.06	900m: 11:24.04
200m: 2:27.70	450m: 5:39.19	700m: 8:52.25	950m: 12:02.12
250m: 3:05.22	500m: 6:17.57	750m: 9:30.19	1000m: 12:40.41
1050m: 13:18.58	1300m: 16:26.73	1100m: 13:56.31	1350m: 17:04.08
1150m: 14:33.82	1400m: 17:40.93	1200m: 15:11.41	1450m: 18:17.41
1250m: 15:49.76	1500m: 18:51.44		
14. Serdons Tade	DBT/11056/04 19:12.96	<b>18:51.58</b>	420
50m: 34.37	300m: 3:44.83	550m: 6:55.90	800m: 10:05.64
100m: 1:12.40	350m: 4:22.95	600m: 7:34.04	850m: 10:42.91
150m: 1:50.14	400m: 5:00.97	650m: 8:12.21	900m: 11:20.91
200m: 2:28.22	450m: 5:39.46	700m: 8:50.05	950m: 11:58.56
250m: 3:06.20	500m: 6:17.47	750m: 9:27.83	1000m: 12:36.66
1050m: 13:14.30	1300m: 16:24.22	1100m: 13:52.20	1350m: 17:01.89
1150m: 14:30.35	1400m: 17:39.40	1200m: 15:08.21	1450m: 18:16.40
1250m: 15:46.09	1500m: 18:51.58		
15. Saidi Yassin	BRABO/11033/C19:35.35	<b>19:08.38</b>	402
50m: 32.41	300m: 3:41.33	550m: 6:54.27	800m: 10:08.32
100m: 1:09.24	350m: 4:19.87	600m: 7:33.45	850m: 10:46.81
150m: 1:46.57	400m: 4:58.76	650m: 8:12.18	900m: 11:25.56
200m: 2:24.52	450m: 5:37.45	700m: 8:51.03	950m: 12:04.31
250m: 3:02.76	500m: 6:15.59	750m: 9:29.73	1000m: 12:43.00
1050m: 13:22.02	1300m: 16:36.15	1100m: 14:01.02	1350m: 17:14.99
1150m: 14:39.75	1400m: 17:53.91	1200m: 15:18.68	1450m: 18:32.38
1250m: 15:57.56	1500m: 19:08.38		
16. Stesmans Jelle	BRABO/11122/03 NT	<b>19:12.40</b>	398
50m: 34.96	300m: 3:47.07	550m: 6:59.79	800m: 10:15.09
100m: 1:13.53	350m: 4:25.41	600m: 7:39.13	850m: 10:54.51
150m: 1:52.18	400m: 5:03.78	650m: 8:18.56	900m: 11:32.58
200m: 2:30.86	450m: 5:42.36	700m: 8:57.56	950m: 12:10.79
250m: 3:09.07	500m: 6:20.70	750m: 9:36.49	1000m: 12:49.59
1050m: 13:28.10	1300m: 16:40.94	1100m: 14:05.99	1350m: 17:19.70
1150m: 14:43.91	1400m: 17:58.66	1200m: 15:23.37	1450m: 18:36.52
1250m: 16:02.48	1500m: 19:12.40		
17. De Roeck Robbe	BRABO/10059/C19:55.89	<b>19:23.01</b>	387
50m: 32.50	300m: 3:42.66	550m: 6:55.98	800m: 10:10.72
100m: 1:09.60	350m: 4:21.28	600m: 7:35.32	850m: 10:49.79
150m: 1:47.41	400m: 5:00.56	650m: 8:14.12	900m: 11:28.78
200m: 2:25.25	450m: 5:39.13	700m: 8:52.92	950m: 12:08.13
250m: 3:03.98	500m: 6:17.32	750m: 9:31.83	1000m: 12:47.33
1050m: 13:27.44	1300m: 16:47.39	1100m: 14:06.91	1350m: 17:26.94
1150m: 14:46.99	1400m: 18:05.74	1200m: 15:27.15	1450m: 18:45.35
1250m: 16:07.53	1500m: 19:23.01		
18. Van Hyfte Lennard	MEGA/11129/04 NT	<b>19:28.06</b>	382
50m: 35.05	300m: 3:48.00	550m: 7:02.59	800m: 10:17.54
100m: 1:12.37	350m: 4:26.62	600m: 7:41.09	850m: 10:57.40
150m: 1:51.50	400m: 5:04.91	650m: 8:19.90	900m: 11:36.92
200m: 2:29.80	450m: 5:43.81	700m: 8:58.65	950m: 12:17.05
250m: 3:08.78	500m: 6:23.07	750m: 9:38.00	1000m: 12:57.45
1050m: 13:37.38	1300m: 16:54.99	1100m: 14:16.92	1350m: 17:34.65
1150m: 14:56.94	1400m: 18:13.95	1200m: 15:36.74	1450m: 18:51.56
1250m: 16:16.35	1500m: 19:28.06		
19. Heymans Quinten	WLW/10242/03 NT	<b>19:54.97</b>	357
50m: 35.39	300m: 3:52.72	550m: 7:14.15	800m: 10:34.69
100m: 1:15.11	350m: 4:32.59	600m: 7:54.37	850m: 11:15.30
150m: 1:53.98	400m: 5:13.12	650m: 8:33.71	900m: 11:56.51
200m: 2:33.21	450m: 5:53.14	700m: 9:14.19	950m: 12:36.36
250m: 3:12.48	500m: 6:33.47	750m: 9:54.70	1000m: 13:17.15
1050m: 13:58.11	1300m: 17:20.29	1100m: 14:38.57	1350m: 17:59.78
1150m: 15:19.46	1400m: 18:39.24	1200m: 16:00.56	1450m: 19:18.36
1250m: 16:39.78	1500m: 19:54.97		
20. O'Neill James	ZORO/11015/0322:28.23	<b>19:58.40</b>	354
50m: 36.85	300m: 3:54.78	550m: 7:14.86	800m: 10:35.91
100m: 1:15.95	350m: 4:34.94	600m: 7:55.02	850m: 11:15.98
150m: 1:54.48	400m: 5:14.94	650m: 8:35.17	900m: 11:56.27
200m: 2:34.20	450m: 5:54.72	700m: 9:15.41	950m: 12:36.60
250m: 3:14.67	500m: 6:34.89	750m: 9:55.76	1000m: 13:17.66
1050m: 13:58.29	1300m: 17:21.30	1100m: 14:38.55	1350m: 18:02.14
1150m: 15:18.78	1400m: 18:42.27	1200m: 15:59.56	1450m: 19:21.79
1250m: 16:40.13	1500m: 19:58.40		

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
21.	Van genechten Sander SHARK/10429/020:11.44	<b>20:06.97</b>	346
	50m: 33.15 300m: 3:48.53 550m: 7:10.54 800m: 10:35.66 1050m: 14:02.17 1300m: 17:27.05		
	100m: 1:11.17 350m: 4:28.69 600m: 7:51.40 850m: 11:17.22 1100m: 14:43.26 1350m: 18:07.95		
	150m: 1:49.99 400m: 5:08.67 650m: 8:32.35 900m: 11:58.57 1150m: 15:24.47 1400m: 18:48.37		
	200m: 2:29.31 450m: 5:49.46 700m: 9:13.26 950m: 12:39.60 1200m: 16:04.71 1450m: 19:28.29		
	250m: 3:08.78 500m: 6:29.99 750m: 9:54.30 1000m: 13:20.90 1250m: 16:45.86 1500m: 20:06.97		
22.	Van Den Berghe Sebbe WLW/10222/03 NT	<b>20:11.58</b>	342
	50m: 35.19 300m: 3:53.68 550m: 7:19.58 800m: 10:46.21 1050m: 14:13.94 1300m: 17:36.63		
	100m: 1:14.04 350m: 4:34.40 600m: 8:00.24 850m: 11:27.48 1100m: 14:54.84 1350m: 18:16.27		
	150m: 1:53.63 400m: 5:15.11 650m: 8:41.68 900m: 12:08.82 1150m: 15:35.64 1400m: 18:56.09		
	200m: 2:33.26 450m: 5:56.39 700m: 9:23.04 950m: 12:50.55 1200m: 16:16.22 1450m: 19:34.92		
	250m: 3:13.77 500m: 6:38.20 750m: 10:04.33 1000m: 13:31.96 1250m: 16:56.94 1500m: 20:11.58		
23.	Mulkens Bavo TZ/11033/04 NT	<b>20:13.08</b>	341
	50m: 36.59 300m: 3:57.77 550m: 7:24.75 800m: 10:51.17 1050m: 14:16.10 1300m: 17:39.71		
	100m: 1:16.16 350m: 4:38.99 600m: 8:06.16 850m: 11:32.26 1100m: 14:57.21 1350m: 18:19.44		
	150m: 1:56.31 400m: 5:20.29 650m: 8:47.96 900m: 12:12.54 1150m: 15:38.49 1400m: 18:58.74		
	200m: 2:36.25 450m: 6:02.09 700m: 9:29.44 950m: 12:53.91 1200m: 16:19.44 1450m: 19:37.81		
	250m: 3:17.00 500m: 6:43.35 750m: 10:10.40 1000m: 13:35.13 1250m: 16:59.75 1500m: 20:13.08		
24.	Evens Joppe GZVN/11065/03 NT	<b>20:20.28</b>	335
	50m: 35.11 300m: 3:59.47 550m: 7:26.49 800m: 10:53.72 1050m: 14:18.40 1300m: 17:41.57		
	100m: 1:14.78 350m: 4:40.72 600m: 8:07.44 850m: 11:34.98 1100m: 14:59.15 1350m: 18:21.49		
	150m: 1:55.69 400m: 5:21.19 650m: 8:49.40 900m: 12:16.04 1150m: 15:40.05 1400m: 19:01.90		
	200m: 2:36.49 450m: 6:03.52 700m: 9:31.36 950m: 12:57.69 1200m: 16:20.47 1450m: 19:42.24		
	250m: 3:17.74 500m: 6:45.72 750m: 10:12.31 1000m: 13:38.24 1250m: 17:00.41 1500m: 20:20.28		
25.	Vanzeir Mathias DBT/11033/03 22:09.24	<b>20:44.50</b>	316
	50m: 36.67 300m: 4:01.37 550m: 7:28.99 800m: 11:00.67 1050m: 14:32.88 1300m: 18:01.59		
	100m: 1:16.43 350m: 4:42.05 600m: 8:11.66 850m: 11:42.57 1100m: 15:13.89 1350m: 18:42.71		
	150m: 1:56.63 400m: 5:24.05 650m: 8:53.36 900m: 12:25.71 1150m: 15:55.56 1400m: 19:24.16		
	200m: 2:37.84 450m: 6:05.69 700m: 9:36.10 950m: 13:08.44 1200m: 16:38.15 1450m: 20:05.23		
	250m: 3:19.21 500m: 6:47.53 750m: 10:18.12 1000m: 13:50.32 1250m: 17:20.23 1500m: 20:44.50		
26.	Desmet Simon TZT/11011/04 NT	<b>21:00.59</b>	304
	50m: 38.60 300m: 4:10.92 550m: 7:42.61 800m: 11:13.32 1050m: 14:45.41 1300m: 18:15.47		
	100m: 1:21.22 350m: 4:53.65 600m: 8:24.78 850m: 11:55.83 1100m: 15:27.33 1350m: 18:57.13		
	150m: 2:03.51 400m: 5:36.06 650m: 9:06.90 900m: 12:38.29 1150m: 16:09.24 1400m: 19:38.91		
	200m: 2:46.20 450m: 6:18.37 700m: 9:48.42 950m: 13:20.62 1200m: 16:51.65 1450m: 20:20.43		
	250m: 3:28.42 500m: 7:00.57 750m: 10:30.86 1000m: 14:03.21 1250m: 17:33.47 1500m: 21:00.59		
27.	Ooms Jonah ZGEEL/11042/04 NT	<b>21:00.92</b>	304
	50m: 40.34 300m: 4:15.71 550m: 7:49.46 800m: 11:21.38 1050m: 14:52.42 1300m: 18:21.32		
	100m: 1:23.26 350m: 4:59.11 600m: 8:32.07 850m: 12:04.53 1100m: 15:34.84 1350m: 19:03.23		
	150m: 2:06.30 400m: 5:41.58 650m: 9:14.60 900m: 12:47.08 1150m: 16:16.20 1400m: 19:44.10		
	200m: 2:49.35 450m: 6:24.18 700m: 9:57.40 950m: 13:28.82 1200m: 16:57.99 1450m: 20:24.62		
	250m: 3:32.72 500m: 7:06.75 750m: 10:39.41 1000m: 14:10.95 1250m: 17:39.57 1500m: 21:00.92		
28.	Hollevoet Quinten STW/11102/04 22:12.86	<b>21:05.11</b>	301
	50m: 36.67 300m: 4:06.68 550m: 7:39.68 800m: 11:14.15 1050m: 14:46.54 1300m: 18:20.01		
	100m: 1:17.25 350m: 4:48.48 600m: 8:22.77 850m: 11:57.12 1100m: 15:29.36 1350m: 19:02.01		
	150m: 1:59.49 400m: 5:31.79 650m: 9:05.69 900m: 12:39.67 1150m: 16:12.68 1400m: 19:43.87		
	200m: 2:42.31 450m: 6:14.24 700m: 9:48.08 950m: 13:21.94 1200m: 16:54.39 1450m: 20:25.21		
	250m: 3:23.60 500m: 6:57.95 750m: 10:31.19 1000m: 14:04.34 1250m: 17:37.27 1500m: 21:05.11		
29.	Deprez Lander STT/11031/04 22:51.76	<b>21:15.03</b>	294
	50m: 38.68 300m: 4:12.49 550m: 7:49.46 800m: 11:25.19 1050m: 15:00.50 1300m: 18:32.72		
	100m: 1:20.76 350m: 4:55.48 600m: 8:32.61 850m: 12:08.42 1100m: 15:42.18 1350m: 19:14.59		
	150m: 2:03.32 400m: 5:39.09 650m: 9:15.49 900m: 12:52.03 1150m: 16:24.52 1400m: 19:57.07		
	200m: 2:46.19 450m: 6:22.95 700m: 9:58.27 950m: 13:35.54 1200m: 17:07.49 1450m: 20:37.93		
	250m: 3:29.12 500m: 7:06.34 750m: 10:41.81 1000m: 14:18.62 1250m: 17:50.26 1500m: 21:15.03		
30.	Camps Viktor STT/10245/03 20:57.97	<b>21:17.82</b>	292
	50m: 36.93 300m: 4:06.89 550m: 7:41.49 800m: 11:18.67 1050m: 14:52.06 1300m: 18:28.52		
	100m: 1:18.05 350m: 4:49.27 600m: 8:25.18 850m: 12:01.31 1100m: 15:35.53 1350m: 19:11.71		
	150m: 1:59.87 400m: 5:32.15 650m: 9:08.42 900m: 12:43.75 1150m: 16:19.23 1400m: 19:54.62		
	200m: 2:42.17 450m: 6:15.35 700m: 9:52.33 950m: 13:26.45 1200m: 17:02.58 1450m: 20:36.78		
	250m: 3:24.74 500m: 6:58.35 750m: 10:35.71 1000m: 14:09.39 1250m: 17:45.77 1500m: 21:17.82		

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
31. Thielemans Matthias	STT/11010/04 22:41.13	<b>21:30.92</b>	283
50m: 38.23	300m: 4:13.57	550m: 7:49.89	800m: 11:27.27
100m: 1:20.80	350m: 4:56.84	600m: 8:33.14	850m: 12:10.83
150m: 2:03.56	400m: 5:40.47	650m: 9:16.42	900m: 12:54.28
200m: 2:46.19	450m: 6:23.14	700m: 9:59.96	950m: 13:37.87
250m: 3:29.86	500m: 7:06.44	750m: 10:43.82	1000m: 14:21.30
1050m: 15:04.36	1300m: 18:39.49	1100m: 15:48.35	1350m: 19:23.01
1150m: 16:30.34	1400m: 20:06.70	1200m: 17:12.85	1450m: 20:49.49
1250m: 17:56.26	1500m: 21:30.92		
32. Gees Ferre	STT/11069/04 NT	<b>23:03.55</b>	230
50m: 39.85	300m: 4:25.49	550m: 8:19.26	800m: 12:14.32
100m: 1:23.78	350m: 5:11.57	600m: 9:06.18	850m: 13:02.86
150m: 2:08.67	400m: 5:58.11	650m: 9:53.64	900m: 13:51.25
200m: 2:53.69	450m: 6:45.28	700m: 10:41.18	950m: 14:39.44
250m: 3:39.59	500m: 7:31.75	750m: 11:28.47	1000m: 15:25.99
1050m: 16:13.88	1300m: 20:03.56	1100m: 17:00.05	1350m: 20:50.82
1150m: 17:47.29	1400m: 21:35.73	1200m: 18:33.07	1450m: 22:14.50
1250m: 19:17.96	1500m: 23:03.55		
33. Retorta Chaves Manuel	BRABO/11057/04 NT	<b>23:07.58</b>	228
50m: 37.36	300m: 4:21.47	550m: 8:17.06	800m: 12:10.85
100m: 1:19.14	350m: 5:08.26	600m: 9:04.00	850m: 12:57.88
150m: 2:03.31	400m: 5:54.82	650m: 9:50.65	900m: 13:45.92
200m: 2:48.59	450m: 6:41.89	700m: 10:36.45	950m: 14:33.56
250m: 3:34.72	500m: 7:29.19	750m: 11:23.45	1000m: 15:20.59
1050m: 16:07.49	1300m: 20:02.25	1100m: 16:54.36	1350m: 20:48.28
1150m: 17:41.17	1400m: 21:36.16	1200m: 18:27.97	1450m: 22:23.16
1250m: 19:15.39	1500m: 23:07.58		
34. Sanfilippo Kobe	MOZKA/11044/04 NT	<b>23:35.02</b>	215
50m: 43.10	300m: 4:41.46	550m: 8:40.48	800m: 12:38.81
100m: 1:30.45	350m: 5:30.55	600m: 9:28.31	850m: 13:26.28
150m: 2:18.12	400m: 6:17.11	650m: 10:15.80	900m: 14:13.33
200m: 3:05.06	450m: 7:04.83	700m: 11:03.65	950m: 15:00.79
250m: 3:53.58	500m: 7:53.13	750m: 11:51.91	1000m: 15:48.40
1050m: 16:36.32	1300m: 20:31.84	1100m: 17:23.39	1350m: 21:18.07
1150m: 18:11.43	1400m: 22:04.94	1200m: 18:58.12	1450m: 22:50.97
1250m: 19:44.67	1500m: 23:35.02		

15 - 16 jaar

1. Weyts Yaron	STW/11011/02 16:49.28	<b>16:19.87</b>	648
50m: 29.37	300m: 3:12.26	550m: 5:57.29	800m: 8:42.44
100m: 1:01.21	350m: 3:45.05	600m: 6:30.46	850m: 9:15.04
150m: 1:34.03	400m: 4:18.01	650m: 7:03.21	900m: 9:48.39
200m: 2:06.47	450m: 4:51.06	700m: 7:36.31	950m: 10:21.38
250m: 2:39.09	500m: 5:23.90	750m: 8:09.14	1000m: 10:54.08
1050m: 11:26.99	1300m: 14:11.42	1100m: 11:59.91	1350m: 14:44.47
1150m: 12:32.97	1400m: 15:17.20	1200m: 13:05.78	1450m: 15:49.71
1250m: 13:38.81	1500m: 16:19.87		
2. Camps Roeland	STT/10189/01 17:55.89	<b>16:57.07</b>	579
50m: 30.31	300m: 3:19.39	550m: 6:11.37	800m: 9:02.65
100m: 1:04.00	350m: 3:53.51	600m: 6:45.98	850m: 9:36.50
150m: 1:38.30	400m: 4:28.00	650m: 7:20.06	900m: 10:10.40
200m: 2:11.86	450m: 5:02.46	700m: 7:54.38	950m: 10:44.58
250m: 2:45.40	500m: 5:37.18	750m: 8:29.11	1000m: 11:19.22
1050m: 11:52.96	1300m: 14:43.14	1100m: 12:27.34	1350m: 15:17.47
1150m: 13:01.15	1400m: 15:51.36	1200m: 13:34.79	1450m: 16:25.33
1250m: 14:09.32	1500m: 16:57.07		
3. Van Dessel Michiel	MOZKA/11003/02 NT	<b>17:24.49</b>	535
50m: 31.02	300m: 3:24.20	550m: 6:19.05	800m: 9:14.82
100m: 1:05.13	350m: 3:59.70	600m: 6:54.35	850m: 9:49.83
150m: 1:39.57	400m: 4:34.18	650m: 7:29.33	900m: 10:25.00
200m: 2:14.32	450m: 5:09.01	700m: 8:04.34	950m: 10:59.99
250m: 2:49.38	500m: 5:44.07	750m: 8:39.78	1000m: 11:35.08
1050m: 12:10.18	1300m: 15:06.20	1100m: 12:45.48	1350m: 15:41.26
1150m: 13:20.35	1400m: 16:16.41	1200m: 13:55.42	1450m: 16:51.30
1250m: 14:30.50	1500m: 17:24.49		
4. Morre Jonas	ZGEEL/10127/0 17:49.07	<b>17:26.08</b>	532
50m: 1:38.77	400m: 4:33.51	650m: 7:30.12	900m: 10:26.37
200m: 2:13.51	450m: 5:08.88	700m: 8:05.64	950m: 11:01.51
250m: 2:48.31	500m: 5:44.08	750m: 8:40.78	1000m: 11:36.62
300m: 3:23.40	550m: 6:19.78	800m: 9:16.16	1050m: 12:11.88
350m: 3:58.54	600m: 6:55.06	850m: 9:51.19	1100m: 12:46.84
1150m: 13:21.59	1400m: 16:17.34	1200m: 13:56.49	1450m: 16:52.41
1250m: 14:31.53	1500m: 17:26.08	1300m: 15:07.04	
1350m: 15:42.60			
5. De Meyer Niels	BRABO/10982/C 17:42.03	<b>17:28.24</b>	529
50m: 31.24	300m: 3:27.16	550m: 6:23.25	800m: 9:19.77
100m: 1:06.26	350m: 4:02.30	600m: 6:58.52	850m: 9:54.64
150m: 1:41.70	400m: 4:37.49	650m: 7:33.77	900m: 10:29.58
200m: 2:16.88	450m: 5:12.80	700m: 8:09.10	950m: 11:04.57
250m: 2:51.99	500m: 5:48.22	750m: 8:44.34	1000m: 11:39.89
1050m: 12:14.89	1300m: 15:11.42	1100m: 12:50.22	1350m: 15:46.28
1150m: 13:25.81	1400m: 16:21.30	1200m: 14:01.24	1450m: 16:55.53
1250m: 14:36.43	1500m: 17:28.24		

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang					Inschr.	Tijd	Pnt					
6.	Voglar Robbe		DMB/10404/02		18:18.60	<b>17:39.20</b>	513					
	50m:	31.01	300m:	3:26.91	550m:	6:24.37	800m:	9:22.37	1050m:	12:21.40	1300m:	15:19.74
	100m:	1:05.92	350m:	4:02.43	600m:	6:59.75	850m:	9:58.73	1100m:	12:56.88	1350m:	15:55.60
	150m:	1:41.05	400m:	4:37.83	650m:	7:35.38	900m:	10:34.33	1150m:	13:32.53	1400m:	16:30.86
	200m:	2:16.43	450m:	5:13.34	700m:	8:10.93	950m:	11:09.67	1200m:	14:08.34	1450m:	17:05.96
	250m:	2:51.79	500m:	5:48.92	750m:	8:46.78	1000m:	11:45.57	1250m:	14:44.04	1500m:	17:39.20
7.	Michiels Nick		LWB/10186/01		18:30.85	<b>17:52.94</b>	493					
	50m:	30.76	300m:	3:29.69	550m:	6:30.94	800m:	9:32.25	1050m:	12:32.49	1300m:	15:33.42
	100m:	1:05.93	350m:	4:05.64	600m:	7:07.15	850m:	10:07.93	1100m:	13:08.68	1350m:	16:09.04
	150m:	1:41.89	400m:	4:41.87	650m:	7:43.68	900m:	10:44.00	1150m:	13:45.01	1400m:	16:44.58
	200m:	2:17.58	450m:	5:18.11	700m:	8:20.02	950m:	11:20.19	1200m:	14:20.61	1450m:	17:19.46
	250m:	2:53.73	500m:	5:54.92	750m:	8:55.77	1000m:	11:56.49	1250m:	14:57.32	1500m:	17:52.94
8.	Thijssen Robbe		DBT/11060/02		18:10.91	<b>17:55.59</b>	490					
	50m:	31.60	300m:	3:28.01	550m:	6:25.92	800m:	9:24.60	1050m:	12:24.53	1300m:	15:27.65
	100m:	1:06.19	350m:	4:03.55	600m:	7:01.55	850m:	9:59.87	1100m:	13:01.14	1350m:	16:02.71
	150m:	1:41.50	400m:	4:39.09	650m:	7:37.36	900m:	10:35.71	1150m:	13:37.87	1400m:	16:39.91
	200m:	2:17.21	450m:	5:14.60	700m:	8:13.23	950m:	11:11.75	1200m:	14:14.51	1450m:	17:17.32
	250m:	2:52.81	500m:	5:50.22	750m:	8:48.98	1000m:	11:47.97	1250m:	14:51.11	1500m:	17:55.59
9.	Van Den Bempt Michiel		TZ/10196/01		18:34.07	<b>17:56.22</b>	489					
	50m:	31.80	300m:	3:31.05	550m:	6:33.59	800m:	9:34.69	1050m:	12:36.52	1300m:	15:37.46
	100m:	1:07.30	350m:	4:07.51	600m:	7:09.46	850m:	10:10.92	1100m:	13:12.67	1350m:	16:12.80
	150m:	1:43.08	400m:	4:43.99	650m:	7:45.84	900m:	10:47.60	1150m:	13:48.73	1400m:	16:48.12
	200m:	2:18.57	450m:	5:20.45	700m:	8:22.18	950m:	11:23.71	1200m:	14:24.77	1450m:	17:23.23
	250m:	2:54.51	500m:	5:57.04	750m:	8:58.36	1000m:	12:00.23	1250m:	15:01.13	1500m:	17:56.22
10.	Bellens Jens		SHARK/10493/01		18:14.38	<b>18:08.38</b>	473					
	50m:	32.56	300m:	3:36.19	550m:	6:37.78	800m:	9:39.30	1050m:	12:40.96	1300m:	15:44.60
	100m:	1:08.73	350m:	4:12.77	600m:	7:14.71	850m:	10:15.28	1100m:	13:17.97	1350m:	16:21.06
	150m:	1:45.56	400m:	4:49.24	650m:	7:50.42	900m:	10:51.64	1150m:	13:54.69	1400m:	16:57.86
	200m:	2:22.49	450m:	5:25.54	700m:	8:27.02	950m:	11:27.94	1200m:	14:31.51	1450m:	17:33.02
	250m:	2:59.23	500m:	6:01.68	750m:	9:03.25	1000m:	12:04.78	1250m:	15:08.15	1500m:	18:08.38
11.	Hollevoet Robbe		STW/11103/02		20:01.03	<b>18:38.60</b>	435					
	50m:	34.57	300m:	3:43.72	550m:	6:53.08	800m:	10:00.20	1050m:	13:08.48	1300m:	16:14.18
	100m:	1:12.93	350m:	4:21.65	600m:	7:30.56	850m:	10:37.10	1100m:	13:46.02	1350m:	16:51.44
	150m:	1:50.89	400m:	4:59.41	650m:	8:08.75	900m:	11:14.92	1150m:	14:23.12	1400m:	17:27.72
	200m:	2:28.76	450m:	5:36.54	700m:	8:46.34	950m:	11:52.95	1200m:	14:59.89	1450m:	18:03.93
	250m:	3:06.38	500m:	6:14.78	750m:	9:24.21	1000m:	12:31.13	1250m:	15:37.30	1500m:	18:38.60
12.	Huybrechts Nik		BRABO/10979/C1		18:57.44	<b>18:39.54</b>	434					
	50m:	33.37	300m:	3:43.01	550m:	6:53.51	800m:	10:02.05	1050m:	13:10.39	1300m:	16:16.60
	100m:	1:11.13	350m:	4:21.40	600m:	7:31.13	850m:	10:39.08	1100m:	13:47.90	1350m:	16:52.86
	150m:	1:49.21	400m:	4:59.36	650m:	8:09.28	900m:	11:17.39	1150m:	14:24.90	1400m:	17:29.79
	200m:	2:26.87	450m:	5:36.84	700m:	8:47.10	950m:	11:55.49	1200m:	15:02.20	1450m:	18:05.87
	250m:	3:05.42	500m:	6:15.22	750m:	9:24.63	1000m:	12:32.42	1250m:	15:39.94	1500m:	18:39.54
13.	Vermeire Arne		OZV/11028/02		19:10.61	<b>18:41.99</b>	431					
	50m:	32.91	300m:	3:38.10	550m:	6:44.75	800m:	9:54.34	1050m:	13:04.15	1300m:	16:13.99
	100m:	1:08.80	350m:	4:15.59	600m:	7:23.05	850m:	10:31.96	1100m:	13:41.79	1350m:	16:52.56
	150m:	1:46.06	400m:	4:51.59	650m:	8:00.69	900m:	11:09.66	1150m:	14:20.52	1400m:	17:29.80
	200m:	2:23.45	450m:	5:29.67	700m:	8:38.49	950m:	11:47.94	1200m:	14:58.36	1450m:	18:06.81
	250m:	3:00.86	500m:	6:07.50	750m:	9:16.31	1000m:	12:26.06	1250m:	15:36.62	1500m:	18:41.99
14.	Van Langendonck Tim		OZV/11005/02		19:31.44	<b>18:52.84</b>	419					
	50m:	31.33	300m:	3:36.28	550m:	6:46.32	800m:	9:57.70	1050m:	13:12.73	1300m:	16:26.53
	100m:	1:06.90	350m:	4:13.98	600m:	7:24.38	850m:	10:37.46	1100m:	13:51.75	1350m:	17:04.58
	150m:	1:44.22	400m:	4:51.91	650m:	8:03.22	900m:	11:15.47	1150m:	14:28.41	1400m:	17:43.01
	200m:	2:21.64	450m:	5:30.28	700m:	8:41.09	950m:	11:54.52	1200m:	15:08.14	1450m:	18:20.32
	250m:	2:58.77	500m:	6:07.83	750m:	9:19.31	1000m:	12:33.46	1250m:	15:47.20	1500m:	18:52.84
15.	Raets Sander		BRABO/10005/C1		18:56.35	<b>18:57.17</b>	414					
	50m:	33.65	300m:	3:41.66	550m:	6:52.37	800m:	10:03.53	1050m:	13:15.44	1300m:	16:28.69
	100m:	1:11.15	350m:	4:20.08	600m:	7:30.58	850m:	10:42.02	1100m:	13:54.25	1350m:	17:06.29
	150m:	1:48.53	400m:	4:58.13	650m:	8:08.71	900m:	11:20.18	1150m:	14:32.92	1400m:	17:44.46
	200m:	2:25.84	450m:	5:36.20	700m:	8:47.18	950m:	11:58.60	1200m:	15:11.85	1450m:	18:21.98
	250m:	3:03.98	500m:	6:14.25	750m:	9:25.19	1000m:	12:36.69	1250m:	15:50.00	1500m:	18:57.17



Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang	Inschr.	Tijd	Pnt
16. Beirnaert Brecht	STW/11080/02 NT	<b>18:59.20</b>	412
50m: 34.95	300m: 3:50.55	550m: 7:06.75	800m: 10:20.10
100m: 1:13.30	350m: 4:29.72	600m: 7:45.54	850m: 10:57.86
150m: 1:52.20	400m: 5:08.80	650m: 8:24.11	900m: 11:35.89
200m: 2:31.59	450m: 5:48.17	700m: 9:03.36	950m: 12:13.50
250m: 3:11.48	500m: 6:27.78	750m: 9:42.23	1000m: 12:51.24
1050m: 13:28.53	1300m: 16:34.76	1100m: 14:06.07	1350m: 17:10.94
1150m: 14:43.14	1400m: 17:47.46	1200m: 15:20.88	1450m: 18:23.60
1250m: 15:57.69	1500m: 18:59.20		
17. Wouters Maxim	SHARK/10458/021:24.77	<b>19:39.41</b>	371
50m: 34.31	300m: 3:49.20	550m: 7:09.93	800m: 10:28.66
100m: 1:11.79	350m: 4:29.37	600m: 7:49.67	850m: 11:07.30
150m: 1:50.37	400m: 5:09.08	650m: 8:30.35	900m: 11:47.70
200m: 2:29.71	450m: 5:48.60	700m: 9:08.69	950m: 12:27.04
250m: 3:09.36	500m: 6:28.96	750m: 9:48.42	1000m: 13:06.30
1050m: 13:46.94	1300m: 17:08.32	1100m: 14:26.97	1350m: 17:46.24
1150m: 15:07.09	1400m: 18:26.30	1200m: 15:46.52	1450m: 19:03.09
1250m: 16:28.29	1500m: 19:39.41		
18. Morelli Jorgo	GZVN/10596/02 NT	<b>19:40.48</b>	370
50m: 32.62	300m: 3:45.66	550m: 7:07.24	800m: 10:30.53
100m: 1:09.34	350m: 4:25.67	600m: 7:47.82	850m: 11:11.46
150m: 1:47.08	400m: 5:05.91	650m: 8:29.13	900m: 11:51.03
200m: 2:26.37	450m: 5:46.14	700m: 9:09.86	950m: 12:30.98
250m: 3:06.27	500m: 6:26.80	750m: 9:50.89	1000m: 13:11.66
1050m: 13:51.40	1300m: 17:07.47	1100m: 14:30.24	1350m: 17:48.41
1150m: 15:10.14	1400m: 18:27.73	1200m: 15:48.52	1450m: 19:06.36
1250m: 16:28.69	1500m: 19:40.48		
19. Wakker Damon	ZCM/11015/01 NT	<b>21:09.38</b>	298
50m: 34.67	300m: 3:59.29	550m: 7:30.50	800m: 11:05.02
100m: 1:14.06	350m: 4:41.09	600m: 8:13.21	850m: 11:47.59
150m: 1:54.53	400m: 5:22.98	650m: 8:56.00	900m: 12:31.39
200m: 2:35.97	450m: 6:05.41	700m: 9:39.07	950m: 13:14.47
250m: 3:17.61	500m: 6:48.22	750m: 10:22.15	1000m: 13:57.73
1050m: 14:41.42	1300m: 18:21.93	1100m: 15:25.24	1350m: 19:05.96
1150m: 16:08.42	1400m: 19:49.25	1200m: 16:52.81	1450m: 20:31.66
1250m: 17:38.16	1500m: 21:09.38		

17 - 18 jaar

1. Housen Stef	DMB/10386/00	16:18.59	<b>16:10.11</b>	668
50m: 28.24	300m: 3:08.76	550m: 5:51.97	800m: 8:34.79	1050m: 11:18.53
100m: 1:00.58	350m: 3:41.16	600m: 6:24.62	850m: 9:07.61	1100m: 11:51.30
150m: 1:33.10	400m: 4:13.73	650m: 6:57.21	900m: 9:40.21	1150m: 12:24.04
200m: 2:05.00	450m: 4:46.55	700m: 7:30.04	950m: 10:13.01	1200m: 12:56.70
250m: 2:36.70	500m: 5:19.19	750m: 8:02.26	1000m: 10:45.75	1250m: 13:29.14
1300m: 14:02.13	1400m: 15:07.48	1450m: 15:40.04	1500m: 16:10.11	
2. Marceniuk Bjorn	HZS/10529/99	16:25.30	<b>16:20.40</b>	647
50m: 28.44	300m: 3:10.44	550m: 5:54.48	800m: 8:39.14	1050m: 11:24.84
100m: 1:00.73	350m: 3:43.10	600m: 6:27.42	850m: 9:12.20	1100m: 11:58.15
150m: 1:33.27	400m: 4:15.93	650m: 7:00.33	900m: 9:45.28	1150m: 12:31.31
200m: 2:05.79	450m: 4:48.87	700m: 7:33.35	950m: 10:18.34	1200m: 13:04.58
250m: 2:37.84	500m: 5:21.61	750m: 8:06.26	1000m: 10:51.63	1250m: 13:37.89
1300m: 14:11.28	1400m: 14:44.43	1450m: 15:17.64	1500m: 16:20.40	
3. Meuleman Matthias	BRABO/10922/C17:19.60	<b>17:13.95</b>	551	
50m: 30.71	300m: 3:22.28	550m: 6:16.36	800m: 9:10.03	1050m: 12:04.95
100m: 1:04.79	350m: 3:57.51	600m: 6:51.36	850m: 9:45.25	1100m: 12:39.95
150m: 1:39.28	400m: 4:31.85	650m: 7:26.00	900m: 10:20.17	1150m: 13:14.94
200m: 2:13.85	450m: 5:06.83	700m: 8:00.92	950m: 10:54.72	1200m: 13:50.32
250m: 2:48.26	500m: 5:41.62	750m: 8:35.87	1000m: 11:29.49	1250m: 14:25.52
1300m: 15:00.30	1400m: 15:34.48	1450m: 16:08.48	1500m: 17:13.95	
4. Lippens Rino	STW/11008/00	18:16.24	<b>17:26.52</b>	532
50m: 31.42	300m: 3:22.79	550m: 6:16.37	800m: 9:14.05	1050m: 12:11.61
100m: 1:05.03	350m: 3:57.06	600m: 6:51.46	850m: 9:49.50	1100m: 12:47.30
150m: 1:39.32	400m: 4:31.45	650m: 7:27.20	900m: 10:25.02	1150m: 13:22.95
200m: 2:13.71	450m: 5:05.98	700m: 8:02.70	950m: 11:00.04	1200m: 13:58.62
250m: 2:48.10	500m: 5:41.21	750m: 8:38.45	1000m: 11:35.71	1250m: 14:34.40
1300m: 15:10.44	1400m: 16:20.66	1450m: 16:54.99	1500m: 17:26.52	
5. Van Rossum Raf	BRABO/10002/C17:46.18	<b>17:32.96</b>	522	
50m: 31.04	300m: 3:25.31	550m: 6:17.53	800m: 9:11.76	1050m: 12:08.63
100m: 1:06.66	350m: 3:59.74	600m: 6:52.75	850m: 9:46.90	1100m: 12:44.62
150m: 1:41.49	400m: 4:34.28	650m: 7:27.60	900m: 10:21.57	1150m: 13:20.86
200m: 2:15.53	450m: 5:08.66	700m: 8:02.45	950m: 10:57.42	1200m: 13:56.62
250m: 2:50.44	500m: 5:42.95	750m: 8:36.77	1000m: 11:32.70	1250m: 14:32.73
1300m: 15:09.29	1400m: 16:22.13	1450m: 16:58.25	1500m: 17:32.96	

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 3, Jongens, 1500m vrije slag, 17 - 18 jaar

Rang					Inschr.	Tijd	Pnt		
6.	Thijs Lucas		ZGEEL/10133/0		18:44.57	<b>17:47.97</b>	500		
	50m:	300m:	3:27.22	550m:	6:25.58	800m:	9:26.27	1050m:	12:26.33
	100m:	350m:	4:02.86	600m:	7:01.68	850m:	10:02.18	1100m:	13:02.83
	150m:	400m:	4:38.28	650m:	7:37.93	900m:	10:38.11	1150m:	13:38.70
	200m:	450m:	5:13.87	700m:	8:13.74	950m:	11:14.43	1200m:	14:14.87
	250m:	500m:	5:49.64	750m:	8:49.94	1000m:	11:50.54	1250m:	14:50.98
	1300m:	1500m:	15:26.88	1350m:	16:02.76	1400m:	16:38.07	1450m:	17:12.55
				1450m:	17:12.55	1500m:	17:47.97		
7.	Paredis Leander		DMB/10335/99		18:41.09	<b>18:08.73</b>	472		
	50m:	300m:	3:30.77	550m:	6:34.08	800m:	9:38.41	1050m:	12:44.22
	100m:	350m:	4:07.94	600m:	7:10.76	850m:	10:15.81	1100m:	13:22.05
	150m:	400m:	4:43.81	650m:	7:48.04	900m:	10:53.30	1150m:	14:00.29
	200m:	450m:	5:20.67	700m:	8:25.25	950m:	11:30.67	1200m:	14:36.83
	250m:	500m:	5:57.14	750m:	9:01.51	1000m:	12:07.63	1250m:	15:13.40
	1300m:	1500m:	15:13.40	1300m:	15:48.99	1350m:	16:25.62	1400m:	17:00.92
				1400m:	17:00.92	1450m:	17:35.77	1500m:	18:08.73
8.	Wevers Bjorn		ZCM/10211/00		21:02.66	<b>19:52.28</b>	359		
	50m:	300m:	3:51.15	550m:	7:11.14	800m:	10:36.55	1050m:	13:59.69
	100m:	350m:	4:30.79	600m:	7:52.90	850m:	11:15.99	1100m:	14:40.86
	150m:	400m:	5:10.85	650m:	8:32.88	900m:	11:57.45	1150m:	15:21.78
	200m:	450m:	5:51.01	700m:	9:14.16	950m:	12:38.42	1200m:	16:01.22
	250m:	500m:	6:30.95	750m:	9:55.66	1000m:	13:18.66	1250m:	16:41.15
	1300m:	1500m:	16:41.15	1300m:	17:21.18	1350m:	17:59.76	1400m:	18:38.90
				1400m:	18:38.90	1450m:	19:17.83	1500m:	19:52.28
9.	Liebens Laurens		ZDKB/10027/99		NT	<b>20:51.75</b>	310		
	50m:	300m:	4:00.38	550m:	7:31.47	800m:	11:05.07	1050m:	14:39.37
	100m:	350m:	4:42.30	600m:	8:14.26	850m:	11:47.52	1100m:	15:22.00
	150m:	400m:	5:24.28	650m:	8:57.03	900m:	12:30.67	1150m:	16:05.10
	200m:	450m:	6:06.68	700m:	9:39.99	950m:	13:13.62	1200m:	16:47.15
	250m:	500m:	6:49.00	750m:	10:22.60	1000m:	13:56.33	1250m:	17:29.45
	1300m:	1500m:	17:29.45	1300m:	18:12.01	1350m:	18:54.18	1400m:	19:35.64
				1400m:	19:35.64	1450m:	20:15.72	1500m:	20:51.75
FF	Parmentier Maxim		FFBRABO/10920/C		17:43.03				

19 jaar en ouder

1.	D'Rozario Reggie		BRABO/10715/9		17:13.36	<b>17:04.28</b>	567		
	50m:	300m:	3:20.11	550m:	6:11.20	800m:	9:02.02	1050m:	11:53.71
	100m:	350m:	3:53.99	600m:	6:45.31	850m:	9:36.21	1100m:	12:27.87
	150m:	400m:	4:28.47	650m:	7:19.78	900m:	10:09.86	1150m:	13:02.40
	200m:	450m:	5:02.17	700m:	7:53.78	950m:	10:44.77	1200m:	13:37.05
	250m:	500m:	5:36.59	750m:	8:28.07	1000m:	11:19.19	1250m:	14:12.18
	1300m:	1500m:	14:12.18	1300m:	14:47.34	1350m:	15:22.18	1400m:	15:57.22
				1400m:	15:57.22	1450m:	16:31.61	1500m:	17:04.28
2.	Oris Tim		DMB/10326/98		17:57.16	<b>18:06.86</b>	475		
	50m:	300m:	3:22.72	550m:	6:22.95	800m:	9:28.40	1050m:	12:35.12
	100m:	350m:	3:58.20	600m:	6:59.73	850m:	10:05.91	1100m:	13:11.77
	150m:	400m:	4:34.01	650m:	7:36.71	900m:	10:43.06	1150m:	13:49.52
	200m:	450m:	5:10.20	700m:	8:13.63	950m:	11:19.85	1200m:	14:26.72
	250m:	500m:	5:46.55	750m:	8:51.27	1000m:	11:58.09	1250m:	15:03.51
	1300m:	1500m:	15:03.51	1300m:	15:40.97	1350m:	16:17.93	1400m:	16:55.12
				1400m:	16:55.12	1450m:	17:31.06	1500m:	18:06.86
3.	Peeters Yentl		ZCM/10222/00		NT	<b>19:20.00</b>	390		
	50m:	300m:	3:47.62	550m:	7:03.93	800m:	10:20.45	1050m:	13:37.49
	100m:	350m:	4:26.91	600m:	7:43.43	850m:	10:59.95	1100m:	14:16.93
	150m:	400m:	5:06.00	650m:	8:22.84	900m:	11:39.90	1150m:	14:55.28
	200m:	450m:	5:45.13	700m:	9:01.85	950m:	12:19.65	1200m:	15:34.66
	250m:	500m:	6:24.66	750m:	9:41.11	1000m:	12:58.41	1250m:	16:12.97
	1300m:	1500m:	16:12.97	1300m:	16:51.35	1350m:	17:29.79	1400m:	18:07.95
				1400m:	18:07.95	1450m:	18:45.30	1500m:	19:20.00
4.	Meerts Jonathan		DBT/11024/98		NT	<b>20:15.67</b>	339		
	50m:	300m:	3:46.14	550m:	7:07.76	800m:	10:33.86	1050m:	14:03.09
	100m:	350m:	4:25.97	600m:	7:48.45	850m:	11:14.97	1100m:	14:45.93
	150m:	400m:	5:05.95	650m:	8:29.75	900m:	11:56.85	1150m:	15:27.78
	200m:	450m:	5:46.45	700m:	9:11.14	950m:	12:38.57	1200m:	16:10.42
	250m:	500m:	6:26.88	750m:	9:52.63	1000m:	13:20.73	1250m:	16:51.65
	1300m:	1500m:	16:51.65	1300m:	17:33.96	1350m:	18:16.17	1400m:	18:57.51
				1400m:	18:57.51	1450m:	19:37.33	1500m:	20:15.67

Lange Afstanden 2017  
Hasselt, 9/4/2017

1 - Lange Afstanden 2017

9/04/2017 - 8:45

Programmanr. 2  
9/04/2017 - 9:28

Dames, 800m vrije slag

11 jaar en ouder  
Resultaten

Punten: FINA 2016

Rang					Inschr.	Tijd	Pnt					
11 - 12 jaar												
1.	Wittemans Mit		ZCT/21008/05		10:45.20	<b>10:26.87</b>	447					
	50m:	35.30	200m:	2:33.15	350m:	4:32.40	500m:	6:32.45	650m:	8:31.52	800m:	10:26.87
	100m:	1:13.68	250m:	3:12.84	400m:	5:13.21	550m:	7:12.16	700m:	9:11.78		
	150m:	1:53.09	300m:	3:53.06	450m:	5:52.82	600m:	7:51.75	750m:	9:50.42		
2.	Delcommune Zinke		ZCT/21010/05		10:53.92	<b>10:28.26</b>	444					
	50m:	35.75	200m:	2:35.00	350m:	4:36.30	500m:	6:35.25	650m:	8:35.34	800m:	10:28.26
	100m:	1:15.10	250m:	3:15.20	400m:	5:16.05	550m:	7:15.27	700m:	9:15.32		
	150m:	1:55.17	300m:	3:55.42	450m:	5:55.67	600m:	7:55.65	750m:	9:54.27		
3.	Driesen Amber		DMB/21015/05		11:07.55	<b>10:28.84</b>	442					
	50m:	34.72	200m:	2:31.75	350m:	4:29.94	500m:	6:30.85	650m:	8:31.87	800m:	10:28.84
	100m:	1:13.30	250m:	3:11.02	400m:	5:09.57	550m:	7:10.99	700m:	9:12.15		
	150m:	1:52.18	300m:	3:50.08	450m:	5:50.09	600m:	7:51.60	750m:	9:52.07		
4.	Segers Noor		OZV/21026/05		NT	<b>10:42.67</b>	414					
	50m:	35.38	200m:	2:36.71	350m:	4:40.67	500m:	6:42.32	650m:	8:43.34	800m:	10:42.67
	100m:	1:15.27	250m:	3:18.66	400m:	5:21.06	550m:	7:22.80	700m:	9:24.25		
	150m:	1:55.87	300m:	3:59.81	450m:	6:01.59	600m:	8:03.44	750m:	10:04.49		
5.	Feyen Lindsay		BRABO/21035/C11		11:46.07	<b>10:45.02</b>	410					
	50m:	36.15	200m:	2:38.03	350m:	4:40.61	500m:	6:41.18	650m:	8:44.91	800m:	10:45.02
	100m:	1:16.41	250m:	3:18.67	400m:	5:21.28	550m:	7:22.57	700m:	9:26.96		
	150m:	1:57.29	300m:	3:59.66	450m:	6:00.90	600m:	8:03.92	750m:	10:08.00		
6.	Corstjens Hanne		DMB/21009/05		11:59.06	<b>10:52.00</b>	397					
	50m:	35.83	200m:	2:36.38	350m:	4:41.07	500m:	6:46.21	650m:	8:50.37	800m:	10:52.00
	100m:	1:15.48	250m:	3:18.15	400m:	5:22.98	550m:	7:27.84	700m:	9:32.35		
	150m:	1:55.60	300m:	3:59.51	450m:	6:04.64	600m:	8:09.26	750m:	10:13.85		
7.	Anthoni Amelie		BRABO/21052/C11		11:36.47	<b>10:52.93</b>	395					
	50m:	35.19	200m:	2:33.69	400m:	5:19.03	550m:	7:24.93	700m:	9:30.64		
	100m:	1:13.59	250m:	3:14.47	450m:	6:00.97	600m:	8:07.04	750m:	10:12.16		
	150m:	1:53.53	300m:	4:37.27	500m:	6:43.05	650m:	8:48.81	800m:	10:52.93		
8.	Pardon Maite		TZ/21004/05		NT	<b>10:53.77</b>	394					
	50m:	35.74	200m:	2:40.57	350m:	4:46.59	500m:	6:52.56	650m:	8:57.24	800m:	10:53.77
	100m:	1:16.57	250m:	3:22.38	400m:	5:28.62	550m:	7:34.24	700m:	9:37.47		
	150m:	1:58.43	300m:	4:04.99	450m:	6:10.24	600m:	8:16.47	750m:	10:16.60		
9.	Broux Elise		GZVN/21015/05		NT	<b>10:59.11</b>	384					
	50m:	36.73	200m:	2:40.81	350m:	4:46.45	500m:	6:51.69	650m:	8:56.56	800m:	10:59.11
	100m:	1:17.63	250m:	3:22.54	400m:	5:27.86	550m:	7:32.84	700m:	9:38.45		
	150m:	1:59.16	300m:	4:04.76	450m:	6:09.99	600m:	8:15.28	750m:	10:18.81		
10.	Van den Bosch Julie		BRABO/21036/C11		11:44.38	<b>11:09.67</b>	366					
	50m:	37.29	200m:	2:41.65	350m:	4:48.05	500m:	6:56.26	650m:	9:04.91	800m:	11:09.67
	100m:	1:18.07	250m:	3:23.55	400m:	5:30.72	550m:	7:39.18	700m:	9:47.29		
	150m:	1:59.67	300m:	4:05.42	450m:	6:13.30	600m:	8:22.33	750m:	10:28.92		
11.	Noels Louise		ZCT/21012/05		11:44.71	<b>11:32.03</b>	332					
	50m:	37.47	200m:	2:47.93	350m:	5:00.77	500m:	7:13.65	650m:	9:26.73	800m:	11:32.03
	100m:	1:19.66	250m:	3:32.85	400m:	5:44.74	550m:	7:57.38	700m:	10:10.10		
	150m:	2:03.60	300m:	4:15.86	450m:	6:28.73	600m:	8:42.44	750m:	10:52.79		
12.	Lejeune Indira		TZ/21031/05		NT	<b>11:33.98</b>	329					
	50m:	37.96	200m:	2:49.68	350m:	5:03.74	500m:	7:18.03	650m:	9:31.84	800m:	11:33.98
	100m:	1:20.81	250m:	3:33.80	400m:	5:49.45	550m:	8:03.20	700m:	10:15.38		
	150m:	2:05.38	300m:	4:18.81	450m:	6:33.98	600m:	8:47.74	750m:	10:55.76		

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Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
13. Verdonck Fleur	ZGEEL/21025/06 NT	<b>11:39.99</b>	321
50m: 37.77	200m: 2:48.64	350m: 5:02.10	500m: 7:16.92
100m: 1:21.46	250m: 3:33.29	400m: 5:46.98	550m: 8:01.30
150m: 2:05.42	300m: 4:18.14	450m: 6:32.70	600m: 8:46.00
		650m: 9:31.34	800m: 11:39.99
		700m: 10:16.20	
		750m: 11:00.04	
14. Beersmans Yentil	BRABO/21145/C12:15.78	<b>11:40.86</b>	319
50m: 39.36	200m: 2:50.96	350m: 5:04.34	500m: 7:18.25
100m: 1:22.90	250m: 3:35.52	400m: 5:49.05	550m: 8:03.26
150m: 2:06.77	300m: 4:20.00	450m: 6:33.63	600m: 8:47.20
		650m: 9:31.51	800m: 11:40.86
		700m: 10:15.45	
		750m: 10:58.33	
15. Slegers Britt	OZV/21027/05 NT	<b>11:41.89</b>	318
50m: 39.39	200m: 2:52.52	350m: 5:08.26	500m: 7:22.54
100m: 1:22.70	250m: 3:38.60	400m: 5:53.43	550m: 8:06.43
150m: 2:07.15	300m: 4:23.08	450m: 6:38.24	600m: 8:51.13
		650m: 9:35.31	800m: 11:41.89
		700m: 10:19.05	
		750m: 11:02.25	
16. Marteleur Yelke	ZCT/21034/06 NT	<b>11:44.43</b>	315
50m: 40.87	200m: 2:55.72	350m: 5:12.22	500m: 7:27.67
100m: 1:26.19	250m: 3:41.27	400m: 5:57.78	550m: 8:12.62
150m: 2:11.56	300m: 4:26.88	450m: 6:42.43	600m: 8:57.01
		650m: 9:41.31	800m: 11:44.43
		700m: 10:25.77	
		750m: 11:05.60	
17. Van Looy Jelske	ZCT/21035/05 12:28.79	<b>11:46.53</b>	312
50m: 39.56	200m: 2:52.55	350m: 5:07.08	500m: 7:21.99
100m: 1:23.75	250m: 3:36.35	400m: 5:51.98	550m: 8:08.04
150m: 2:08.00	300m: 4:21.70	450m: 6:37.44	600m: 8:52.02
		650m: 9:36.94	800m: 11:46.53
		700m: 10:19.03	
		750m: 11:03.57	
18. Snoekx Romy	DBT/21018/06 NT	<b>11:50.34</b>	307
50m: 37.50	200m: 2:50.27	350m: 5:06.15	500m: 7:23.77
100m: 1:20.48	250m: 3:35.39	400m: 5:51.94	550m: 8:09.42
150m: 2:05.26	300m: 4:21.07	450m: 6:37.91	600m: 8:55.29
		650m: 9:40.86	800m: 11:50.34
		700m: 10:26.53	
		750m: 11:10.57	
19. Deckers Maite	DMB/21026/06 NT	<b>11:52.11</b>	304
50m: 38.85	200m: 2:53.00	350m: 5:09.37	500m: 7:25.09
100m: 1:23.07	250m: 3:38.64	400m: 5:54.87	550m: 8:10.57
150m: 2:08.07	300m: 4:24.11	450m: 6:39.80	600m: 8:56.45
		650m: 9:42.22	800m: 11:52.11
		700m: 10:27.59	
		750m: 11:12.26	
20. Hiel Maya	DBT/21049/06 NT	<b>12:02.74</b>	291
50m: 39.12	200m: 2:56.09	350m: 5:12.99	500m: 7:31.79
100m: 1:25.50	250m: 3:41.93	400m: 5:58.82	550m: 8:17.95
150m: 2:11.43	300m: 4:27.23	450m: 6:45.70	600m: 9:04.75
		650m: 9:51.01	800m: 12:02.74
		700m: 10:37.29	
		750m: 11:23.15	
21. Broos Evy	ZORO/21024/05 12:39.77	<b>12:07.02</b>	286
50m: 40.55	200m: 2:56.30	350m: 5:14.86	500m: 7:32.92
100m: 1:24.98	250m: 3:42.76	400m: 6:00.91	550m: 8:18.55
150m: 2:10.66	300m: 4:28.20	450m: 6:46.69	600m: 9:05.65
		650m: 9:52.35	800m: 12:07.02
		700m: 10:39.59	
		750m: 11:24.55	
22. Van den Broeck Zita	ZCT/21033/05 13:43.05	<b>12:08.59</b>	284
50m: 40.20	200m: 2:57.75	350m: 5:17.48	500m: 7:34.99
100m: 1:24.83	250m: 3:44.35	400m: 6:02.99	550m: 8:21.24
150m: 2:11.05	300m: 4:31.01	450m: 6:49.82	600m: 9:07.16
		650m: 9:53.74	800m: 12:08.59
		700m: 10:40.01	
		750m: 11:26.03	
23. Claes Phara	BRABO/21141/06 NT	<b>12:13.11</b>	279
50m: 41.27	200m: 2:59.52	350m: 5:18.57	500m: 7:38.49
100m: 1:26.25	250m: 3:46.16	400m: 6:04.86	550m: 8:24.82
150m: 2:12.75	300m: 4:32.10	450m: 6:51.32	600m: 9:12.43
		650m: 9:59.23	800m: 12:13.11
		700m: 10:45.93	
		750m: 11:30.98	
24. Schrijvers Astrid	ZCT/21024/05 NT	<b>12:15.16</b>	277
50m: 39.99	200m: 3:00.39	350m: 5:19.54	500m: 7:41.76
100m: 1:26.92	250m: 3:46.30	400m: 6:07.23	550m: 8:28.61
150m: 2:14.42	300m: 4:32.53	450m: 6:54.10	600m: 9:16.70
		650m: 10:03.79	800m: 12:15.16
		700m: 10:50.01	
		750m: 11:34.89	
25. Luyten Lotte	DMB/21008/05 NT	<b>12:15.38</b>	276
50m: 40.68	200m: 2:58.69	350m: 5:16.86	500m: 7:38.61
100m: 1:26.82	250m: 3:45.33	400m: 6:05.62	550m: 8:26.16
150m: 2:11.70	300m: 4:30.65	450m: 6:51.31	600m: 9:15.05
		650m: 10:03.03	800m: 12:15.38
		700m: 10:48.20	
		750m: 11:36.40	
26. Michiels Lobke	LWB/21007/05 NT	<b>12:54.52</b>	237
50m: 41.73	200m: 3:05.21	350m: 5:33.30	500m: 8:02.15
100m: 1:29.06	250m: 3:54.11	400m: 6:22.48	550m: 8:51.66
150m: 2:16.96	300m: 4:43.80	450m: 7:11.64	600m: 9:41.01
		650m: 10:31.32	800m: 12:54.52
		700m: 11:20.49	
		750m: 12:09.61	

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Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
27. Suffeleers Maren	TZ/21028/05 NT	<b>13:07.71</b>	225
50m: 43.88	200m: 3:13.00	350m: 5:43.78	500m: 8:14.11
100m: 1:33.03	250m: 4:02.99	400m: 6:33.04	550m: 9:05.10
150m: 2:22.67	300m: 4:53.81	450m: 7:24.17	600m: 9:55.48
650m: 10:45.60	700m: 11:34.73	750m: 12:24.20	800m: 13:07.71
28. Willems Amber	ZDKB/21031/05 NT	<b>13:10.42</b>	223
50m: 41.63	200m: 3:08.39	350m: 5:38.34	500m: 8:11.63
100m: 1:29.03	250m: 3:56.97	400m: 6:29.78	550m: 9:01.81
150m: 2:18.32	300m: 4:47.28	450m: 7:21.25	600m: 9:52.96
650m: 10:44.55	700m: 11:35.75	750m: 12:25.48	800m: 13:10.42
29. Kessen Sara	GZVN/21093/05 NT	<b>13:14.63</b>	219
50m: 42.63	200m: 3:07.14	350m: 5:39.17	500m: 8:11.62
100m: 1:29.17	250m: 3:58.17	400m: 6:30.84	550m: 9:03.50
150m: 2:18.58	300m: 4:49.50	450m: 7:21.40	600m: 9:54.61
650m: 10:45.61	700m: 11:37.07	750m: 12:28.19	800m: 13:14.63
30. Vandamme Emily	OZV/21022/06 NT	<b>13:16.31</b>	218
50m: 44.18	200m: 3:13.66	350m: 5:45.33	500m: 8:18.38
100m: 1:33.29	250m: 4:04.22	400m: 6:36.89	550m: 9:09.07
150m: 2:23.53	300m: 4:55.10	450m: 7:28.03	600m: 10:00.06
650m: 10:51.17	700m: 11:42.05	750m: 12:33.47	800m: 13:16.31
31. Nulmans Febe	GZVN/21085/06 NT	<b>13:47.92</b>	194
50m: 48.40	200m: 3:27.40	350m: 6:04.31	500m: 8:43.40
100m: 1:41.35	250m: 4:19.70	400m: 6:56.84	550m: 9:35.30
150m: 2:33.42	300m: 5:12.58	450m: 7:50.19	600m: 10:27.20
650m: 11:19.40	700m: 12:10.79	750m: 13:02.42	800m: 13:47.92
32. Göthel Femke	GZVN/21081/06 NT	<b>13:57.39</b>	187
50m: 48.35	200m: 3:30.18	350m: 6:15.04	500m: 8:53.97
100m: 1:41.56	250m: 4:25.11	400m: 7:08.12	550m: 9:46.32
150m: 2:35.73	300m: 5:19.73	450m: 8:01.18	600m: 10:37.49
650m: 11:29.14	700m: 12:21.32	750m: 13:12.46	800m: 13:57.39
33. Jorissen Hanne	GZVN/21092/06 NT	<b>13:59.38</b>	186
50m: 44.38	200m: 3:22.47	350m: 6:03.30	500m: 8:44.48
100m: 1:35.21	250m: 4:16.12	400m: 6:57.47	550m: 9:38.93
150m: 2:28.57	300m: 5:09.30	450m: 7:50.71	600m: 10:33.11
650m: 11:28.15	700m: 12:21.31	750m: 13:13.91	800m: 13:59.38
34. Blervacq Kaat	LWB/21019/06 NT	<b>14:35.03</b>	164
50m: 46.64	200m: 3:32.92	350m: 6:21.21	500m: 9:08.71
100m: 1:40.49	250m: 4:28.83	400m: 7:17.55	550m: 10:05.14
150m: 2:36.37	300m: 5:25.45	450m: 8:12.30	600m: 11:00.98
650m: 11:55.93	700m: 12:50.62	750m: 13:45.30	800m: 14:35.03
35. Vanhees Laura	GZVN/21100/06 NT	<b>14:35.06</b>	164
50m: 46.43	200m: 3:30.63	350m: 6:16.21	500m: 9:03.91
100m: 1:40.43	250m: 4:26.01	400m: 7:10.47	550m: 10:01.22
150m: 2:36.06	300m: 5:20.55	450m: 8:07.53	600m: 10:56.18
650m: 11:50.89	700m: 12:47.75	750m: 13:41.08	800m: 14:35.06
36. Zanders Inara	GZVN/21146/06 NT	<b>14:45.59</b>	158
50m: 48.86	200m: 3:38.10	350m: 6:26.75	500m: 9:15.96
100m: 1:46.22	250m: 4:34.33	400m: 7:22.16	550m: 10:13.30
150m: 2:41.98	300m: 5:30.46	450m: 8:19.03	600m: 11:09.87
650m: 12:06.91	700m: 13:02.37	750m: 13:58.84	800m: 14:45.59
37. Cornelis Kato	GZVN/21142/06 NT	<b>15:12.31</b>	145
50m: 48.43	200m: 3:37.06	350m: 6:29.76	500m: 9:25.71
100m: 1:43.55	250m: 4:33.85	400m: 7:27.14	550m: 10:25.71
150m: 2:39.59	300m: 5:31.96	450m: 8:26.42	600m: 11:24.94
650m: 12:23.19	700m: 13:22.45	750m: 14:22.22	800m: 15:12.31
38. Decloedt Louise	ZWIM/21030/06 NT	<b>15:17.13</b>	142
50m: 43.55	200m: 3:32.04	350m: 6:25.82	500m: 9:21.66
100m: 1:37.42	250m: 4:31.47	400m: 7:25.14	550m: 10:22.36
150m: 2:34.49	300m: 5:29.07	450m: 8:22.01	600m: 11:20.95
650m: 12:21.94	700m: 13:20.49	750m: 14:21.43	800m: 15:17.13
39. Paulissen Kaat	GZVN/21144/06 NT	<b>15:37.17</b>	133
50m: 49.10	200m: 3:41.95	350m: 6:41.36	500m: 9:41.69
100m: 1:45.27	250m: 4:41.81	400m: 7:41.08	550m: 10:41.78
150m: 2:42.87	300m: 5:42.16	450m: 8:41.07	600m: 11:41.89
650m: 12:42.00	700m: 13:42.44	750m: 14:43.30	800m: 15:37.17
40. Van de Donk Lisa	OZV/21034/06 NT	<b>15:41.46</b>	131
50m: 49.51	200m: 3:48.50	350m: 6:45.62	500m: 9:47.25
100m: 1:50.67	250m: 4:48.30	400m: 7:46.28	550m: 10:45.90
150m: 2:47.43	300m: 5:48.26	450m: 8:46.16	600m: 11:45.32
650m: 12:46.11	700m: 13:44.39	750m: 14:42.09	800m: 15:41.46

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Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
41. Brants Michelle	GZVN/21151/06 NT	<b>15:53.72</b>	126
50m: 50.41	200m: 3:47.04	350m: 6:49.69	500m: 9:51.44
100m: 1:47.81	250m: 4:49.56	400m: 7:49.80	550m: 10:54.73
150m: 2:46.87	300m: 5:48.20	450m: 8:49.46	600m: 11:55.12
650m: 12:55.48	800m: 15:53.72	700m: 13:56.78	750m: 14:56.86
42. Beylemans Anne	OZV/21030/06 NT	<b>16:27.80</b>	114
50m: 50.58	200m: 3:58.79	350m: 7:02.46	500m: 10:18.16
100m: 1:54.45	250m: 5:03.45	400m: 8:08.49	550m: 11:21.36
150m: 2:56.37	300m: 6:03.09	450m: 9:12.52	600m: 12:25.46
650m: 13:27.73	800m: 16:27.80	700m: 14:30.96	750m: 15:32.04
dis Hardy Kyana	di:ZDKB/21035/05 NT		
<i>SW 4.4 - valse start</i>			
dis Said Mohamed Farida	di:GZVN/21098/06 NT		
<i>SW 10.2 - niet de volledige afstand gezwommen</i>			
FF Hage Birgit	FFLWB/21028/06 NT		
FF Redouane Lina	FFGZVN/21095/05 NT		

13 - 14 jaar

1. Ravelingien Kato	BRABO/20065/039:40.58	<b>9:36.98</b>	573
50m: 32.38	200m: 2:20.86	350m: 4:10.42	500m: 6:00.60
100m: 1:08.04	250m: 2:57.39	400m: 4:47.04	550m: 6:36.90
150m: 1:44.37	300m: 3:33.70	450m: 5:23.79	600m: 7:13.78
650m: 7:50.40	800m: 9:36.98	700m: 8:26.83	750m: 9:02.52
2. Feyen Charlotte	BRABO/20006/C10:05.07	<b>9:43.21</b>	555
50m: 32.06	200m: 2:21.34	350m: 4:12.87	500m: 6:04.35
100m: 1:07.59	250m: 2:58.46	400m: 4:49.77	550m: 6:41.40
150m: 1:44.19	300m: 3:35.64	450m: 5:26.98	600m: 7:18.52
650m: 7:55.30	800m: 9:43.21	700m: 8:31.53	750m: 9:08.06
3. Daemen Emma	DMB/20419/03 10:18.87	<b>9:49.29</b>	538
50m: 32.37	200m: 2:23.81	350m: 4:15.81	500m: 6:07.61
100m: 1:09.28	250m: 3:01.00	400m: 4:53.21	550m: 6:44.96
150m: 1:46.39	300m: 3:38.51	450m: 5:30.46	600m: 7:22.73
650m: 8:00.18	800m: 9:49.29	700m: 8:37.01	750m: 9:14.49
4. Wittemans Odil	ZCT/20353/03 10:10.59	<b>9:54.77</b>	523
50m: 33.28	200m: 2:24.80	350m: 4:18.02	500m: 6:11.08
100m: 1:09.54	250m: 3:02.42	400m: 4:55.53	550m: 6:48.69
150m: 1:47.10	300m: 3:40.19	450m: 5:33.61	600m: 7:26.27
650m: 8:03.90	800m: 9:54.77	700m: 8:41.39	750m: 9:19.09
5. Ruige Flore	STW/21018/03 10:32.74	<b>9:58.78</b>	513
50m: 33.97	200m: 2:25.62	350m: 4:19.18	500m: 6:12.51
100m: 1:11.16	250m: 3:02.82	400m: 4:56.45	550m: 6:51.38
150m: 1:48.40	300m: 3:41.34	450m: 5:34.22	600m: 7:29.47
650m: 8:07.60	800m: 9:58.78	700m: 8:45.62	750m: 9:22.66
6. Lippens Karo	STW/21016/04 10:45.97	<b>10:04.64</b>	498
50m: 33.89	200m: 2:27.93	350m: 4:24.05	500m: 6:20.61
100m: 1:11.52	250m: 3:06.48	400m: 5:03.02	550m: 6:58.87
150m: 1:49.79	300m: 3:45.14	450m: 5:41.92	600m: 7:37.19
650m: 8:15.24	800m: 10:04.64	700m: 8:53.33	750m: 9:30.42
7. Van Limbergen Luna	BRABO/20026/C10:15.96	<b>10:09.44</b>	486
50m: 33.58	200m: 2:25.52	350m: 4:19.38	500m: 6:15.45
100m: 1:10.20	250m: 3:03.35	400m: 4:57.54	550m: 6:54.96
150m: 1:47.90	300m: 3:41.24	450m: 5:36.11	600m: 7:34.74
650m: 8:13.96	800m: 10:09.44	700m: 8:53.35	750m: 9:31.63
8. Pareijn Luna	DMB/20423/03 10:53.32	<b>10:12.53</b>	479
50m: 34.15	200m: 2:26.55	350m: 4:21.60	500m: 6:18.69
100m: 1:10.97	250m: 3:04.66	400m: 5:00.50	550m: 6:57.92
150m: 1:48.32	300m: 3:43.08	450m: 5:39.43	600m: 7:37.05
650m: 8:16.42	800m: 10:12.53	700m: 8:55.92	750m: 9:35.44
9. Vandewal Britt	OZV/21007/03 11:20.15	<b>10:14.07</b>	475
50m: 34.49	200m: 2:29.67	350m: 4:24.94	500m: 6:22.15
100m: 1:12.65	250m: 3:08.19	400m: 5:03.73	550m: 7:01.17
150m: 1:51.03	300m: 3:46.71	450m: 5:42.80	600m: 7:40.52
650m: 8:19.68	800m: 10:14.07	700m: 8:58.35	750m: 9:36.84
10. Vandeputte Silke	BRABO/20058/C10:14.88	<b>10:14.40</b>	474
50m: 32.77	200m: 2:22.92	350m: 4:18.94	500m: 6:17.70
100m: 1:08.58	250m: 3:00.96	400m: 4:58.07	550m: 6:57.91
150m: 1:45.56	300m: 3:39.70	450m: 5:37.70	600m: 7:37.55
650m: 8:17.74	800m: 10:14.40	700m: 8:57.33	750m: 9:36.90

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 2, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang											Inschr.	Tijd	Pnt	
11.	Janssen Sien										DMB/20448/04	11:00.70	<b>10:14.46</b>	474
	50m:	32.66	200m:	2:26.00	350m:	4:23.07	500m:	6:20.81	650m:	8:19.16	800m:	10:14.46		
	100m:	1:09.15	250m:	3:05.01	400m:	5:02.01	550m:	7:00.09	700m:	8:58.19				
	150m:	1:47.20	300m:	3:44.15	450m:	5:41.69	600m:	7:39.53	750m:	9:36.60				
12.	Kelchtermans Laura										HZS/20547/04	10:59.93	<b>10:16.45</b>	470
	50m:	34.11	200m:	2:29.59	350m:	4:26.84	500m:	6:23.10	650m:	8:21.27	800m:	10:16.45		
	100m:	1:11.91	250m:	3:08.35	400m:	5:06.05	550m:	7:02.48	700m:	9:00.82				
	150m:	1:50.33	300m:	3:47.55	450m:	5:44.48	600m:	7:42.08	750m:	9:39.79				
13.	De Beule Troede										BRABO/20009/C1	11:37.58	<b>10:24.98</b>	451
	50m:	32.92	200m:	2:27.77	350m:	4:27.62	500m:	6:27.83	650m:	8:28.39	800m:	10:24.98		
	100m:	1:10.58	250m:	3:07.27	400m:	5:07.41	550m:	7:07.95	700m:	9:07.50				
	150m:	1:49.26	300m:	3:47.06	450m:	5:47.24	600m:	7:48.57	750m:	9:46.56				
14.	Lauwers Jitske										TZ/21013/04	NT	<b>10:25.00</b>	451
	50m:	35.86	200m:	2:35.39	350m:	4:35.80	500m:	6:35.44	650m:	8:30.58	800m:	10:25.00		
	100m:	1:15.29	250m:	3:15.45	400m:	5:16.01	550m:	7:13.81	700m:	9:10.71				
	150m:	1:55.99	300m:	3:55.86	450m:	5:55.80	600m:	7:53.46	750m:	9:49.31				
15.	Marteleur Tille										ZCT/20373/04	10:55.12	<b>10:28.28</b>	444
	50m:	36.27	200m:	2:34.33	350m:	4:33.79	500m:	6:33.93	650m:	8:33.48	800m:	10:28.28		
	100m:	1:14.90	250m:	3:13.85	400m:	5:13.64	550m:	7:13.98	700m:	9:13.12				
	150m:	1:54.85	300m:	3:53.76	450m:	5:53.72	600m:	7:54.13	750m:	9:52.09				
16.	Van Deun Elena										BRABO/20074/C1	10:41.80	<b>10:30.78</b>	438
	50m:	33.04	200m:	2:27.41	350m:	4:25.86	500m:	6:26.14	650m:	8:29.77	800m:	10:30.78		
	100m:	1:10.37	250m:	3:06.71	400m:	5:05.35	550m:	7:07.52	700m:	9:11.07				
	150m:	1:48.66	300m:	3:45.86	450m:	5:45.47	600m:	7:48.37	750m:	9:52.05				
17.	De Wilde Hanne										DDAT/20294/03	10:58.21	<b>10:32.50</b>	435
	50m:	34.67	200m:	2:32.63	350m:	4:32.87	500m:	6:33.28	650m:	8:34.72	800m:	10:32.50		
	100m:	1:12.74	250m:	3:12.91	400m:	5:13.15	550m:	7:14.15	700m:	9:15.04				
	150m:	1:52.42	300m:	3:52.87	450m:	5:53.18	600m:	7:54.40	750m:	9:55.83				
18.	Angellier Liloue										ZCT/20369/04	10:51.19	<b>10:35.80</b>	428
	50m:	35.86	200m:	2:36.15	350m:	4:37.33	500m:	6:38.10	650m:	8:39.14	800m:	10:35.80		
	100m:	1:15.89	250m:	3:16.48	400m:	5:18.10	550m:	7:18.69	700m:	9:19.96				
	150m:	1:56.07	300m:	3:56.80	450m:	5:58.37	600m:	7:58.93	750m:	9:59.57				
19.	Thijssen Hanne										DBT/21059/04	11:06.97	<b>10:36.02</b>	428
	50m:	34.93	200m:	2:32.07	350m:	4:31.96	500m:	6:31.83	650m:	8:34.22	800m:	10:36.02		
	100m:	1:13.40	250m:	3:11.65	400m:	5:11.59	550m:	7:12.00	700m:	9:15.19				
	150m:	1:53.14	300m:	3:51.18	450m:	5:52.39	600m:	7:52.82	750m:	9:56.60				
20.	Wels Evy										DBT/21065/04	11:46.80	<b>10:36.07</b>	427
	50m:	37.18	200m:	2:39.18	350m:	4:40.69	500m:	6:41.98	650m:	8:41.55	800m:	10:36.07		
	100m:	1:17.35	250m:	3:20.53	400m:	5:21.33	550m:	7:22.36	700m:	9:21.15				
	150m:	1:58.13	300m:	4:00.35	450m:	6:01.68	600m:	8:02.75	750m:	10:00.42				
21.	Parmentier Fleur										BRABO/21113/C1	11:23.62	<b>10:44.92</b>	410
	50m:	34.75	200m:	2:35.21	350m:	4:38.64	500m:	6:42.94	650m:	8:46.64	800m:	10:44.92		
	100m:	1:14.10	250m:	3:16.04	400m:	5:20.05	550m:	7:24.25	700m:	9:27.62				
	150m:	1:54.68	300m:	3:57.27	450m:	6:01.44	600m:	8:05.62	750m:	10:07.21				
22.	Phlix Jana										HZS/21062/03	NT	<b>10:47.60</b>	405
	50m:	35.30	200m:	2:38.89	350m:	4:43.51	500m:	6:46.61	650m:	8:51.60	800m:	10:47.60		
	100m:	1:15.52	250m:	3:20.09	400m:	5:23.28	550m:	7:27.95	700m:	9:32.16				
	150m:	1:56.85	300m:	4:01.28	450m:	6:05.38	600m:	8:09.49	750m:	10:12.66				
23.	Van Belle Amber										ZCT/20371/04	11:26.32	<b>10:48.48</b>	403
	50m:	35.56	200m:	2:37.23	350m:	4:40.39	500m:	6:44.43	650m:	8:48.45	800m:	10:48.48		
	100m:	1:15.24	250m:	3:18.09	400m:	5:21.93	550m:	7:25.50	700m:	9:30.39				
	150m:	1:56.21	300m:	3:59.23	450m:	6:03.05	600m:	8:07.16	750m:	10:10.79				
24.	Pas Inte										ZORO/20055/03	11:18.32	<b>10:48.67</b>	403
	50m:	37.27	200m:	2:39.85	350m:	4:43.79	500m:	6:47.02	650m:	8:50.65	800m:	10:48.67		
	100m:	1:17.69	250m:	3:21.13	400m:	5:25.25	550m:	7:28.33	700m:	9:31.63				
	150m:	1:59.05	300m:	4:02.56	450m:	6:05.85	600m:	8:09.31	750m:	10:11.24				

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Programmanr. 2, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
25. Moedersheim Ambre	ZORO/20052/03 11:20.73	<b>10:54.72</b>	392
50m: 37.26	200m: 2:40.66	350m: 4:44.46	500m: 6:49.54
100m: 1:18.35	250m: 3:21.72	400m: 5:26.12	550m: 7:31.98
150m: 1:59.59	300m: 4:02.95	450m: 6:07.20	600m: 8:14.30
		650m: 8:55.91	800m: 10:54.72
		700m: 9:37.58	
		750m: 10:18.53	
26. Michiels Lieke	LWB/20211/04 11:57.77	<b>10:55.92</b>	390
50m: 36.10	200m: 2:38.87	350m: 4:44.62	500m: 6:50.32
100m: 1:16.07	250m: 3:20.93	400m: 5:26.31	550m: 7:32.29
150m: 1:57.56	300m: 4:02.56	450m: 6:08.85	600m: 8:14.04
		650m: 8:55.58	800m: 10:55.92
		700m: 9:36.75	
		750m: 10:16.99	
27. Ajmerrou Sirine	GZVN/20621/03 NT	<b>10:56.10</b>	389
50m: 35.94	200m: 2:37.08	350m: 4:43.37	500m: 6:48.70
100m: 1:15.31	250m: 3:18.76	400m: 5:24.60	550m: 7:31.70
150m: 1:55.66	300m: 4:00.53	450m: 6:07.29	600m: 8:12.81
		650m: 8:55.32	800m: 10:56.10
		700m: 9:37.05	
		750m: 10:17.09	
28. Max Lara	TZ/20243/04 NT	<b>10:56.14</b>	389
50m: 35.64	200m: 2:39.28	350m: 4:44.60	500m: 6:51.08
100m: 1:16.90	250m: 3:21.53	400m: 5:26.99	550m: 7:31.48
150m: 1:58.14	300m: 4:03.55	450m: 6:08.76	600m: 8:12.91
		650m: 8:54.79	800m: 10:56.14
		700m: 9:36.90	
		750m: 10:18.07	
29. Derkoningen Flore	GZVN/21116/04 12:18.62	<b>10:58.73</b>	385
50m: 36.00	200m: 2:40.41	350m: 4:46.43	500m: 6:53.32
100m: 1:16.02	250m: 3:22.41	400m: 5:28.80	550m: 7:34.93
150m: 1:57.88	300m: 4:04.48	450m: 6:11.20	600m: 8:16.49
		650m: 8:57.84	800m: 10:58.73
		700m: 9:39.29	
		750m: 10:19.91	
30. Gabriëls Sarah	BRABO/21032/C11:35.59	<b>11:09.56</b>	366
50m: 36.27	200m: 2:39.92	350m: 4:46.44	500m: 6:55.45
100m: 1:16.71	250m: 3:22.14	400m: 5:29.83	550m: 7:38.57
150m: 1:58.93	300m: 4:03.83	450m: 6:12.76	600m: 8:22.34
		650m: 9:06.04	800m: 11:09.56
		700m: 9:47.98	
		750m: 10:30.78	
31. D'hauwer Frauke	DBT/21031/04 NT	<b>11:32.20</b>	332
50m: 36.94	200m: 2:46.49	350m: 4:59.14	500m: 7:12.81
100m: 1:19.36	250m: 3:30.56	400m: 5:44.66	550m: 7:57.18
150m: 2:02.57	300m: 4:14.79	450m: 6:28.71	600m: 8:41.57
		650m: 9:26.13	800m: 11:32.20
		700m: 10:10.53	
		750m: 10:54.54	
32. Van Den Wyngaert Annabel	BRABO/21187/04 NT	<b>11:35.58</b>	327
50m: 38.77	200m: 2:48.36	350m: 5:01.03	500m: 7:14.89
100m: 1:21.92	250m: 3:32.28	400m: 5:45.71	550m: 7:58.17
150m: 2:05.56	300m: 4:16.27	450m: 6:30.39	600m: 8:40.82
		650m: 9:26.20	800m: 11:35.58
		700m: 10:11.09	
		750m: 10:54.38	
33. Stadsbader Louise	WLW/21004/04 NT	<b>11:43.00</b>	317
50m: 37.45	200m: 2:47.65	350m: 5:02.45	500m: 7:17.46
100m: 1:19.90	250m: 3:31.97	400m: 5:47.80	550m: 8:02.57
150m: 2:03.86	300m: 4:17.39	450m: 6:32.90	600m: 8:48.24
		650m: 9:33.22	800m: 11:43.00
		700m: 10:18.75	
		750m: 11:03.77	
34. Van Den Eynde Britt	ZCT/21004/04 12:05.80	<b>11:51.93</b>	305
50m: 39.77	200m: 2:52.68	350m: 5:07.23	500m: 7:23.83
100m: 1:22.91	250m: 3:36.98	400m: 5:52.22	550m: 8:09.76
150m: 2:07.78	300m: 4:21.96	450m: 6:38.47	600m: 8:55.15
		650m: 9:41.02	800m: 11:51.93
		700m: 10:25.97	
		750m: 11:09.15	
35. Jans Lien	DBT/21030/03 NT	<b>12:00.73</b>	294
50m: 39.70	200m: 2:57.61	350m: 5:16.84	500m: 7:35.07
100m: 1:25.23	250m: 3:43.82	400m: 6:03.17	550m: 8:20.24
150m: 2:11.66	300m: 4:29.93	450m: 6:49.41	600m: 9:05.88
		650m: 9:51.56	800m: 12:00.73
		700m: 10:37.44	
		750m: 11:21.75	
36. Schepers Mirthe	ZWIM/21010/04 NT	<b>12:24.91</b>	266
50m: 37.36	200m: 2:56.29	350m: 5:20.52	500m: 7:46.50
100m: 1:21.06	250m: 3:44.73	400m: 6:09.14	550m: 8:34.66
150m: 2:08.10	300m: 4:32.81	450m: 6:58.21	600m: 9:22.35
		650m: 10:09.96	800m: 12:24.91
		700m: 10:57.30	
		750m: 11:43.34	
37. Peusens Fien	GZVN/21131/04 NT	<b>12:40.57</b>	250
50m: 40.15	200m: 3:01.17	350m: 5:26.63	500m: 7:52.55
100m: 1:26.84	250m: 3:49.76	400m: 6:15.17	550m: 8:42.03
150m: 2:13.45	300m: 4:38.43	450m: 7:03.58	600m: 9:31.02
		650m: 10:19.56	800m: 12:40.57
		700m: 11:07.99	
		750m: 11:55.13	
FF Claes Lieselotte	FFZCT/20346/03 10:06.80		
FF Vandebon Laura	FFHSZ/20543/03 12:23.69		



Lange Afstanden 2017  
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Programmanr. 2, Dames, 800m vrije slag

15 - 16 jaar

1.	Daemen Sien				DMB/20368/01	9:35.06	<b>9:20.87</b>	624				
	50m:	30.19	200m:	2:12.83	350m:	3:59.27	500m:	5:47.07	650m:	7:35.53	800m:	9:20.87
	100m:	1:03.83	250m:	2:48.03	400m:	4:35.07	550m:	6:23.17	700m:	8:11.43		
	150m:	1:38.12	300m:	3:23.64	450m:	5:10.96	600m:	6:59.43	750m:	8:46.94		
2.	Cuyvers Ella				MOZKA/20330/C10	10:02.81	<b>9:40.14</b>	564				
	50m:	32.36	200m:	2:21.80	350m:	4:13.11	500m:	6:04.39	650m:	7:54.83	800m:	9:40.14
	100m:	1:07.91	250m:	2:58.86	400m:	4:50.03	550m:	6:41.43	700m:	8:31.11		
	150m:	1:44.81	300m:	3:35.94	450m:	5:27.23	600m:	7:18.71	750m:	9:06.88		
3.	Marceniuk Marijke				HZS/20530/02	9:44.11	<b>9:42.77</b>	556				
	50m:	31.95	200m:	2:21.81	350m:	4:13.63	500m:	6:04.60	650m:	7:55.17	800m:	9:42.77
	100m:	1:08.34	250m:	2:59.18	400m:	4:50.64	550m:	6:41.27	700m:	8:31.93		
	150m:	1:44.99	300m:	3:36.39	450m:	5:27.65	600m:	7:18.00	750m:	9:07.97		
4.	Naegels Ankelien				BRABO/20985/029	9:56.46	<b>9:44.48</b>	551				
	50m:	31.63	200m:	2:18.98	350m:	4:09.53	500m:	6:02.01	650m:	7:53.87	800m:	9:44.48
	100m:	1:06.58	250m:	2:55.37	400m:	4:46.35	550m:	6:39.07	700m:	8:31.64		
	150m:	1:42.31	300m:	3:32.49	450m:	5:23.97	600m:	7:15.82	750m:	9:09.08		
5.	Caelen Lore				DMB/20384/01	10:05.06	<b>9:45.72</b>	548				
	50m:	33.25	200m:	2:20.78	350m:	4:11.54	500m:	6:03.49	650m:	7:55.34	800m:	9:45.72
	100m:	1:08.60	250m:	2:57.35	400m:	4:48.77	550m:	6:40.44	700m:	8:32.38		
	150m:	1:44.45	300m:	3:34.37	450m:	5:26.20	600m:	7:17.72	750m:	9:09.49		
6.	Theuwis Rune				OZV/20261/02	10:22.94	<b>9:56.63</b>	518				
	50m:	32.33	200m:	2:23.39	350m:	4:16.36	500m:	6:10.05	650m:	8:04.13	800m:	9:56.63
	100m:	1:08.99	250m:	3:00.91	400m:	4:53.69	550m:	6:47.96	700m:	8:42.50		
	150m:	1:46.17	300m:	3:38.40	450m:	5:31.77	600m:	7:26.14	750m:	9:20.67		
7.	Mommaerts Nele				ZORO/20025/02	10:16.22	<b>10:17.50</b>	467				
	50m:	35.33	200m:	2:30.54	350m:	4:27.61	500m:	6:25.18	650m:	8:22.60	800m:	10:17.50
	100m:	1:13.33	250m:	3:09.42	400m:	5:06.98	550m:	7:04.19	700m:	9:01.32		
	150m:	1:52.17	300m:	3:48.42	450m:	5:45.89	600m:	7:43.42	750m:	9:40.28		
8.	De Baere Pauline				STW/21083/02	10:41.26	<b>10:19.86</b>	462				
	50m:	35.70	200m:	2:33.98	350m:	4:32.03	500m:	6:29.12	650m:	8:25.74	800m:	10:19.86
	100m:	1:14.66	250m:	3:12.90	400m:	5:10.22	550m:	7:08.41	700m:	9:05.06		
	150m:	1:54.44	300m:	3:53.06	450m:	5:50.47	600m:	7:47.64	750m:	9:44.21		
9.	Cop Caro				BRABO/21022/C11	11:16.16	<b>10:41.66</b>	416				
	50m:	35.25	200m:	2:34.99	350m:	4:36.18	500m:	6:39.05	650m:	8:41.50	800m:	10:41.66
	100m:	1:14.27	250m:	3:15.58	400m:	5:16.92	550m:	7:19.74	700m:	9:22.87		
	150m:	1:54.77	300m:	3:55.61	450m:	5:58.18	600m:	8:01.30	750m:	10:02.82		
10.	Pieters Jolien				HZS/20551/02	11:49.52	<b>11:17.66</b>	353				
	50m:	36.33	200m:	2:40.71	350m:	4:48.30	500m:	6:58.91	650m:	9:11.14	800m:	11:17.66
	100m:	1:16.89	250m:	3:22.77	400m:	5:31.33	550m:	7:42.54	700m:	9:55.20		
	150m:	1:58.88	300m:	4:05.38	450m:	6:15.01	600m:	8:26.95	750m:	10:38.84		
FF	Vangeloven Anisha				FFGZVN/21113/02	10:38.66						

17 - 18 jaar

1.	Corstjens Britt				DMB/20387/00	9:42.02	<b>9:43.83</b>	553				
	50m:	32.32	200m:	2:21.63	350m:	4:12.48	500m:	6:03.14	650m:	7:54.97	800m:	9:43.83
	100m:	1:08.03	250m:	2:58.49	400m:	4:49.24	550m:	6:40.33	700m:	8:31.60		
	150m:	1:44.51	300m:	3:35.35	450m:	5:26.21	600m:	7:17.41	750m:	9:09.15		
2.	Cuyvers Fien				MOZKA/20324/C10	10:01.38	<b>9:48.81</b>	539				
	50m:	33.84	200m:	2:23.97	350m:	4:15.35	500m:	6:06.63	650m:	7:59.11	800m:	9:48.81
	100m:	1:09.80	250m:	3:00.81	400m:	4:52.69	550m:	6:44.50	700m:	8:36.47		
	150m:	1:46.73	300m:	3:38.04	450m:	5:29.72	600m:	7:21.87	750m:	9:13.45		
3.	Gielen Indra				DMB/20357/00	9:47.82	<b>9:52.79</b>	528				
	50m:	32.19	200m:	2:22.94	350m:	4:15.02	500m:	6:08.26	650m:	8:01.59	800m:	9:52.79
	100m:	1:08.30	250m:	3:00.26	400m:	4:52.50	550m:	6:45.96	700m:	8:38.46		
	150m:	1:45.53	300m:	3:37.61	450m:	5:30.08	600m:	7:23.80	750m:	9:15.77		

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 2, Dames, 800m vrije slag, 17 - 18 jaar

Rang											Inschr.	Tijd	Pnt	
4.	Hollevoet Marie										STW/21101/00	10:18.27	<b>9:59.95</b>	510
	50m:	33.47	200m:	2:25.67	350m:	4:19.68	500m:	6:11.17	650m:	8:05.78	800m:	9:59.95		
	100m:	1:10.50	250m:	3:03.47	400m:	4:57.71	550m:	6:49.71	700m:	8:44.35				
	150m:	1:48.08	300m:	3:41.74	450m:	5:33.48	600m:	7:27.91	750m:	9:22.76				
5.	Roelands Bauke										BRABO/20999/C10	10:29.18	<b>10:06.57</b>	493
	50m:	34.34	200m:	2:27.54	350m:	4:21.52	500m:	6:17.20	650m:	8:11.61	800m:	10:06.57		
	100m:	1:11.74	250m:	3:05.27	400m:	4:59.65	550m:	6:54.76	700m:	8:50.70				
	150m:	1:49.63	300m:	3:43.27	450m:	5:38.64	600m:	7:32.95	750m:	9:29.73				
6.	Bielen Jorien										HZS/20453/00	10:47.70	<b>10:20.33</b>	461
	50m:	35.96	200m:	2:32.87	350m:	4:30.53	500m:	6:28.00	650m:	8:25.85	800m:	10:20.33		
	100m:	1:14.54	250m:	3:12.30	400m:	5:09.77	550m:	7:07.32	700m:	9:05.28				
	150m:	1:53.58	300m:	3:51.30	450m:	5:48.69	600m:	7:46.49	750m:	9:43.70				
7.	Vanolmen Britt										DBT/21023/00	10:30.61	<b>10:22.02</b>	457
	50m:	33.04	200m:	2:27.80	350m:	4:26.02	500m:	6:24.37	650m:	8:23.94	800m:	10:22.02		
	100m:	1:10.08	250m:	3:07.10	400m:	5:05.60	550m:	7:03.84	700m:	9:03.75				
	150m:	1:48.97	300m:	3:46.57	450m:	5:44.64	600m:	7:43.19	750m:	9:43.81				
8.	Van genechten Anouk										SHARK/20368/011	11:07.64	<b>10:30.22</b>	440
	50m:	34.87	200m:	2:31.69	350m:	4:29.63	500m:	6:29.07	650m:	8:30.65	800m:	10:30.22		
	100m:	1:13.32	250m:	3:10.97	400m:	5:09.13	550m:	7:09.43	700m:	9:10.70				
	150m:	1:52.45	300m:	3:50.39	450m:	5:49.13	600m:	7:50.24	750m:	9:51.25				
9.	Mariën Gwendolien										STT/21071/99	NT	<b>10:32.18</b>	435
	50m:	33.49	200m:	2:28.20	350m:	4:27.39	500m:	6:28.26	650m:	8:31.54	800m:	10:32.18		
	100m:	1:10.86	250m:	3:07.49	400m:	5:07.32	550m:	7:09.18	700m:	9:12.43				
	150m:	1:49.47	300m:	3:47.31	450m:	5:47.69	600m:	7:50.43	750m:	9:52.78				
10.	Derison Femke										HZS/20470/00	11:39.37	<b>10:52.57</b>	396
	50m:	36.38	200m:	2:37.53	350m:	4:41.80	500m:	6:47.15	650m:	8:52.62	800m:	10:52.57		
	100m:	1:15.97	250m:	3:18.80	400m:	5:23.25	550m:	7:28.88	700m:	9:34.44				
	150m:	1:56.64	300m:	4:00.29	450m:	6:05.13	600m:	8:10.37	750m:	10:15.61				
11.	Albrechts Stephanie										ZCM/21004/00	NT	<b>12:04.38</b>	289
	50m:	39.41	200m:	2:55.76	350m:	5:11.53	500m:	7:28.75	650m:	9:47.09	800m:	12:04.38		
	100m:	1:23.67	250m:	3:41.32	400m:	5:57.33	550m:	8:13.96	700m:	10:32.57				
	150m:	2:09.85	300m:	4:26.21	450m:	6:42.87	600m:	9:00.84	750m:	11:18.41				

19 jaar en ouder

1.	Vanleynseele Sara										BRABO/20565/979	10:45.03	<b>9:24.99</b>	610
	50m:	31.37	200m:	2:15.97	350m:	4:02.73	500m:	5:49.84	650m:	7:37.08	800m:	9:24.99		
	100m:	1:04.96	250m:	2:51.31	400m:	4:38.96	550m:	6:25.28	700m:	8:12.89				
	150m:	1:40.18	300m:	3:26.66	450m:	5:14.49	600m:	7:01.11	750m:	8:49.08				
2.	Schoefs Elise										HZS/20389/98	9:30.03	<b>9:41.01</b>	561
	50m:	31.27	200m:	2:16.70	350m:	4:05.47	500m:	5:56.21	650m:	7:48.76	800m:	9:41.01		
	100m:	1:05.79	250m:	2:52.85	400m:	4:42.01	550m:	6:33.88	700m:	8:26.49				
	150m:	1:41.26	300m:	3:29.18	450m:	5:18.72	600m:	7:11.43	750m:	9:04.38				
3.	Polleunis Daphne										STT/20111/96	10:59.92	<b>10:29.99</b>	440
	50m:	34.57	200m:	2:30.78	350m:	4:28.69	500m:	6:28.47	650m:	8:30.20	800m:	10:29.99		
	100m:	1:12.56	250m:	3:09.68	400m:	5:08.26	550m:	7:08.88	700m:	9:10.81				
	150m:	1:51.60	300m:	3:49.00	450m:	5:48.13	600m:	7:49.49	750m:	9:50.73				
4.	Peeters Raissa										ZCM/20216/98	11:40.80	<b>12:02.46</b>	292
	50m:	36.61	200m:	2:47.85	350m:	5:05.86	500m:	7:27.47	650m:	9:47.88	800m:	12:02.46		
	100m:	1:18.48	250m:	3:33.79	400m:	5:52.95	550m:	8:14.14	700m:	10:34.62				
	150m:	2:02.36	300m:	4:19.55	450m:	6:39.84	600m:	9:01.08	750m:	11:20.87				
5.	Massagé Birgit										OZV/21008/90	11:31.22	<b>12:06.23</b>	287
	50m:	39.63	200m:	2:53.02	350m:	5:10.92	500m:	7:29.49	650m:	9:49.32	800m:	12:06.23		
	100m:	1:23.09	250m:	3:38.94	400m:	5:56.85	550m:	8:16.16	700m:	10:35.59				
	150m:	2:07.56	300m:	4:25.14	450m:	6:43.24	600m:	9:02.87	750m:	11:21.51				

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 1  
9/04/2017 - 8:45

400m vrije slag

9 - 10 jaar  
Resultaten

Punten: FINA 2016

Rang							Inschr.	Tijd	Pnt	
<b>9 jaar, Meisjes</b>										
1.	Crijns Riyana						DMB/21073/08	NT	<b>6:53.62</b>	182
	50m:	44.93	150m:	2:28.68	250m:	4:16.36	350m:	6:02.84		
	100m:	1:36.04	200m:	3:21.57	300m:	5:10.31	400m:	6:53.62		
2.	Weytjens Amber						DMB/21071/08	NT	<b>6:56.51</b>	178
	50m:	43.95	150m:	2:29.98	250m:	4:16.77	350m:	6:05.71		
	100m:	1:37.25	200m:	3:22.79	300m:	5:11.14	400m:	6:56.51		
3.	Mortzos Iliana						GZVN/21141/08	NT	<b>6:58.26</b>	176
	50m:	43.89	150m:	2:28.22	250m:	4:17.39	350m:	6:05.91		
	100m:	1:35.68	200m:	3:23.09	300m:	5:11.05	400m:	6:58.26		
<b>9 jaar, Jongens</b>										
1.	Driesen Siebe						DMB/11065/08	NT	<b>7:17.21</b>	114
	50m:	49.55	150m:	2:40.25	250m:	4:34.02	350m:	6:26.93		
	100m:	1:44.37	200m:	3:36.59	300m:	5:30.85	400m:	7:17.21		
2.	Stox Bram						HZS/11090/08	NT	<b>7:17.78</b>	113
	50m:	47.26	150m:	2:36.72	250m:	4:29.49	350m:	6:21.65		
	100m:	1:41.18	200m:	3:33.16	300m:	5:26.74	400m:	7:17.78		
3.	Jorissen Rube						GZVN/11137/08	NT	<b>7:42.60</b>	96
	50m:	44.24	150m:	2:41.53	250m:	4:44.95	350m:	6:44.58		
	100m:	1:40.47	200m:	3:42.56	300m:	5:44.96	400m:	7:42.60		
4.	Laussat Stijn						GZVN/11138/08	NT	<b>9:01.43</b>	60
	50m:	55.26	150m:	3:11.00	250m:	5:34.52	350m:	7:52.28		
	100m:	2:01.72	200m:	4:21.52	300m:	6:39.58	400m:	9:01.43		
5.	Croonen Bram						DMB/11072/08	NT	<b>9:15.58</b>	55
	50m:	1:00.08	150m:	3:22.41	250m:	5:47.17	350m:	8:07.49		
	100m:	2:11.13	200m:	4:34.68	300m:	6:58.72	400m:	9:15.58		
<b>10 jaar, Meisjes</b>										
1.	Wouters Lieze						SHARK/21068/076:33.86		<b>5:57.99</b>	281
	50m:	40.46	150m:	2:13.51	250m:	3:48.01	350m:	5:16.61		
	100m:	1:26.61	200m:	3:00.27	300m:	4:33.31	400m:	5:57.99		
2.	Camps Rozanne						STT/21085/07	6:47.69	<b>6:21.55</b>	232
	50m:	42.84	150m:	2:17.72	250m:	3:55.50	350m:	5:33.64		
	100m:	1:29.13	200m:	3:06.57	300m:	4:44.45	400m:	6:21.55		
3.	Vinken Amélie						ZWIM/21016/07	6:42.12	<b>6:25.69</b>	224
	50m:	39.64	150m:	2:18.25	250m:	3:58.97	350m:	5:40.25		
	100m:	1:27.94	200m:	3:08.36	300m:	4:49.46	400m:	6:25.69		
4.	Pals Amber						DMB/21045/07	6:51.62	<b>6:35.06</b>	209
	50m:	44.90	150m:	2:26.63	250m:	4:08.91	350m:	5:50.71		
	100m:	1:35.69	200m:	3:18.17	300m:	4:59.70	400m:	6:35.06		
5.	Mpitzilis Sofia						GZVN/21086/07	NT	<b>6:45.46</b>	193
	50m:	47.01	150m:	2:30.22	250m:	4:15.26	350m:	5:58.54		
	100m:	1:37.89	200m:	3:21.99	300m:	5:07.73	400m:	6:45.46		
6.	Ooms Sari						ZGEEL/21041/07	7:06.82	<b>6:52.46</b>	183
	50m:	47.24	150m:	2:32.80	250m:	4:20.30	350m:	6:08.03		
	100m:	1:39.99	200m:	3:25.70	300m:	5:14.30	400m:	6:52.46		
7.	Leyten Lieselot						ZGEEL/21044/07	7:08.19	<b>6:52.80</b>	183
	50m:	47.12	150m:	2:32.07	250m:	4:18.94	350m:	6:06.83		
	100m:	1:39.24	200m:	3:25.52	300m:	5:13.28	400m:	6:52.80		

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 1, Meisjes, 400m vrije slag, 10 jaar

Rang							Inschr.	Tijd	Pnt
8.	Sijbers Bente						HZS/21082/07 NT	<b>7:02.75</b>	170
	50m:	46.28	150m:	2:32.32	250m:	4:22.31	350m:	6:10.83	
	100m:	1:37.75	200m:	3:26.90	300m:	5:17.49	400m:	7:02.75	
9.	Caels Emily						DBT/21051/07 NT	<b>7:13.20</b>	158
	50m:	48.55	150m:	2:39.52	250m:	4:33.54	350m:	6:22.88	
	100m:	1:42.64	200m:	3:37.09	300m:	5:29.64	400m:	7:13.20	
10.	Eleutheriadis Phaedra						GZVN/21133/07 NT	<b>7:17.83</b>	153
	50m:	43.57	150m:	2:39.61	250m:	4:33.16	350m:	6:27.32	
	100m:	1:39.22	200m:	3:37.18	300m:	5:30.96	400m:	7:17.83	
11.	De Smedt Merel						DMB/21046/07 7:16.68	<b>7:26.03</b>	145
	50m:	48.47	150m:	2:43.56	250m:	4:41.40	350m:	6:36.11	
	100m:	1:44.61	200m:	3:44.58	300m:	5:39.41	400m:	7:26.03	
12.	Schraeyen Isley						DBT/21050/07 7:38.75	<b>7:26.74</b>	144
	50m:	46.96	150m:	2:40.73	250m:	4:37.03	350m:	6:33.60	
	100m:	1:42.64	200m:	3:38.41	300m:	5:34.84	400m:	7:26.74	
13.	Lecocq June						HZS/21085/07 NT	<b>7:27.18</b>	144
	50m:	49.05	150m:	2:40.82	250m:	4:35.58	350m:	6:31.19	
	100m:	1:44.13	200m:	3:38.78	300m:	5:34.03	400m:	7:27.18	
14.	De Backer Mirthé						DMB/21048/07 8:05.97	<b>7:34.02</b>	137
	50m:	52.61	150m:	2:49.04	250m:	4:48.09	350m:	6:44.82	
	100m:	1:50.29	200m:	3:48.16	300m:	5:48.22	400m:	7:34.02	
15.	Decloedt Julie						ZWIM/21029/07 NT	<b>7:34.08</b>	137
	50m:	48.19	150m:	2:42.23	250m:	4:39.18	350m:	6:38.32	
	100m:	1:45.13	200m:	3:38.59	300m:	5:38.65	400m:	7:34.08	
16.	Deveci Azra						GZVN/21123/07 NT	<b>7:45.76</b>	127
	50m:	47.63	150m:	2:43.10	250m:	4:46.83	350m:	6:46.51	
	100m:	1:45.58	200m:	3:45.37	300m:	5:47.22	400m:	7:45.76	
FF	Serdons Stine						FFDBT/21057/07 7:02.26		
FF	Roex Raniyah						FFDMB/21044/07 7:22.55		
FF	Daenen Mette						FFGZVN/21090/07 NT		

10 jaar, Jongens

1.	Wauters Stef						STT/11072/07 6:06.43	<b>5:56.78</b>	210
	50m:	37.66	150m:	2:05.21	250m:	3:35.85	350m:	5:09.80	
	100m:	1:21.52	200m:	2:50.99	300m:	4:20.14	400m:	5:56.78	
2.	Ruysen Il						GZVN/11079/07 6:50.71	<b>6:13.05</b>	184
	50m:	45.28	150m:	2:21.69	250m:	3:57.76	350m:	5:30.28	
	100m:	1:34.32	200m:	3:09.86	300m:	4:44.03	400m:	6:13.05	
3.	Pauwels Sander						STT/11082/07 6:50.07	<b>6:26.38</b>	165
	50m:	44.66	150m:	2:24.29	250m:	4:04.78	350m:	5:44.72	
	100m:	1:34.15	200m:	3:14.35	300m:	4:55.88	400m:	6:26.38	
4.	Broux Alexander						GZVN/11091/07 NT	<b>6:47.01</b>	141
	50m:	43.98	150m:	2:26.32	250m:	4:09.73	350m:	5:54.64	
	100m:	1:34.03	200m:	3:18.31	300m:	5:02.58	400m:	6:47.01	
5.	Vermeir Viktor						GZVN/11087/07 NT	<b>6:54.74</b>	134
	50m:	46.35	150m:	2:33.74	250m:	4:21.88	350m:	6:07.68	
	100m:	1:40.53	200m:	3:27.67	300m:	5:14.67	400m:	6:54.74	
6.	Van de Ven Siebe						DBT/11053/07 NT	<b>7:06.82</b>	122
	50m:	48.03	150m:	2:34.52	250m:	4:26.47	350m:	6:17.05	
	100m:	1:39.91	200m:	3:31.11	300m:	5:22.10	400m:	7:06.82	
7.	Odeur Seppe						GZVN/11124/07 NT	<b>7:09.22</b>	120
	50m:	46.26	150m:	2:33.11	250m:	4:23.36	350m:	6:15.36	
	100m:	1:39.26	200m:	3:28.15	300m:	5:19.99	400m:	7:09.22	

Lange Afstanden 2017  
Hasselt, 9/4/2017

Programmanr. 1, Jongens, 400m vrije slag, 10 jaar

Rang						Inschr.	Tijd	Pnt
8.	Keenan Emmet					GZVN/11096/07 NT	<b>7:10.21</b>	120
	50m:	49.08	150m:	2:37.78	250m:	4:29.55	350m:	6:19.43
	100m:	1:43.07	200m:	3:33.54	300m:	5:24.50	400m:	7:10.21
9.	Verdonck Brecht					ZGEEL/11061/07 NT	<b>7:25.15</b>	108
	50m:	48.94	150m:	2:43.21	250m:	4:41.23	350m:	6:36.85
	100m:	1:45.42	200m:	3:40.56	300m:	5:37.63	400m:	7:25.15
10.	Coosemans Cas					HZS/11088/07 NT	<b>7:26.00</b>	107
	50m:	48.68	200m:	3:37.62	300m:	5:34.64	400m:	7:26.00
	100m:	1:43.83	250m:	4:36.64	350m:	6:30.18		
11.	Van Ham Matteo					OZV/11033/07 NT	<b>7:53.09</b>	<b>90</b>
	50m:	50.37	150m:	2:50.38	250m:	4:54.11	350m:	6:56.15
	100m:	1:50.04	200m:	3:52.04	300m:	5:55.83	400m:	7:53.09
12.	Theunissen Thorbe					DMB/11067/07 NT	<b>8:20.83</b>	76
	50m:	54.78	150m:	3:04.13	250m:	5:14.81	350m:	7:18.09
	100m:	1:58.01	200m:	4:09.09	300m:	6:17.27	400m:	8:20.83
FF	Michiels Pieter					FFLWB/11022/07	8:07.77	